•			
Mon		3/13	Tu
8:30	Aqua Jazz Trip		9:0
9:00	Flexible Fitness	-	
	RC2 & 3		9:3
9:30	Flexible Fitness	-	
	Channel 88		10
10:00	First Presbyterio	an	
	Service - Channe		1:0
10:00	Bean Bags - SC		1:0
	**Cardio Drum	ming	
_0.00	- WC	В	
11:00		s - WC	
1:00			1:3
1.00	Chaplain Elliott		2:0
1:00	Bridge - CR	ILCI	
3:00	Billiards Tourna	ment-	
3.00	AL 2F East Loun		2:0
3:00	Bingo - RC 1 & 2		۷.(
3:00	Chair Yoga - WC		2:0
3:00	Chair Yoga -	•	۷.(
3.00	Channel 88		2:3
3:30	St. John's Servic	20	۷.,
3.30	Channel 88	E -	3:0
7:00	Wesley United	Ball	
7.00	Choir - SC	DEII	3:0
	Chon - 3C		3:3
	A A		
			4 :1



maepenaem Living						
3/13	Tues	day 3/14	\ \{			
)	9:00	Sit, Stand & Move -	8			
S -		RC2 & 3	_			
	9:30		9			
S -	10.20	Channel 88 Catholic Service -	g			
•	10.50	Channel 88	-			
rian	1.00	Hands in Motion -WC	1			
nel 88		PBS: "Madoff The				
	_,,	Monster of Wall				
nming		Street - The Price of				
ss \\/C		Trust" - Channel 88				
ss - WC th		Scrabble - CR	1			
t - RC1	2:00	Michael from Tech @				
it - NCI		Home Presentation				
ament-		on "Technology	1			
nge	2:00	Security" - RC2 Advanced Cardio -	1			
2	2.00	WC	1			
rC	2:00		1			
		RC3				
	2:30	Food Committee				
ice -		Meeting - RC1	1			
	3:00		1			
d Bell	3:00	Channel 88 Social Hour - CR				
	3:30		2			
	3.30	Methodist Service -	4			
		Channel 88				
	4:15	Hope Therapy Dogs -	2			
	7:00	SC EODLINA Making	3			
	7.00	FORUM Making Black America Panel				
		Discussion -	7			
		RC1, 2 & 3				
		,				

8 0	71 1 1 1 1 1 2 3 1 7 1 1 1 1 2 3
Wedı	nesday 3/15 Academy of Seniors
8:15	Academy of Seniors
	Trip
9:00	Flexible Fitness -
	RC1 & 2
9:00	Flexible Fitness -
3.00	Channel 88
10.00	Coffee - RC1 & 2:
10.00	"Estate Planning:
	Using Povesable and
	Using Revocable and
	Irrevocable Trusts"
40.00	By Jennifer Doran
10:00	Ecumenical
	Communion -
	1F Theater with Dave
	Eaton and associates
11:00	**Advanced Balance
	Class - WC
1:00	Chair Chi - Channel 88
1:00	Art Class - AC:
	"Beginning Water Color Painting"
	Color Painting"
1:00	**Balance Class - WC
1:00	Ted Talk - RC1: "How
	Language Shapes the
	Way We Think "
2:00	Broadway: "The
	Inspector General "
	Inspector General " (1949) - Channel 88
2:00	Bible Study - RC2
3:00	Needle Work Group-
3.00	RMR
7:00	
7:00	Jake's Boys Music
	Ministry - SC

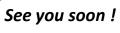
<u>Thur</u>	sday	3/16	Frida	У
9:00	Chair Dance -			St
	Channel 88		IW	
9:15		-	9:00	Si
40.00	Meet in the SC		0.00	R
10:00	**Cardio Drum	ımıng-	9:00	Si
10.00	WC	D	10.00	CI
	Short Story - Cl Resident Coun		10:00	Co
10.00	RC1 & 2	CII -		Cı
1:00		n -		N
	Channel 88			В
1:00		n -WC	11:00	*
2:00	Reel Rundown:			- \
	"Travelin' Band	1	1:00	W
	Creedence Clea			R
	Revival at the F	Royal	1:00	**
	Albert Hall " -		1:00	M
2.45	Channel 88	۸.		A
2:15	Line Dancing - A			"F
2:15 3:00	Catholic Mass - Social Hour - Cl			A
3:00 3:00	Page Turners B		2:00	A N
3.00	Club - RC1	OOK	2:00	Sł
3:00	Ping Pong - AL	2F West	2.00	Pi
3:00	Telling Your Sto			Tł
	RMR	,	7:00	M
3:15	Sacred Space -	RC2		R
3:45	Technology Hel	p - SC		V
7:00	Evening Ent.:			(2
	"The Newfangl	ed Four		
	- Twin Mountai	n	**Nc	te
	Tonesmen" -		tir	
7:00	Channel 88 Barbershop Ou	iartots	Ce	nt
, .00	Barbershop Qu SC	iai lEl3 -	to	y
				

3/17 St. Patrick's Day **IWU Tintypes \$ Due 00** Sit, Stand & Move -RC2& 3 :00 Sit and Fit -Channel 88 **0:00** Coffee - RC1 & 2: "Exploring God's Creation in the Northwoods" By Dave Peters 1:00 **Advanced Balance - WC :00 Wheel of Fortune -RC1 :00 **Balance Class - WC :00 Midday Movie -AL 1F Theatre: "Riverdance: The Animated Adventure" :00 No Bingo :00 Shamrock Shake Pick Up -The Landing :00 Movie & Popcorn -RC2 & 3: "Wild Mountain Thyme " (2020, PG-13) '*Note: When scheduling

> time in the Wellness Center, please adhere to your assigned time.

Independent Living Activities: March 13 - March 19

<u>Satu</u>	rday	<u>3/18</u>
9:00	Shadow Boxing	-
	Channel 88	
9:30	Mennonite Reli	ef
	Sale Sausage ar	nd
	Pancake Trip	
10:00	Art Class - AC: "	Making
	Sock Bunnies"	
1:00	Open Studio Tir	
7:00	Movie & Popcor	rn -
	RC 2 & 3: "Tar"	
	(2022, R)	
	Resident Reque	sted
7:00	Evening Movie:	
	"Patch Adams"	
	(1998, PG-13) -	
	Channel 88	
	(Resident Reque	ested)





Sunday 3/19

7:45 St. Johns Church Trip

7:45 First Presbyterian Trip

8:30 Calvary Methodist Church Trip

9:00 Live Streaming of Calvary United Methodist Church -Channel 88

9:30 Second Presbyterian Church Trip

10:00 Virtual Catholic Mass-RC1

10:15 Christ Lutheran Church Normal Trip

10:30 Live Streaming of Second Presbyterian Church - Channel 88

11:15 Holy Communion Distribution - RC1

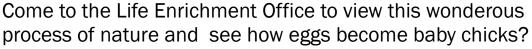
2:00 AL Vespers - 3F SR: Vespers - RC1: Rev. Mackenzie Jager, Director of Ministry, Second Presbyterian

3:30 Hymn Sing with James Ingold - RC1

4:15 Vespers - RC1: Rev. Dr. Andrew Gifford, Sr. Pastor, St. Luke Union Church

7:00 Evening Movie: "The Sea Inside (2004, PG13) - Channel 88 (Resident Requested)

The Chick-It-Out Program is back!



Dates: Tuesday, March 21 through Tuesday, April 11

Time: Ongoing

Location: Life Enrichment Office



Remember to vote!

2023 Consolidated Election Sign up in the Red Book to ride the bus!

Date: Monday, April 3

Location: McLean County Board of Elections

Time: 1:00 p.m. & 2:00 p.m.



Tuesday & Thursday 9:30 a.m. - 12:00 p.m. 12:30 p.m. - 5:00 p.m.

Michael Lynn (414) 219-9806 techathome@parasolalliance.com

AC - Arts and Crafts

CR - Club Room

F.FP - Foundation Fountain Park

F.GW - Foundation Garden Walk

RC - Resident Center

SC - Social Center

WC - Wellness Center

2F WL - 2nd Floor West Lounge

2F SR - 2nd Floor Sun Room

2F PD - 2nd Floor Private Dining Room

DR - Dining Room

3F AR - 3rd Floor Art Room

3F CR - 3rd Floor Card Room

3F SR - 3rd Floor Sunroom

3F WL - 3rd Floor West Lounge

Help Keep our Team Members Safe!

To dispose of broken glass, put on protective work gloves and thick-soled shoes to protect your hands and feet. Place the bigger pieces of glass in a large trash bag and repeat the process for the smaller pieces. Double-bag to prevent punctures and tears and put in your trash receptacle.

ALERT Housekeeping that there is broken glass in your trash receptacle.

Assisted Living Activities: March 13 - March 19

			0							1 0
Mond		Tues			nesday	3/15	<u>Thur</u>		<u>Frida</u>	
8:30 A	Aqua Jazz Trip	9:30	Sit and Fit -	8:15	Academy	of Seniors	9:00	Chair Dance -		St. Patrick's Day
9:00	Musical Monday		Channel 88		Trip			Channel 88		NU Tintypes \$ Due
ſ	Morning - 2F SR	9:30	Short Stories - 3F SR	9:00	Flexible Fit	ness -	9:00	Walking Group -	9:00	Sit and Fit -
	Flexible Fitness -	10:30	Catholic Service -		Channel 88			1F Bistro		Channel 88
	Channel 88		Channel 88	9:30	AL Bean Ba		10:00	Resident Council -	9:00	
	Neighborhood	11:30	AL Exercise - 3F SR		Coffee - R			RC1 & 2		Kick-it" - 3F SR
	Coffee - 1, 2 & 3 East		PBS: "Madoff The		"Estate Pla		11:30	AL Exercise - 3F SR	10:00	Coffee - RC1, 2 &3:
_	Lounges		Monster of Wall			ocable and		Hands in Motion- WC		"Exploring God's
	First Presbyterian		Street - The Price of		Irrevocable			Hands in Motion -		Creation in the
	Service - Channel 88		Trust" - Channel 88		By Jennife			Channel 88		Northwoods"
	AL Exercise - 3F SR	1:00	Hands in Motion -WC	10.00) Ecumenica		1.00	Blood Pressure		By Dave Peters
	Blood Pressure		AL Birthday Party -	10.00	Communic		1.00	Checks - 2F SR	10:00) Bible Study with
	Checks - 2F SR	2.50	3F DR		1F Theater		1.20	Painting Group -		Dave Kistner -
	Bible Study with	3.00	Shadow Boxing -		Dave Eato	_	1.50	3F AR	11:30	AL Exercise - 3F SR
		3.00	Channel 88				2.00	Reel Rundown:	1:00	Midday Movie -
	Chaplain Elliott - RC1	3:00	Social Hour - CR	11.20	associates		2.00			AL 1F Theatre:
	Arts and Crafts with				AL Exercise			"Travelin' Band		"Riverdance: The
	Mary Lee - 3F AR	3:30	Wesley United	12:30)-1:30 Lisa's			Creedence Clearwater		Animated
	"Pot o" Gold Door		Methodist Service -	4 00	Hours - 3F			Revival at the Royal		Adventure"
	Decoration"	2.20	Channel 88	1:00	Chair Chi -			Albert Hall " -	2:00	AL Bridge - 3F AR
	Scrabble - 3F SR	3:30	Hope Therapy Dogs -		Channel 8			Channel 88	2:00	No Bingo
	Billiards Tournament-		1F Bistro	1:00	Ted Talk - F			Catholic Mass - RC3	2:00	Shamrock Shake
	2F East Lounge	7:00	FORUM Making			Shapes the		Reminisce - 2F SR		Pick Up -
3:00	Chair Yoga -		Black America Panel		Way We T			Ping Pong - 2F WL		The Landing
(Channel 88		Discussion -	2:00	Bingo - 3F	SR	3:00	Social Hour - CR	2:30	Game "Pick a Four-
3:30	St. John's Service -		RC1, 2 & 3	2:00	Broadway	: "The	3:15	Sacred Space - RC2	_,_,	leaf Clover" - 3F SR
(Channel 88				Inspector (General "	3:45	Technology Help - SC	7:00	Movie & Popcorn -
7:00 \	Wesley United Bell				(1949) - Ch			Lisa's Office Hours -	2.00	RC2 & 3: "Wild
	Choir - Social Center			4:00	Memóry G			3F AR		Mountain Thyme "
·					3F SR		7:00	Evening Ent.:		(2020, PG-13)
				7:00	Jake's Boy	s Music		"The Newfangled Four	r	(2020, 1 G 13)
					Ministry -			- Twin Mountain		
			E3		,			Tonesmen" -		
								Channel 88		
							7:00	Barbershop Quartets		
							7.50	- SC		
								- 30		

<u>Satu</u>	
9:00	Shadow Boxing -
	Channel 88
9:30	Mennonite Relief
	Sale Sausage and
	Pancake Trip
2:00	AL Bingo - 3F SR
7:00	
	RC 2 & 3: "Tar"
	(2022, R)
	Resident Requested
7:00	Evening Movie:
	"Patch Adams"
	(1998, PG-13) -
	Channel 88
	(Resident Requested)
	Channel 88



7:45 St. Johns Church Trip 7:45 First Presbyterian Trip 8:30 Calvary Methodist Church Trip 9:00 Live Streaming of Calvary United Methodist Church Channel 88 9:30 Second Presbyterian

Church Trip

10:00 Virtual Catholic MassRC1

10:15 Christ Lutheran Church Normal Trip

10:30 Live Streaming of Second Presbyterian Church - Channel 88

11:15 Holy Communion Distribution - RC1

2:00 AL Vespers - 3F SR: Vespers - RC1: Rev. Mackenzie Jager, Director of Ministry, Second Presbyterian

3:30 Hymn Sing with James Ingold - RC1

4:15 Vespers - RC1: Rev. Dr. Andrew Gifford, Sr. Pastor, St. Luke Union Church

7:00 Evening Movie: "The Sea Inside (2004, PG13) - Channel 88 (Resident Requested



The Chick-It-Out Program is back!

Come to the Life Enrichment Office to view this wonderous process of nature and see how eggs become baby chicks?

Dates: Tuesday, March 21 through Tuesday, April 11

Time: Ongoing

Location: Life Enrichment Office



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F.FP - Foundation Fountain Park

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