

WV HEALTH CENTER ACTIVITIES: May 13 - May 19 ***NATIONAL NURSING HOME WEEK***** WV**

Monday	05/13	Tuesday	05/14	Wednesday	05/15	Thursday	05/16	Friday	05/17
BEAUTY SHOP DAY		BEAUTY SHOP DAY							
8:30	House Calls	9:15	Exercise & Current Events-MPR	9:15	Resident Huddle -MPR	8:30	House Calls	9:00	Sit & Fit -Channel 88
9:15	Oldies But Goodies Music Trivia -MPR	9:30	Sit & Fit - Channel 88	9:30	Flexible Fitness -Channel 88	9:00	Chair Dance -Channel 88	9:15	Bible Study with Dave-MPR
9:30	Flexible Fitness -Channel 88	10:15	Exercise & Current Events -5200 South Living Rm.	11:15	Passing Mail	9:15	Exercise & Current Events-MPR	9:30	Mornings with the Professors -Channel 88
10:00	Room Visits/1:1's	11:15	Passing Mail	11:30	Resident & Team Members Cookout: Food Will Be Served In Residents Dining Rooms	10:15	Exercise & Current Events—5200 South Living Rm	10:15	Exercise & Current Events -5200 South Living
11:15	Passing Mail	1:00	Hands In Motion -Channel 88	1:00	Chair Chi -Channel 88	11:15	Passing Mail	1:00	Hands in Motion -Channel 88
1:30	Miller Park Zoo Bringing Small Animals To Hold Or Just Look at -MPR	1:30	Going Outside To The Foundation Garden Walk For A Wheelchair Ride With Youth Build Of McLean County Youth & Enjoying a Sundae & Listening To Old Time Music -Foundation Garden Walk - WMV	1:30	Vespers-MPR	1:30	Orpheus Mandolin Orchestra -MPR	1:30	Team Members, Activity Committee Afternoon Fun Games and Food -MPR
3:00	Music Bingo -MPR	1:30	PBS: "Nolly" Season 1, Episode 1 (2023) -Channel 88	3:00	Afternoon Fun at The Courtyard: Bubbles, Listening to Old Time Music on The Radio and Guessing The Name of The Songs Refreshments will Be Served -Courtyard	1:45	Reel Rundown: "The Crown" -Season 6, Episode 7 -Channel 88	4:00	Memory Makers (Manicures) -5200 West Sitting
3:00	Chair Yoga -Channel 88	2:30	Wellness: Cardio Drumming Outside At The Foundation Garden Walk to Old Time Music -Foundation Garden Walk WMV			2:15	Catholic Mass RC1		
4:00	Room Visits/1:1's	4:00	HOPE Dogs-MPR			3:00	Room Visits/1:1's		
7:00	Flute, Oboe, and Piano Trio -SC					3:00	Shadow Boxing -Channel 88		
						7:00	Evening Entertainment: "Schubert: Symphony No.9" "The Great Munich Philharmonic Orchestra" -Channel 88		

Saturday 05/18 Sunday 05/19

ARMED FORCES DAY

8:30 House Calls/Room Visits/1:1's
9:00 Chair Yoga -Channel 88
10:15 Exercise & Current Events-MPR
11:15 Passing out Weekly Calendar for Next Week & Mail
1:30 **Denny Mallory Music Performance: Thanking Our Veterans for There Service - MPR**
3:00 Bingo –MPR
4:15 Memory Makers Music & Aromatherapy -5100 West Sitting Rm.
7:00 Evening Movie: "Too Young the Hero" (1988) -Channel 88

9:00 Devotional w/Burt With Exercise to follow –5100 Family Room
9:00 Live Streaming of Calvary United Methodist Church -Channel 88
10:00 **Virtual Catholic Mass -RC1**
10:15 Devotional w/Burt With Exercise to Follow -5200 Family Room
1:00 Bridge Club -5200 Family Rm.
1:00 Outside Center Courtyard
 — (Weather Permitting) If unable to go outside Games & Trivia in MPR
2:15 Root Beer Floats -All Floors
4:15 Memory Makers Music & Aromatherapy -5200 East Sitting Rm.
7:00 Evening Movie: "Women in Gold" (2015, PG-13) -Channel 88

BARGAIN BOUTIQUE HOURS

Tuesday's 10:00-12:00
 Wednesday's 1:00-3:00
 Saturday's 9:00-12:00

GROCERY STORE HOURS

Monday 9:00-3:00
 Tuesday 9:00-3:00
 Wednesday 9:00-2:00
 Thursday 9:00-3:00
 Friday 9:00-3:00
 Closed Daily 12:30-1:00 (Lunch)

HAPPY BIRTHDAY!

Ruth Eickenberg 05/19



MPR - Multi Purpose Room
 Martin Health Center
Channel 88– On Your TV in Your Room
SC - Social Center Westminster Village
RC1-Resident Center Westminster Village