

Wj **MARTIN HEALTH CARE ACTIVITIES: November 7th–November 13th** *Wj*

Monday November 7

BEAUTY SHOP DAY
 8:30 Room Visits –1:1’s
 9:00 Resident Huddle
 -5100 South Living Rm
 10:15 Exercise & Current Events
 -5200 North Living Rm
 11:15 Exercise –C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers -5200
 Manicures-5200 East Sitting Rm
 1:00-2:30 Manicures
 5200 Residents Only
 -5200 West Sitting Rm.
 3:00 Bingo– 5100 North Dining Rm.
 3:00 **Dealing w/Change w/Amy**
 - 5100 Family Rm.
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.

Tuesday November 8

ELECTION DAY
BEAUTY SHOP DAY
 9:00 Exercise & Current Events
 -5100 South Living Rm
 10:15 Exercise & Current Events
 -5200 North Living Rm
 11:15 Exercise –C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers-Manicures
 -5100 West Sitting Rooms
 12:45 **Dawson Lake Bus Ride**
 1:00-2:30 Manicures
 5100 Residents Only
 - 5100 West Sitting Rm.
 3:00 Wellness Center/Exercise
 -5100 South Living Rm.

Wednesday November 9

9:00 Exercise & Current Events
 -5100 South Living Rm.
 10:15 Exercise & Current Events
 -5200 North Living Rm.
 11:30 Passing Mail
 1:00 Root beer Floats –All Floors
 2:45 **Chit Chat & Refreshments**
 -5200 North Dining Rm.
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.
 5:00 **Family Connect Meeting**
 -MPR

Thursday November 10

8:30 Room Visits-1:1’s
 9:00 Exercise & Current Events
 -5100 South Living Rm.
 10:00 **Veteran’s Coffee**
 -RC 1 & 2 WMV
 10:15 Exercise & Current Events
 -5200 North Living Rm.
 11:15 Exercise –C/D Dining Rm.
 11:30 Passing Mail
 1:15 **Turkey Baster Relay Game**
 - MPR
 3:00 Wellness Center/Exercise
 -5200 South Living Rm.
 4:00 **Thanksgiving History** (IN2L)
 - 5100 North Dining Rm.

Friday November 11

HAPPY VETERAN’S DAY!
 9:15 Bible Study w/Dave
 -MPR
 10:15 Resident Huddle
 -5200 South Living Rm
 11:30 Passing Mail
 1:00 Popcorn –All Floors

2:30 Bingo– 5100 South Dining Rm.
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.

Saturday November 12

8:30 Room Visits- 1:1’s
 10:00 Manicures A/B & C/D
 Residents Only-C/D Dining Rm.
 11:15 Exercise– C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers Aromatherapy
 -5100 West Sitting Rm.
 1:15 **Turkey Baster Relay Game-**
 -MPR
 3:00 Bingo-5200 South Dining Rm.

Sunday November 13

9:00 Exercise & Devotional w/Burt
 -5100 South Living Rm.
 10:00 **Virtual Catholic Mass –WMV RC1**
 10:15 Exercise & Devotional w/Burt
 -5200 North Living Rm.
 11:15 Exercise - C/D Dining Rm.
 12:30 Memory Makers Aromatherapy
 -5200 West Sitting Rm.
 1:15 **Bridge Club– 5200 Family Room**
 2:00 Sundae’s Sunday’s – All Floors
 3:30 Vespers– MPR Room

Monday November 7

9:30 Flexible Fitness
 10:00 First Presbyterian Service
 3:00 Chair Yoga
 3:30 St. John's Service

Tuesday November 8

9:30 Sit and Fit
 10:30 Catholic Service
 1:00 PBS: "Ken Burns: "The Gene, An Intimate History"
 2:15 Wesley United Methodist Service
 3:00 Shadow Boxing

Wednesday November 9

9:30 Flexible Fitness
 1:00 Chair Chi
 2:00 Broadway Theatre: "Monty Python's Not the Messiah" (2010)

Thursday November 10

9:00 Chair Dance
 1:00 Hands in Motion
 2:00 Reel Rundown: "After shock Everest and the Nepal Earthquake: Wrong Place Wrong Time"
 7:00 Evening Entertainment: "BCUSA New South Gospel"

Friday November 11

9:00 Sit and Fit

Saturday November 12

9:00 Chair Dance
 7:00 Saturday Movie "A River Runs Through It" (1992,PG)

Sunday November 13

9:00 Live Streaming of Calvary United Methodist Church Service
 10:30 Live Streaming of 2nd Presbyterian Church
 7:00 Sunday Night Movie "My Girl" (1991, PG-13)

HAPPY BIRTHDAY!

*** Check Channel 3 for Movie descriptions **

FLORENCE RYAN 11/13

