

Monday 3/20

Spring Begins
8:30 Aqua Jazz Trip
9:00 Flexible Fitness - RC2 & 3
9:30 Flexible Fitness - Channel 88
10:00 First Presbyterian Service - Channel 88
10:00 Bean Bags - SC
10:00 **Cardio Drumming - WC
11:00 **Balance Class - WC
1:00 Bible Study with Chaplain Elliott - RC1: "Slaying the Giants in your Life" by David Jeremiah
1:00 Mahjong - CR
2:00 Current Events - RC3
3:00 Billiards Tournament- AL 2F East Lounge
3:00 Bingo - RC 1 & 2
3:00 Chair Yoga - WC
3:00 Chair Yoga - Channel 88
3:00 B1 F3 Floor Meeting - Y Lounge
3:30 St. John's Service - Channel 88
7:00 All remaining Floor Meetings-Y Lounges

Tuesday 3/21

9:00 Sit, Stand & Move - RC2 & 3
9:30 Sit and Fit - Channel 88
10:30 Catholic Service - Channel 88
1:00 Hands in Motion - WC
1:00 PBS: "From the Cornfields to the Coal and Copper Mines" - Channel 88
1:00 Bunco Buddies - RC3
2:00 Advanced Cardio - WC
3:00 Shadow Boxing - Channel 88
3:00 Social Hour - CR
3:30 Wesley United Methodist Service - Channel 88
7:00 Forum - RC1, 2 & 3: Jenna Kearns Unopposed Candidate for City Council District 1

Jake's Boys Recordings



Come to the Life Enrichment Office to sign up for one of their CD's, compliments of their music ministry.

Wednesday 3/22

8:15 Academy of Seniors Trip
9:00 Flexible Fitness - RC2 & 3
9:00 Flexible Fitness - Channel 88
9:30 Academy of Seniors - Channel 88
10:00 Coffee - RC1, 2 & 3: "Fuel for the Future for National Nutrition Month" by Amelia Marino
11:00 **Advanced Balance Class - WC
1:00 Chair Chi - Channel 88
1:00 Art Class - AC: "Beginning Water Color Painting"
1:00 **Balance Class - WC
1:00 Hand & Foot Club - RMR
2:00 Bible Study with Dave Eaton - RC2
2:00 Broadway: "Old Hats" (2015) - Channel 88
6:30 At Home Movie Night "The Fabelmans" (2022, PG-13) - Channel 88
7:15 IWU Collegiate Choir Home Concert Trip



Thursday 3/23

9:00 Chair Dance - Channel 88
9:15 Walking Group - Meet in the SC
10:00 **Cardio Drumming- WC
10:00 Short Story - CR
1:00 Hands in Motion - Channel 88
1:00 Hands in Motion -WC
2:00 Reel Rundown: "Snack vs Chef: KitKat" - Channel 88
2:15 Line Dancing - AC
3:00 Lee & Sally Rudolph's Collection Show - RC3
3:00 Social Hour - CR
3:45 Technology Help - SC
7:00 Evening Ent.: "Best of Spinning II - Cirque du Soleil" - Channel 88
7:00 Forum - RC1 & 2: A Big Illinois Heat Wave Spells Rolling Blackouts: Should WM Prepare for the Inevitable?

Friday 3/24

9:00 Sit, Stand & Move - RC2& 3
9:00 Sit and Fit - Channel 88
10:00 Coffee - RC1, 2 & 3: "Banishing Incontinence and Negotiating Going (on your) Own" by Stephanie Rutherford, Specialist in Pelvic Floor Therapy
11:00 **Advanced Balance - WC
1:00 **Balance Class - WC
1:00 Midday Movie - AL 1F Theatre: "Murder Mystery" (2019, PG-13)
2:00 Bingo - RC1, 2, & 3
6:45 IWU Tintypes Production Trip
7:00 Movie & Popcorn - RC 2 & 3: "Ruby Bridges" (1998, NR) International Day for the Elimination of Racial Discrimination

Seams Sew Reasonable - Lois Jett, Apt. 1304



Lois Jett is donating her services for minor repairs and simple alterations.

Wednesdays from 9:00 a.m. to 12:00 p.m.

Saturday 3/25

- 9:00** *Hands in Motion - Channel 88*
- 10:00** Arts & Craft Class - AC: "Making Easter Cards and more Sock Bunnies"
- 1:00** Open Studio Time - AC
- 5:15** **Luther College Concert Band Trip**
- 7:00** Movie & Popcorn - RC 2 & 3: Julie & Julia (2009, PG13)
- 7:00** *Evening Movie: "All Quiet on the Western Front" (2022, R) - Channel 88 (Resident Requested)*

AC - Arts and Crafts
CR - Club Room
F.FP - Foundation Fountain Park
F.GW - Foundation Garden Walk
RC - Resident Center
SC - Social Center
WC - Wellness Center
2F WL - 2nd Floor West Lounge
2F SR - 2nd Floor Sun Room
2F PD - 2nd Floor Private Dining Room
DR - Dining Room
3F AR - 3rd Floor Art Room
3F CR - 3rd Floor Card Room
3F SR - 3rd Floor Sunroom
3F WL - 3rd Floor West Lounge

Sunday 3/26

- 7:45** St. Johns Church Trip
- 7:45** First Presbyterian Trip
- 8:30** Calvary Methodist Church Trip
- 9:00** *Live Streaming of Calvary United Methodist Church - Channel 88*
- 9:30** Second Presbyterian Church Trip
- 10:00** Virtual Catholic Mass-RC1
- 10:15** Christ Lutheran Church Normal Trip
- 10:30** *Live Streaming of Second Presbyterian Church - Channel 88*
- 11:15** Holy Communion Distribution - RC1
- 4:15** Vespers - RC1: Rev. Cheri Grizzard - Interim Pastor Baptist Church
- 7:00** *Evening Movie: "Guys and Dolls" (1955, NR) - Channel 88*



Tech@Home
 -Connecting People with Technology-

Tuesday & Thursday
 9:30 a.m. - 12:00 p.m.
 12:30 p.m. - 5:00 p.m.

Michael Lynn
 (414) 219-9806
techathome@parasolalliance.com



WOOD SHOWING

Lee & Sally Rudolph's Collection

Some residents who have moved to Westminster Village have said their scaling down process sometimes involved figuring out just what to do with a treasured collection. Perhaps such things as thimbles, old carburetors, snow globes or pot holders? Some residents may have discovered that they also have a "collection" and not realized it until they began the moving process.

Such was the case when Lee and Sally Rudolph began cleaning and sorting at their previous home. They found, in various places all around their home, many, many handmade wood pieces. In fact, they had a previously unrealized "collection". It had begun with a wooden bowl given to them as a wedding present in 1961. They added to it over the years from various places including the Garlic Press in Normal, the Sugar Creek Art Festival and the Fall Art Tour in Southwestern Wisconsin.

Lee and Sally invite you to come to **RC3** on Thursday, **March 23** from **3:00 p.m. to 5:00 p.m.** as they show you their wood turnings and objects. The collection includes work from various artists and woodworkers such as former WV resident John English and even some from Lee himself.



From the Westminster Village Bus

We are excited to tell you we have two new bus drivers - **Lyle Dodson** and **Keith Smith**. If you need a ride, plan to schedule your trips on Monday and Wednesday through the front desk at (309) 663-6474.

Monday 3/20

Spring Begins
8:30 Aqua Jazz Trip
9:00 Musical Monday
Morning - 2F SR
9:30 Flexible Fitness -
Channel 88
10:00 First Presbyterian
Service - Channel 88
10:00 Travel Topics Group -
1F Bistro
11:30 AL Exercise - 3F SR
12:00 Special Buffet Meal

**Menu**

Chicken and Tuna Salad
Cold Plates with lettuce,
tomato, and crackers
Fresh Fruit Salad
Key Lime Pie

1:00 Bible Study with
Chaplain Elliott - RC1:
"Slaying the Giants in
your Life" by David
Jeremiah
1:00 Blood Pressure
Checks - 2F SR
2:00 Arts & Crafts with Lisa -
3F AR "Goat Herd
Marionettes"
2:00 Scrabble - 3F SR
3:00 Billiards Tournament-
2F East Lounge
3:00 Chair Yoga - Channel 88
3:30 St. John's Service -
Channel 88

Tuesday 3/21

9:30 Sit and Fit -
Channel 88
9:30 Short Stories - 3F SR
10:30 Catholic Service -
Channel 88
11:30 AL Exercise - 3F SR
1:00 PBS: "From the
Cornfields to the Coal
and Copper Mines"
- Channel 88
1:00 Hands in Motion -WC
2:00 AL Meeting & Social
- 3F SR
3:00 Shadow Boxing -
Channel 88
3:00 Social Hour - CR
3:30 Wesley United
Methodist Service -
Channel 88
7:00 Forum - RC1, 2 & 3:
Jenna Kearns
Unopposed
Candidate for City
Council District 1

**Jake's Boys
Recordings**

Come to the
Life Enrichment Office to
sign up for one of their
CD's, compliments of their
music ministry.

**Wednesday 3/22**

8:15 Academy of Seniors
Trip
9:00 Flexible Fitness -
Channel 88
9:30 AL Bean Bags - 3F SR
9:30 Academy of Seniors -
Channel 88
10:00 Coffee - RC1, 2 & 3:
"Fuel for the Future
for National Nutrition
Month" by Amelia
Marino
11:30 AL Exercise - 3F SR
12:30-1:30 Lisa's Office
Hours - 3F CR
1:00 Chair Chi - Channel 88
2:00 Bingo - 3F SR
2:00 Broadway: "Old Hats"
(2015) - Channel 88
3:15 Dealing with Change -
2F PD
4:00 Memory Games -
3F SR
6:30 Neighborhood Movie
Night - Each Lounge:
The Fabelmans"
(2022, PG-13) -
7:15 IWU Collegiate Choir
Home Concert Trip

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Thursday 3/23

9:00 Chair Dance -
Channel 88
9:00 Walking Group -
1F Bistro
11:30 AL Exercise - 3F SR
1:00 Blood Pressure
Checks - 2F SR
1:00 Hands in Motion- WC
1:00 Hands in Motion -
Channel 88
1:30 Painting Group-3F AR
2:00 Reel Rundown: "Snack
vs Chef: KitKat" -
Channel 88
2:30 Reminisce - 2F SR
3:00 Lee & Sally
Rudolph's Collection
Show - RC3
3:00 Current Events - 1F EL
3:00 Social Hour - CR
3:45 Technology Help - SC
4:15-5:00 Lisa's Office
Hours - 3F AR
7:00 Evening Ent.: "Best of
Spinning II - Cirque du
Soleil" - Channel 88
7:00 Forum - RC1 & 2:
A Big Illinois Heat
Wave Spells Rolling
Blackouts: Should
WM Prepare?

Friday 3/24

9:00 Sit and Fit -
Channel 88
9:00 Game "5 Crowns"
- 3F SR
10:00 Coffee - RC1, 2 & 3:
"Banishing
Incontinence and
Negotiating Going
(on your) Own" by
Stephanie
Rutherford,
Specialist in Pelvic
Floor Therapy
10:00 Bible Study with
Dave Kistner -
3F West Lounge
11:30 AL Exercise - 3F SR
1:00 Midday Movie -
AL 1F Theatre:
"Murder Mystery"
(2019, PG-13)
2:00 Bingo - RC1, 2 & 3
Please bring your
cards & markers!
2:00 AL Bridge - 3F AR
2:30 Games Again "
"Girl Scout Cookie
Tasting and Trivia" -
3F SR
6:45 IWU Tintypes
Production Trip
7:00 Movie & Popcorn -
RC 2 & 3: "Ruby
Bridges" (1998, NR)
International Day for
the Elimination of
Racial Discrimination

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- 4:15** Vespers - RC1: Rev. Cheri Grizzard - Interim Pastor Baptist Church
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