

Monday 3/13	Tuesday 3/14	Wednesday 3/15	Thursday 3/16	Friday 3/17
8:30 Aqua Jazz Trip 9:00 Flexible Fitness - RC2 & 3 9:30 Flexible Fitness - Channel 88 10:00 First Presbyterian Service - Channel 88 10:00 Bean Bags - SC 10:00 **Cardio Drumming - WC 11:00 **Balance Class - WC 1:00 Bible Study with Chaplain Elliott - RC1 1:00 Bridge - CR 3:00 Billiards Tournament-AL 2F East Lounge 3:00 Bingo - RC 1 & 2 3:00 Chair Yoga - WC 3:00 Chair Yoga - Channel 88 3:30 St. John's Service - Channel 88 7:00 Wesley United Bell Choir - SC	9:00 Sit, Stand & Move - RC2 & 3 9:30 Sit and Fit - Channel 88 10:30 Catholic Service - Channel 88 1:00 Hands in Motion -WC 1:00 PBS: "Madoff The Monster of Wall Street - The Price of Trust" - Channel 88 1:30 Scrabble - CR 2:00 Michael from Tech @ Home Presentation on "Technology Security" - RC2 2:00 Advanced Cardio - WC 2:00 Dealing with Loss - RC3 2:30 Food Committee Meeting - RC1 3:00 Shadow Boxing - Channel 88 3:00 Social Hour - CR 3:30 Wesley United Methodist Service - Channel 88 4:15 Hope Therapy Dogs - SC 7:00 FORUM Making Black America Panel Discussion - RC1, 2 & 3	8:15 Academy of Seniors Trip 9:00 Flexible Fitness - RC1 & 2 9:00 Flexible Fitness - Channel 88 10:00 Coffee - RC1 & 2: "Estate Planning: Using Revocable and Irrevocable Trusts" By Jennifer Doran 10:00 Ecumenical Communion - 1F Theater with Dave Eaton and associates 11:00 **Advanced Balance Class - WC 1:00 Chair Chi - Channel 88 1:00 Art Class - AC: "Beginning Water Color Painting" 1:00 **Balance Class - WC 1:00 Ted Talk - RC1: "How Language Shapes the Way We Think" 2:00 Broadway: "The Inspector General" (1949) - Channel 88 2:00 Bible Study - RC2 3:00 Needle Work Group- RMR 7:00 Jake's Boys Music Ministry - SC	9:00 Chair Dance - Channel 88 9:15 Walking Group - Meet in the SC 10:00 **Cardio Drumming- WC 10:00 Short Story - CR 10:00 Resident Council - RC1 & 2 1:00 Hands in Motion - Channel 88 1:00 Hands in Motion -WC 2:00 Reel Rundown: "Travelin' Band Creedence Clearwater Revival at the Royal Albert Hall" - Channel 88 2:15 Line Dancing - AC 2:15 Catholic Mass - RC3 3:00 Social Hour - CR 3:00 Page Turners Book Club - RC1 3:00 Ping Pong - AL 2F West 3:00 Telling Your Story - RMR 3:15 Sacred Space - RC2 3:45 Technology Help - SC 7:00 Evening Ent.: "The Newfangled Four - Twin Mountain Tonesmen" - Channel 88 7:00 Barbershop Quartets - SC	St. Patrick's Day IWU Tintypes \$ Due 9:00 Sit, Stand & Move - RC2& 3 9:00 Sit and Fit - Channel 88 10:00 Coffee - RC1 & 2: "Exploring God's Creation in the Northwoods" By Dave Peters 11:00 **Advanced Balance - WC 1:00 Wheel of Fortune - RC1 1:00 **Balance Class - WC 1:00 Midday Movie - AL 1F Theatre: "Riverdance: The Animated Adventure" 2:00 No Bingo 2:00 Shamrock Shake Pick Up - The Landing 7:00 Movie & Popcorn - RC2 & 3: "Wild Mountain Thyme" (2020, PG-13)



****Note:** When scheduling time in the Wellness Center, please adhere to your assigned time.

Saturday 3/18

- 9:00** Shadow Boxing - Channel 88
9:30 Mennonite Relief Sale Sausage and Pancake Trip
10:00 Art Class - AC: "Making Sock Bunnies"
1:00 Open Studio Time - AC
7:00 Movie & Popcorn - RC 2 & 3: "Tar" (2022, R)
 Resident Requested
7:00 Evening Movie: "Patch Adams" (1998, PG-13) - Channel 88
 (Resident Requested)

Sunday 3/19

- 7:45** St. Johns Church Trip
7:45 First Presbyterian Trip
8:30 Calvary Methodist Church Trip
9:00 Live Streaming of Calvary United Methodist Church - Channel 88
9:30 Second Presbyterian Church Trip
10:00 Virtual Catholic Mass- RC1
10:15 Christ Lutheran Church Normal Trip
10:30 Live Streaming of Second Presbyterian Church - Channel 88
11:15 Holy Communion Distribution - RC1
2:00 AL Vespers - 3F SR: Vespers - RC1: Rev. Mackenzie Jager, Director of Ministry, Second Presbyterian
3:30 Hymn Sing with James Ingold - RC1
4:15 Vespers - RC1: Rev. Dr. Andrew Gifford, Sr. Pastor, St. Luke Union Church
7:00 Evening Movie: "The Sea Inside" (2004, PG13) - Channel 88
 (Resident Requested)

See you soon !



The Chick-It-Out Program is back!

Come to the Life Enrichment Office to view this wonderful process of nature and see how eggs become baby chicks?

Dates: Tuesday, March 21 through Tuesday, April 11

Time: Ongoing

Location: Life Enrichment Office



Remember to vote!

2023 Consolidated Election
 Sign up in the Red Book to ride the bus!

Date: Monday, April 3

Location: McLean County Board of Elections

Time: 1:00 p.m. & 2:00 p.m.

Tech@Home
 -Connecting People with Technology-

Tuesday & Thursday
 9:30 a.m. - 12:00 p.m.
 12:30 p.m. - 5:00 p.m.

Michael Lynn
 (414) 219-9806
techathome@parasolalliance.com

AC - Arts and Crafts
CR - Club Room
F.FP - Foundation Fountain Park
F.GW - Foundation Garden Walk
RC - Resident Center
SC - Social Center
WC - Wellness Center
2F WL - 2nd Floor West Lounge
2F SR - 2nd Floor Sun Room
2F PD - 2nd Floor Private Dining Room
DR - Dining Room
3F AR - 3rd Floor Art Room
3F CR - 3rd Floor Card Room
3F SR - 3rd Floor Sunroom
3F WL - 3rd Floor West Lounge

Help Keep our Team Members Safe!

To dispose of broken glass, put on protective work gloves and thick-soled shoes to protect your hands and feet. Place the bigger pieces of glass in a large trash bag and repeat the process for the smaller pieces. Double-bag to prevent punctures and tears and put in your trash receptacle.



ALERT Housekeeping that there is broken glass in your trash receptacle.

Monday 3/13

8:30 Aqua Jazz Trip
9:00 Musical Monday
 Morning - 2F SR
9:30 Flexible Fitness -
Channel 88
10:00 Neighborhood
Coffee - 1, 2 & 3 East
Lounges
10:00 First Presbyterian
Service - Channel 88
11:30 AL Exercise - 3F SR
1:00 Blood Pressure
 Checks - 2F SR
1:00 Bible Study with
 Chaplain Elliott - RC1
2:00 Arts and Crafts with
 Mary Lee - 3F AR
 "Pot o" Gold Door
 Decoration"
2:00 Scrabble - 3F SR
3:00 Billiards Tournament-
 2F East Lounge
3:00 Chair Yoga -
Channel 88
3:30 St. John's Service -
Channel 88
7:00 Wesley United Bell
Choir - Social Center

Tuesday 3/14

9:30 Sit and Fit -
Channel 88
9:30 Short Stories - 3F SR
10:30 Catholic Service -
Channel 88
11:30 AL Exercise - 3F SR
1:00 PBS: "Madoff The
Monster of Wall
Street - The Price of
Trust" - Channel 88
1:00 Hands in Motion -WC
2:30 AL Birthday Party -
3F DR
3:00 Shadow Boxing -
Channel 88
3:00 Social Hour - CR
3:30 Wesley United
Methodist Service -
Channel 88
3:30 Hope Therapy Dogs -
1F Bistro
7:00 FORUM Making
Black America Panel
Discussion -
 RC1, 2 & 3

Wednesday 3/15

8:15 Academy of Seniors
Trip
9:00 Flexible Fitness -
Channel 88
9:30 AL Bean Bags - 3F SR
10:00 Coffee - RC1 & 2:
 "Estate Planning:
 Using Revocable and
 Irrevocable Trusts"
 By Jennifer Doran
10:00 Ecumenical
Communion -
1F Theater with
Dave Eaton and
associates
11:30 AL Exercise - 3F SR
12:30-1:30 Lisa's Office
 Hours - 3F CR
1:00 Chair Chi -
Channel 88
1:00 Ted Talk - RC1: "How
 Language Shapes the
 Way We Think "
2:00 Bingo - 3F SR
2:00 Broadway: "The
Inspector General "
(1949) - Channel 88
4:00 Memory Games -
 3F SR
7:00 Jake's Boys Music
Ministry - SC

Thursday 3/16

9:00 Chair Dance -
Channel 88
9:00 Walking Group -
 1F Bistro
10:00 Resident Council -
 RC1 & 2
11:30 AL Exercise - 3F SR
1:00 Hands in Motion- WC
1:00 Hands in Motion -
Channel 88
1:00 Blood Pressure
 Checks - 2F SR
1:30 Painting Group -
 3F AR
2:00 Reel Rundown:
"Travelin' Band
Creedence Clearwater
Revival at the Royal
Albert Hall " -
Channel 88
2:15 Catholic Mass - RC3
2:30 Reminisce - 2F SR
3:00 Ping Pong - 2F WL
3:00 Social Hour - CR
3:15 Sacred Space - RC2
3:45 Technology Help - SC
4:15 Lisa's Office Hours -
 3F AR
7:00 Evening Ent.:
"The Newfangled Four
- Twin Mountain
Tonesmen" -
Channel 88
7:00 Barbershop Quartets
 - SC

Friday 3/17

St. Patrick's Day
IWU Tintypes \$ Due
9:00 Sit and Fit -
Channel 88
9:00 Game "Bean Bag
 Kick-it" - 3F SR
10:00 Coffee - RC1, 2 & 3:
 "Exploring God's
 Creation in the
 Northwoods"
 By Dave Peters
10:00 Bible Study with
 Dave Kistner -
11:30 AL Exercise - 3F SR
1:00 Midday Movie -
 AL 1F Theatre:
 "Riverdance: The
 Animated
 Adventure"
2:00 AL Bridge - 3F AR
2:00 No Bingo
2:00 Shamrock Shake
Pick Up -
The Landing
2:30 Game "Pick a Four-
 leaf Clover" - 3F SR
7:00 Movie & Popcorn -
 RC2 & 3: "Wild
 Mountain Thyme "
 (2020, PG-13)



Saturday 2/18

- 9:00** *Shadow Boxing - Channel 88*
- 9:30** **Mennonite Relief Sale Sausage and Pancake Trip**
- 2:00** AL Bingo - 3F SR
- 7:00** Movie & Popcorn - RC 2 & 3: "Tar" (2022, R)
Resident Requested
- 7:00** *Evening Movie: "Patch Adams" (1998, PG-13) - Channel 88 (Resident Requested) Channel 88*

Sunday 2/19

- 7:45** St. Johns Church Trip
- 7:45** First Presbyterian Trip
- 8:30** Calvary Methodist Church Trip
- 9:00** *Live Streaming of Calvary United Methodist Church - Channel 88*
- 9:30** Second Presbyterian Church Trip
- 10:00** Virtual Catholic Mass- RC1
- 10:15** Christ Lutheran Church Normal Trip
- 10:30** *Live Streaming of Second Presbyterian Church - Channel 88*
- 11:15** Holy Communion Distribution - RC1
- 2:00** AL Vespers - 3F SR: Vespers - RC1: Rev. Mackenzie Jager, Director of Ministry, Second Presbyterian
- 3:30** Hymn Sing with James Ingold - RC1
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- 7:00** *Evening Movie: "The Sea Inside" (2004, PG13) - Channel 88 (Resident Requested*

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