

Sunday - 05/18

- 8:00 - St. John's Lutheran Church Trip
- 8:30 - Calvary United Methodist & Christ Lutheran Church Trip
- 9:15 - First Presbyterian Church - *Starting summer combined service trip*
- 10:00 - Virtual Catholic Mass, RC1
- 2:15 - "Love Thy Neighbor Choir Concert", Wesley United Methodist Church Trip
- 3:00 - Vespers, RC3: Rev. Lyn Kern, St. John's Lutheran Church
- 3:45 - Hymn Sing with James Ingold, RC3
- 7:00 - At Home Entertainment, Ch 88

*** Note:**
When scheduling time in the Wellness Center, please adhere to your assigned time.

Monday - 05/19

- 9:00 - Flexible Fitness, RC2&3
- 9:00 - Flexible Fitness, Ch 88
- 10:00 - Bean Bags, SC
- 10:00 - Making Woven Mats, RC2
- 10:00 - *Cardio Drumming, WC
- 11:00 - *Body Balance, WC
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - Bible Study with Linda & Bryce Hays, RC1
- 1:00 - Blood Pressure Checks, AL2FSR
- 1:00 - Mahjong, CR
- 1:30 - AL Arts & Crafts, AL3FAR
- 2:00 - Open Billiards, AL2FEL
- 2:00 - Current Events, RC3
- 3:00 - Bingo, RC1&2
- 3:00 - Chair Chi, Ch 88
- 3:00 - Chair Yoga, WC
- 7:00 - Floor Meetings, Y Lounges



Tech@Home
-Connecting People with Technology-

For an Appointment

Email:
tech@westminstervillageinc.com

Call: (309) 585 - 4887

Tuesday - 05/20

- 9:00 - Sit, Stand & Move!, RC 2&3
- 9:30 - Sit and Fit, Ch 88
- 10:00 - AL Short Story, AL Theater: "The Fiddler" by Herman Melville
- 11:30 - AL Chair Exercise, AL3FSR
- 12:45 - Bridge Club, RC2
- 1:00 - Bunco Buddies, RC3
- 1:00 - Hands in Motion, Ch 88
- 1:00 - Hands in Motion, WC
- 2:00 - Advanced Cardio, WC
- 2:45 - Line Dancing, AC
- 3:00 - Social Hour, CR



Wednesday - 05/21

- 9:00 - Flexible Fitness, RC2&3
- 9:00 - Flexible Fitness, Ch 88
- 9:15 - Peoria Riverfront Museum Senior Morning Program Trip
- 9:30 - AL Bean Bags, AL3FSR
- 10:00 - Coffee, RC1&2: "Anxiety" presented by Bruce Boeck, Retired Psychologist
- 10:30 - AL Reminisce, AL3FSR
- 11:00 - *Advanced Balance, WC
- 11:30 - AL Chair Exercise, AL3FSR
- 1:00 - AL Let's Sing, AL Theater
- 1:00 - Open Art Studio, AC
- 1:00 - TED Talks, RC1
- 1:00 - *Body Balance, WC
- 1:00 - Chair Yoga, Ch 88
- 2:00 - Bible Study with Dave Eaton, RC3
- 2:00 - Chair Volleyball - Residents vs Team Members, SC
- 3:00 - Rummikub Tile Game, RC2
- 3:00 - AL Bingo, AL3FSR
- 3:00 - Needlework's Group, RMR
- 3:00 - PingPong with Zoie, AL2FWL

IL & AL Weekly Activity Sheet for May 18 - May 24

Pg. 2

Thursday - 05/22

- 9:00 - Morning Walk, AL Bistro
- 9:00 - Chair Dance, Ch 88
- 9:15 - Morning Walk, SC
- 10:00 - Coffee with Carolyn, AL Bistro
- 10:00 - Short Story, RC3: "A Story Without A Title" by Anton Chekhov
- 10:00 - *Cardio Drumming, WC
- 11:15 - Garden Walk BBQ Lunch, FGW
- 1:00 - TECH Talks, RC1: "Bring your tech questions"
- 1:00 - Mexican Train Dominoes, RC2
- 1:00 - AL Blood Pressure Checks, AL3FSR
- 2:30 - Dulcimer Dreams Music Program, AL3FSR
- 3:00 - Open Euchre with Leah, AC
- 3:00 - Page Turners Book Club, RC2
- 3:00 - Social Hour, CR
- 3:00 - Shadow Boxing, Ch 88

Friday - 05/23

- Memorial Day Remembrance
In the Social Center
Through Monday May 26**
- 9:00 - Sit, Stand & Move!, RC 2&3
 - 9:00 - Sit and Fit, Ch 88
 - 10:00 - Coffee, RC1&2: "Avoiding Senior Financial Abuse" presented by First State Bank and Trust and Officer Brad Park, Normal Police Department
 - 10:00 - Bible Study with Dave Kistner, AL3FWL
 - 11:00 - *Advanced Balance, WC
 - 11:30 - AL Chair Exercise, AL3FSR
 - 2:00 - Bridge, A L3 FAR
 - 2:00 - AL Floor Meeting, AL3FSR
 - 2:00 - Bingo, RC1&2
 - 7:00 - Movie & Popcorn, RC1&2



Pay your respects to those that served our country proudly and write a special memory to those you love. Pick up a "poppy" to wear and celebrate National Poppy Day.

Saturday - 05/24

- 9:00 - Chair Chi, Ch 88
- 10:00 - Arts & Crafts, AC: "Designing with Strawberries"
- 1:00 - Open Art Studio Time, AC
- 2:00 - Bingo, AL3FSR
- 7:00 - At Home Entertainment, Ch 88
- 7:00 - Movie & Popcorn, RC1&2

Movie & Popcorn /
At Home Entertainment

SUNDAY, May 18, 7:00 p.m., Ch 88:
"The PITT, Season 1, Episode 1"
(2025, TV-MA) Run Time: 53m

FRIDAY, May 23, 7:00 p.m., RC1&2:
"The MARTIAN" (PG-13) Run Time: 2h 22m

SATURDAY, May 24, 7:00 p.m.:
RC1 &2: "Jack the Giant Slayer"
(2013, PG-13) Run Time: 1h 54m,

Ch 88: "The Gods Must Be Crazy"
(1980, PG) Run Time: 1h 49m,

SUNDAY, May 25, 7:00 p.m., Ch 88:
"Waiting for God" (1990, Season 3,
Episodes 1 & 2

AC	Arts and Crafts
CR	Club Room
FFP	Foundation Fountain Park
FGW	Foundation Garden Walk
RC	Resident Center
RMR	Resident Meeting Room
SC	Social Center
WC	Wellness Center
AL	Assisted Living
2FEL	2nd Floor East Lounge
2FWL	2nd Floor West Lounge
2FSR	2nd Floor Sunroom
DR	Dining Room
3FAR	3rd Floor Art Room
3FCR	3rd Floor Card Room
3FSR	3rd Floor Sunroom
3FEL	3rd Floor East Lounge
3FWL	3rd Floor West Lounge
MPR	Health Center Multi-Purpose Room

Bargain Boutique Hours

Tuesday: 10:00 a.m. - 12:00 p.m.
Wednesday: 1:00 p.m. - 3:00 p.m.
Saturday: 9:00 a.m. - 12:00 p.m.