

# Independent Living Village Activities From: November 21 - November 27

## Monday November 21

- Magically Mozart, Chamber Orchestra**  
\$ due
- 8:30 Aqua Jazz at the YMCA Trip**  
**9:00** Flexible Fitness - RC2 & 3  
**10:00** IL Bean Bags - SC  
**10:00** \*\*Cardio Drumming - WC  
**11:00** \*\* Balance Class - WC  
**11:00** Willows Lunch & Meeting  
- Willows Club House  
**1:00** Bible Study w/Chaplain Elliott  
- RC1  
**1:00** Mahjong - CR  
**3:00** Bingo - RC 1, 2 & 3  
**3:00** Beautification Committee "Tree  
Decorating Party" - AC  
**3:00** Chair Yoga - WC  
**2:00** Current Events - RC3

## Tuesday November 22

- 9:00** Sit, Stand & Move - RC2 & 3  
**9:30** **Popup Library - SC**  
**1:00** Hands in Motion - WC  
**1:30** Scrabble with Life Enrichment - CR  
**2:00** Advanced Cardio - WC  
**2:00** Dealing with Loss - RC3  
**3-5:00** Social Hour - CR  
**7:00** Forum - RC1, 2 & 3: "Puppetry"  
Presented by Paul Unger (Village  
Resident)

## Wednesday November 23

- 9:00** Flexible Fitness - RC2 & 3  
**10:00** Coffee - RC1, 2 & 3: "America's  
Great Indian Nations  
Documentary" Presented for  
National Native American  
Heritage Month  
**11:00** \*\* Advanced Balance Class - WC

- 1:00** Art Class with - AC: "Christmas  
Cards/Calligraphy Part 2"  
**1:00** Hand & Foot - RC1  
**1:00** \*\* Balance Class - WC  
**2:00** Bible Study: Dave Eaton - RMR  
**3:00** Mat Yoga - WC

## Thursday November 24

- Happy Thanksgiving!**
- 11:00 - 2:00** Thanksgiving Meal served  
in the Hearth & Landing  
*(Reservation Required)*  
**3:00** Movie Matinee - RC1 & 2: "Little  
Women" (2019, PG)

## Friday November 25

- The Play's the Thing \$ due**
- 9:00** Sit, Stand & Move - RC2 & 3  
**10:00** Coffee - RC1, 2 & 3: "Van Gogh's  
Ear" Presented by PBS  
**11:00** \*\*Advanced Balance - WC  
**1:00** \*\*Balance Class - WC  
**1:00** Midday Movie - *All welcome!*  
- AL 1F: "Chicken Run" (2000, G)  
**2:00** Bingo - RC1, 2 & 3 Please bring  
your cards & markers  
**3:00** Widget Cart - SC  
**7:00** Movie & Popcorn - RC 1 & 2:  
"Planes, Trains, and Automobiles"  
(1987, R)

## Saturday November 26

- 10:00** Art Class - AR: "Creating a  
Christmas Door Decoration"  
**1:00** Open Studio Time - AC  
**4:45** **Christmas: Past, Present &  
Future Trip**  
**7:00** Movie & Popcorn - RC 1 & 2:  
"Gigi & Nate" (2022, PG -13)

## Sunday November 27

- 8:00** St. Johns Church Trip  
(service at 8:30 a.m.)  
**8:00** First Presbyterian Church Trip  
(service at 8:30 a.m.)  
**8:30** Calvary Methodist Church Trip  
(service at 9:00 a.m.)  
**8:00** First Presbyterian Church Trip  
(service at 8:30 a.m.)  
**10:00** **Second Presbyterian Church  
Trip (service at 10:30 a.m.)**  
**10:00** Virtual Catholic Mass - RC1  
**10:15** **NEW: Christ Lutheran Church  
Normal Trip (service at 10:45  
a.m.)**  
**11:15** Holy Communion Distribution  
- RC1  
**2:00** Advent Vespers - 3F SR: With  
Rev. B. Elliott Renfroe, M. Div.  
Chaplain  
**4:15** Vespers - RC1: With Rev. Cheri  
Grizzard, Pontiac Baptist Church

**\*\*NOTE: Please adhere to your as  
signed time.**



May the joy and  
fulfilment of  
Thanksgiving be  
yours today and  
always.

# Tune in to Channel 88 Activities: November 21 - November 27

## **Monday** **November 21**

- 9:30-10** Flexible Fitness  
**10:00** First Presbyterian Service  
**3:00** Chair Yoga  
**3:30** St. John's Service

## **Tuesday** **November 22**

- 9:30-10** Sit and Fit  
**10:30** Catholic Service  
**1:00** PBS - "Breaking Boundaries: The Science of Our Planet" (2021): David Attenborough and scientist Johan Rockström examine Earth's biodiversity collapse and how this crisis can still be averted.  
**2:15** Wesley United Methodist Service  
**3:00** Shadow Boxing

## **Wednesday** **November 23**

- 9:30-10** Flexible Fitness  
**1-1:30** Chair Chi  
**2:00** Broadway Theatre - "Six Characters in Search of a Play" (2019): Sordid Lives creator Del Shores brings to life six one-of-a-kind characters he has met in real life that haven't made it into one of his plays, films or TV shows.  
**6:30** At Home Movie Night - "The Ultimate Gift" (2009, PG): A deceased billionaire leaves his spoiled adult grandson a series of odd tasks to perform in order to receive "the ultimate gift," with the resentful grandson having no idea what that might be.

## **Thursday** **November 24**

- 9-9:30** Chair Dance  
**1-1:30** Hands in Motion  
**2:00** **No Reel Rundown due to the Thanksgiving holiday**  
**7:00** Evening Entertainment: "Western Illinois University (WIU) Fall Coral Concert - Take My Hand": The evening theme centers around community and supporting on another.

## **Friday** **November 25**

- 9:00** Sit and Fit

## **Saturday** **November 26**

- 9-9:30** Sit and Stand  
**7:00** "Smoke Signals" (1998, PG-13): Arnold rescued Thomas from a fire when he was a child. Thomas thinks of Arnold as a hero, while Arnold's son Victor resents his father's alcoholism, violence and abandonment of his family. Presented for Native American Month.

## **Sunday** **November 27**

- 9:00** Live Streaming of Calvary United Methodist Church  
**10:30** Live Streaming of Second Presbyterian Church  
**7:00** "Home Alone" (1990, PG): Kevin, an eight-year-old troublemaker must protect his house from a pair of burglars when he is accidentally left home alone by his family during Christmas vacation.

## **RESIDENT STORE** **HOLIDAY HOURS**

Monday & Tuesday  
 9:00 a.m.- 12:30 p.m. & 1- 3:00 p.m.

Wednesday  
 9:00 a.m. - 12:30 p.m. & 1 - 2:00 p.m.

The store will be closed on **Thursday & Friday** due to the Thanksgiving holiday

Please plan to shop during the week when the store is open.

**AC** - Arts and Crafts

**CR** - Club Room

**F.FP** - Foundation Fountain Park

**F.GW** - Foundation Garden Walk

**RC** - Resident Center

**SC** - Social Center

**WC** - Wellness Center

**2F WL** - 2nd Floor West Lounge

**2F SR** - 2nd Floor Sun Room

# Assisted Living Village Activities From: November 21 - November 27

## Monday November 21

- Magically Mozart, Chamber Orchestra \$ due**
- 8:30 Aqua Jazz at the YMCA Trip**  
**9:00 Musical Monday Morning - 2F SR**  
**10:00 Travel Topics - 1F Bistro**  
**11:30 Exercise - 3F SR**  
**12:00 AL Special Buffet Lunch - 3F DR**

### Special Lunch:

Beef Stew, Corn Bread, Lettuce Salad  
 Apple Crisp Dessert

- 1:00 Bible Study with Chaplain - RC1**  
**2:00 Art Class with Lisa - 3F CR:**  
 "Thanksgiving Pie Banner"  
**3:00 Chair Yoga - WC**  
**2:45-3:45 Lisa's Office Hours - 3F CR**  
**4:00 Blood Pressure Checks - 3F SR**

## Tuesday November 22

- 9:30 Bean Bags - 3F SR**  
**10:30-11:30 Popup Library - 3F SR**  
**11:30 AL Exercise - 3F SR**  
**1:00 Hands in Motion - WC**  
**2:00 AL Resident Meeting and Social - 3F SR**  
**3-5:00 Social Hour - CR**  
**7:00 Forum - RC1, 2 & 3: "Puppetry"**  
 Presented by Paul Unger (Village Resident)

## Wednesday November 23

- 9:30 Short Stories - 3F SR**  
**10:00 Coffee - RC1, 2 & 3: "America's Great Indian Nations Documentary"**  
 Presented for National Native American Heritage Month

- 11:30 Exercise - 3F SR**  
**12:30 - 1:30 Lisa Office Hours - 3F CR**  
**1:00 Balance Class - WC**  
**2:00 Bingo - 3F SR**  
**3:15 Dealing with Change - 2F PD**  
**6:30 Neighborhood Movie Night**  
 With popcorn - Every Lounge:  
 The Ultimate Gift" (2009, PG):



## Thursday November 24

### Happy Thanksgiving!

- 12:00 - 1:00 Thanksgiving Meal served in the 2F & 3F Dining Rooms**  
**3:00 Movie Matinee - RC1 & 2: "Little Women" (2019, PG)**

## Friday November 25

- The Play's the Thing \$ due**  
**8:30-9:30 Lisa Office Hours - 3F CR**  
**9:00 Games - 3F SR: "Bowling"**  
**10:00 Coffee - RC1, 2 & 3: "Van Gogh's Ear"**  
 Presented by PBS  
**10:00 Bible Study with Dave and Molly Kistner - 3F West Lounge**  
**11:30 AL Exercise - 3F SR**  
**1:00 Midday Movie - All welcome!**  
 - AL 1F: "Chicken Run" (2000, G)  
**2:00 Bingo - RC1, 2 & 3 Please bring your cards & markers!**  
**2:00 Bridge Club - 3F CR**  
**3:30 Games - 3F SR: "Memory Sensory Games"**  
**7:00 Movie & Popcorn - RC 1 & 2:**  
 "Planes, Trains, and Automobiles" (1987, R)

## Saturday November 26

- 10:00 Art Club - 3F CR**  
**4:45 Christmas: Past, Present & Future Trip**

- 7:00 Movie & Popcorn - RC 1 & 2:**  
 "Gigi & Nate" (2022, PG -13)

## Sunday November 27

- 800 St. Johns Church Trip**  
 (service at 8:30 a.m.)  
**8:00 First Presbyterian Church Trip**  
 (service at 8:30 a.m.)  
**8:30 Calvary Methodist Church Trip**  
 (service at 9:00 a.m.)  
**8:00 First Presbyterian Church Trip**  
 (service at 8:30 a.m.)  
**10:00 Second Presbyterian Church Trip**  
 (service at 10:30 a.m.)  
**10:00 Virtual Catholic Mass - RC1**  
**10:15 NEW: Christ Lutheran Church Normal Trip**  
 (service at 10:45 a.m.)  
**11:15 Holy Communion Distribution - RC1**  
**2:00 Advent Vespers - 3F SR:**  
 With Rev. B. Elliott Renfroe, M. Div. Chaplain  
**4:15 Vespers - RC1:**  
 With Rev. Cheri Grizzard, Pontiac Baptist Church



May the joy and fulfillment of Thanksgiving be yours today and always.

# Tune in to Channel 88 Activities: November 21 - November 27

## Monday November 21

- 9:30-10** Flexible Fitness  
**10:00** First Presbyterian Service  
**3:00** Chair Yoga  
**3:30** St. John's Service

## Tuesday November 22

- 9:30-10** Sit and Fit  
**10:30** Catholic Service  
**1:00** PBS - "Breaking Boundaries: The Science of Our Planet" (2021): David Attenborough and scientist Johan Rockström examine Earth's biodiversity collapse and how this crisis can still be averted.  
**2:15** Wesley United Methodist Service  
**3:00** Shadow Boxing

## Wednesday November 23

- 9:30-10** Flexible Fitness  
**1-1:30** Chair Chi  
**2:00** Broadway Theatre - "Six Characters in Search of a Play" (2019): Sordid Lives creator Del Shores brings to life six one-of-a-kind characters he has met in real life that haven't made it into one of his plays, films or TV shows.  
**6:30** At Home Movie Night - "The Ultimate Gift" (2009, PG): A deceased billionaire leaves his spoiled adult grandson a series of odd tasks to perform in order to receive "the ultimate gift," with the resentful grandson having no idea what that might be.

## Thursday November 24

- 9-9:30** Chair Dance  
**1-1:30** Hands in Motion  
**2:00** **No Reel Rundown due to the Thanksgiving holiday**  
**7:00** Evening Entertainment: "Western Illinois University (WIU) Fall Coral Concert - Take My Hand": The evening theme centers around community and supporting on another.

## Friday November 25

- 9:00** Sit and Fit

## Saturday November 26

- 9-9:30** Sit and Stand  
**7:00** "Smoke Signals" (1998, PG-13): Arnold rescued Thomas from a fire when he was a child. Thomas thinks of Arnold as a hero, while Arnold's son Victor resents his father's alcoholism, violence and abandonment of his family. Presented for Native American Month.

## Sunday November 27

- 9:00** Live Streaming of Calvary United Methodist Church  
**10:30** Live Streaming of Second Presbyterian Church  
**7:00** "Home Alone" (1990, PG): Kevin, an eight-year-old troublemaker must protect his house from a pair of burglars when he is accidentally left home alone by his family during Christmas vacation.

## RESIDENT STORE HOLIDAY HOURS

Monday & Tuesday  
9:00 a.m.- 12:30 p.m. & 1- 3:00 p.m.

Wednesday  
9:00 a.m. - 12:30 p.m. & 1 - 2:00 p.m.

The store will be closed on **Thursday & Friday** due to the Thanksgiving holiday

Please plan to shop during the week when the store is open.

**AC** - Arts and Crafts

**CR** - Club Room

**F.FP** - Foundation Fountain Park

**F.GW** - Foundation Garden Walk

**RC** - Resident Center

**SC** - Social Center

**WC** - Wellness Center

**2F WL** - 2nd Floor West Lounge

**2F SR** - 2nd Floor Sun Room