



# MARTIN HEALTH CARE ACTIVITIES: August 8th – August 14th



## Monday August 8

### BEAUTY SHOP DAY

8:30 Room Visits-1:1's  
 9:00 Outside  
 Exercise & Current Events  
 -5100 Center Court Yard  
 10:15 Outside  
 Exercise & Current Events  
 -5200 East Balcony  
 11:15 Exercise– C/D Dining Rm.  
 11:30 Passing Mail  
 12:30 Memory Makers -5200  
 Manicures-5200 East Sitting Rm  
 1:00-2:30 Manicures  
 5200 Residents Only  
 –5200 West Sitting Rm.  
 3:00 Bingo-5100 North Dining Rm.  
 3:00 Bean Bags  
 -5200 South Living Rm.  
 4:00 Bird Aviary Cleaning  
 -5100 East Sitting Rm.

## Tuesday August 9

### BEAUTY SHOP DAY

9:00 Outside Exercise & Current  
 Events -5100 Center Court Yard  
 10:00 Going Shopping at The Boutique  
-WMV Basement  
 11:15 Exercise– C/D Dining Rm.  
 11:30 Passing Mail  
 12:30 Memory Makers-Manicures  
 -5100 West Sitting Rooms  
 1:00-2:30 Manicures  
 5100 Residents Only  
 -5100 West Sitting Rm.  
 3:00 Bean Bags–5200 N. Living Rm.  
 3:00 Wellness w/Leah  
 -5100 North Living Rm.  
 4:00 Exercise & Current Events  
 -5200 South Living Rm

## Wednesday August 10

9:00 Outside  
 Resident Huddle  
 -5100 Center Court Yard  
 10:15 Outside  
 Resident Huddle  
 -5200 East Balcony  
 11:30 Passing Mail  
1:00 Going Shopping at The Boutique  
-WMV Basement  
 4:00 Bird Aviary Cleaning  
 -5100 East Sitting Rm.

## Thursday August 11

8:30 Room Visits-1:1's  
 9:00 Outside  
 Exercise & Current Events  
 -5100 Center Court Yard  
9:30 Veterans Coffee: Flightless Honor  
Flight Guest Speaker Verna Caho  
-RC 1 & 2 & 3  
 10:15 Outside  
 Exercise & Current Events  
 -5200 East Balcony  
 11:15 Exercise –C/D Dining Rm  
 11:30 Passing Mail  
 1:00 Big Bowling Game  
 -5100 North Living Rm.  
 3:00 Wellness w/Leah  
 -5200 South Living Rm.  
 4:00 Summer Trivia  
 -5200 South Living Rm.

## Friday August 12

9:15 Bible Study w/Dave & Molly  
Kistner– 5100 Family Room  
 10:15 Exercise & Current Events  
 -5200 South Living Rm.  
 11:15 Exercise– C/D Dining Rm.  
 11:30 Passing Mail  
 1:00 Popcorn– All Floors

3:00 Bingo-5100 South Dining Rm.  
 4:15 Bird Aviary Cleaning  
 -5100 East Sitting Rm.

## Saturday August 13

8:30 Room Visits- 1:1's  
 10:00 Manicures A/B & C/D  
 Residents Only-C/D Dining Rm.  
 11:15 Exercise– C/D Dining Rm.  
 11:30 Passing Mail  
 12:30 Memory Makers Aromatherapy  
 -5100 West Sitting Rm.  
1:30 Denny Mallory Performance  
-MPR  
 3:00 Bingo-MPR

## Sunday August 14

9:00 Outside  
 Exercise & Devotional  
 -5100 South Dining Rm.  
10:00 Virtual Catholic Mass –WMV RC1  
 10:15 Outside  
 Exercise & Devotional  
 -5200 South Dining Rm  
 11:15 Exercise - C/D Dining Rm.  
 12:30 Memory Makers Aromatherapy  
 -5200 West Sitting Rm.  
1:15 Bridge Club– 5200 Family Room  
 2:00 Sundae's Sunday's – All Floors  
 3:30 Vespers– MPR Room

Weather Permitting: We will go outside on nice days! If, outside is scheduled and weather is not good we will have a different activity to do in place of going outside!  
 \*\*\*PLEASE WEAR YOUR MASK TO ALL ACTIVITIES! Thank you!



**TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: August 8th-August 14th**

**Monday August 8**

9:30 Flexible Fitness  
 10:00 First Presbyterian Service  
 3:00 Chair Yoga  
 3:30 St. John's Service

**Tuesday August 9**

9:30 Sit and Fit  
 10:30 Catholic Service  
 1:00 PBS DVD  
 Ken Burns America Collection:  
 "The Congress"  
 2:15 Wesley United Methodist  
 Service  
 3:00 Shadow Boxing

**Wednesday August 10**

9:30 Flexible Fitness  
 1:00 Chair Chi  
 2:00 Broadway Theatre:  
 "Fiddler: A Miracle of  
 Miracles"  
 (2019)  
 4:00 All Resident Meeting

**Thursday August 11**

9:00 Chair Dance  
 10:00 All Resident Meeting  
 1:00 Hands in Motion  
 2:00 Reel Rundown:  
 "Dream House Makeover"  
 3:00 All Resident Meeting  
 7:00 Entertainment:  
 Soft Spoken at the BCPA  
 Summer Virtual Concert  
 Series 2020

**Friday August 12**

9:00 Sit and Fit  
 10:00 All Resident Meeting  
 3:00 All Resident Meeting

**Saturday August 13**

9:00 Flexible Fitness  
 7:00 Saturday Movie  
 "Gravity"  
 (2013, PG13)

**Sunday August 14**

9:00 Live Streaming of  
 Calvary United Methodist  
 Church Service  
 10:30 Live Streaming of  
 2nd Presbyterian  
 Church  
 7:00 "High Noon" (1952,NR)

\*\*\* Check Channel 3 for  
 Movie descriptions \*\*

**HAPPY BIRTHDAY!**

**Dotti Fanning 8/8**

