

Monday	2/19	Tuesday	2/20	Wednesday	2/21	Thursday	2/22	Friday	2/23
	Presidents' Day	9:00	Sit, Stand & Move - RC2 & 3	9:00	Flexible Fitness - RC2 & 3	9:00	<i>Chair Dance - Channel 88</i>	9:00	Sit, Stand & Move - RC2 & 3
	ISU Concert Choir \$ Due								
9:00	Flexible Fitness - RC2 & 3	9:30	<i>Sit & Fit - Channel 88</i>	9:30	<i>Flexible Fitness - Channel 88</i>	9:15	Morning Walking Group - Meet in the SC	9:00	<i>Sit & Fit - Channel 88</i>
9:30	<i>Flexible Fitness - Channel 88</i>	1:00	Hands in Motion - WC	10:00	Coffee - RC1, 2 & 3 - "Stories and Displays from the Air Force Hooker" (latch hook rugs) Presented by David Kern, Village Resident.			10:00	Coffee - RC1, 2 & 3 - "Home Health Care Updates" Presented by Casie Smith, Home Care Coordinator and Brookelyn Delio, Office Manager.
10:00	Bean Bags - SC	1:00	<i>Hands in Motion - Channel 88</i>			10:00	**Cardio Drumming - WC		
10:00	**Cardio Drumming - WC	1:00	Bunco Buddies - RC3	11:00	**Advanced Balance Class - WC	10:00	Short Story - RC3: "Miss Vogel's Vacation" By Meave Binchy	11:00	**Advanced Balance - WC
11:00	**Balance Class - WC	1:30	<i>PBS: "A Conversation with Oprah Winfrey and Ava DuVernay" - Channel 88</i>			1:00	Hands in Motion - WC		
1:00	Bible Study with Cassandra - RC1	2:00	Advanced Cardio Circuit - WC	1:00	<i>Chair Chi - Channel 88</i>	1:45	<i>Reel Rundown: "Self Made: Bootstraps" - Channel 88</i>	1:00	**Balance Class - WC
1:00	Mahjong - CR	2:00	Dealing with Loss & Change - AL 2F EL	1:00	Art Class - AC: "Open Studio"			1:00	Midday Movie - AL Theater: "A Perfect Pairing" (2022, PG - 13) - Comedy, Romance
2:00	Current Events - RC3	2:00	Line Dancing - AC	1:00	TED Talks - RC1: "10 Best Examples of Artificial Intelligence (AI)"	3:00	<i>Shadow Boxing - Channel 88</i>	2:00	Bingo - RC2 & 3 <i>Bring your cards & markers!</i>
2:00	Billiards Game with Andrew - AL 2F EL	2:45	<i>Shadow Boxing - Channel 88</i>			3:00	Social Hour - CR		
3:00	B1 F3 Floor Meeting - Y Lounge	3:00	Social Hour - CR	1:00	**Balance Class - WC	3:00	Page Turners Book Club - RC2	3:00	Widget Cart - SC
3:00	Bingo - RC 1, 2 & 3 <i>Bring your cards & markers!</i>	7:00	Four Hands One Piano - SC	1:30	Vespers - MPR	3:00	Ping Pong with Jaclyn - 2F WL	6:45	IWU School of Theatre presents The Wolves Trip
3:00	Chair Yoga - WC			2:00	<i>Broadway: "Romeo and Juliet" (2014) - Channel 88</i>	7:00	Golden Embers - SC	7:00	Movie & Popcorn - RC1& 2: "African Queen" (1951, PG) - Adventure, Drama, Romance
3:00	<i>Chair Yoga - Channel 88</i>			2:30	Conversation Circles - RC1, 2 & 3				
7:00	All remaining Floor Meetings - Y Lounges			3:00	Needlework Group -RMR				
				3:30	Making 3D Snowflakes with Corpus Christi Religious Club - CR				

Tech@Home
-Connecting People with Technology-

Tuesday & Thursday
9:00 a.m. - 12:00 p.m.
12:30 p.m. - 5:00 p.m.

Michael Lynn
(414) 219-9806
techathome@parasolalliance.com

****Note:** When scheduling time in the Wellness Center, please adhere to your assigned time.

THE CLASSIFIEDS

AT WESTMINSTER VILLAGE

Submit ideas to the Life Enrichment Office by the **20th of each month** for publication!

Saturday 2/24

- 8:00 Bloomington Kiwanis Pancake Day Trip
- 9:00 *Shadow Boxing* - Channel 88
- 10:00 Westminster Botany - AC: "Orchids and Orchid Care"
- 1:00 Open Studio Time - AC
- 7:00 Movie & Popcorn - RC1 & 2: "On Golden Pond" (1981, PG) - Drama
- 7:00 Evening Movie: "Singing in the Rain" (1952, G) - Channel 88 - Comedy, Musical, Romance

Sunday 2/25

- 8:00 St. Johns Church Trip
- 8:30 Calvary Methodist Church Trip
- 9:00 Live Streaming of Calvary United Methodist Church - Channel 88
- 10:00 Virtual Catholic Mass - RC1
- 10:15 First Presbyterian Church Trip
- 10:15 Christ Lutheran Church Trip
- 1:15 ISU Women's Basketball Home Game
- 3:00 Vespers - RC2 & 3
- 5:15 ISU Concert Choir Trip
- 7:00 Evening Movie: "Grapes of Wrath" (1940, Passed) - Channel 88 - Drama

- AC Arts and Crafts
- CR Club Room
- FFP Foundation Fountain Park
- FGW Foundation Garden Walk
- RC Resident Center (RC1, 2 & 3)
- RMR Resident Meeting Room
- SC Social Center
- WC Wellness Center
- 2F EL 2nd Floor East Lounge
- 2F WL 2nd Floor West Lounge
- 2F SR 2nd Floor Sunroom
- DR Dining Room
- 3F AR 3rd Floor Art Room
- 3F CR 3rd Floor Card Room
- 3F SR 3rd Floor Sunroom
- 3F EL 3rd Floor East Lounge
- 3F WL 3rd Floor West Lounge
- MPR Health Center Multi Purpose Room

WV CONVERSATION CIRCLES
"A SAFE SPACE FOR REFLECTION"

A FOLLOW-UP CONVERSATION TO "The Immigration Project"

- **Date:** Wednesday, February 21
- **Time:** 2:30 p.m.
- **Location:** RC1, 2 & 3



BLACK HISTORY MONTH

Black History in McLean County

Wed, Feb 28 | 7:00 p.m. – 8:30 p.m.

RC1, 2 & 3

Sponsored by the Morris Family

Presented by Jeff Woodward & Heartland Community College

Sign up in the Red Book

Space is limited - First come first serve.



In this one-hour historic lecture, participants will learn about black history in McLean County as a way to better appreciate and understand our community's history. Before the 1930s, very little of African American life and culture in McLean County had been documented. Participants will gain insight into these fundamental missing puzzle pieces of our area's history and discuss specific experiences of local Black and African American people. They will also learn the background of the Bloomington-Normal Black History Project and how to get involved.


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Presidents' Day	9:30 Sit & Fit - Channel 88	9:30 Flexible Fitness - Channel 88	9:00 Chair Dance - Channel 88	9:00 Sit & Fit - Channel 88
ISU Concert Choir \$ Due	9:30 Short Stories - 3F EL	9:30 AL Bean Bags - 3F SR	9:00 Morning Walking Group -1F Bistro	9:00 Game "Bowling" - 3F SR
9:00 Musical Monday Morning - 2F SR	11:30 AL Exercise - 3F SR	10:00 Coffee - RC1, 2 & 3 - "Stories and Displays from the Air Force Hooker" (latch hook rugs) Presented by David Kern, Village Resident	10:00 Neighborhood Coffee - 2F EL	10:00 Bible Study with Dave Kistner - 3F WL
9:30 Flexible Fitness - Channel 88	1:00 Hands in Motion - Channel 88		10:30 Painting Group - 3F AR	10:00 Coffee - RC1, 2 & 3 - "Home Health Care Updates" Presented by Casie Smith, Home Care Coordinator and Brookelyn Delio, Office Manager
10:00 Travel Topics Group - 1F Theater	1:00 Hands in Motion - WC	10:30 Reminisce - 3F SR	11:30 AL Exercise - 3F SR	11:30 AL Exercise - 3F SR
11:30 AL Exercise - 3F SR	1:30 PBS: "A Conversation with Oprah Winfrey and Ava DuVernay" - Channel 88	1:00 TED Talks - RC1: "10 Best Examples of Artificial Intelligence (AI)"	1:00 Hands in Motion - WC	1:00 Midday Movie - AL Theater: "A Perfect Pairing" (2022, PG - 13) - Comedy, Romance
1:00 Blood Pressure Checks - 2F SR	2:00 Dealing with Loss & Change - AL 2F EL	1:30 Vespers - MPR	1:00 Blood Pressure Checks - 3F SR	2:00 Resident Floor Meeting - 3F SR
1:00 Bible Study with Cassandra - RC3	2:45 Line Dancing - AC	2:00 Broadway: "Romeo And Juliet" (2014) - Channel 88	1:45 Reel Rundown: "Self Made: Bootstraps" - Channel 88	3:00 Bingo - RC1, 2 & 3
1:00 Scrabble - 3F SR	3:00 Shadow Boxing - Channel 88	2:30 Conversation Circles - RC1, 2 & 3	3:00 Shadow Boxing - Channel 88	6:45 IWU School of Theatre presents The Wolves Trip
2:00 Arts and Crafts with Lisa: "Oil Pastel Winter Scene" - 3F AR	3:00 Social Hour - CR	3:00 AL Bingo - 3F SR	3:00 Ping Pong with Jaclyn - 2F WL	7:00 Movie & Popcorn - RC1 & 2: "African Queen" (1951, PG) - Adventure, Drama, Romance
2:00 Billiards Game with Andrew - AL 2F EL	3:00 Dulcimer Dreams - 3F SR	3:00 Needlework Group - RMR	3:00 Social Hour - CR	
2:30 Sundae Monday - 1F Bistro	7:00 Four Hands One Piano - SC	3:30 Making 3D Snowflakes with Corpus Christi Religious Club - CR	7:00 Golden Embers - SC	
3:00 Chair Yoga - WC				
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3:00 Bingo - RC1 & 2				
3:00 Current Events - 1F EL				



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Courtesy McLean County Museum of History

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