

MARTIN HEALTH CARE ACTIVITIES: August 22nd—August 28th

Monday August 22

BEAUTY SHOP DAY

8:30 Room Visits-1:1's
 9:00 Exercise & Current Events
 -5100 South Living Rm
 10:00 Exercise & Current Events
 -5200 South Living Rm
 11:15 Exercise- C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers -5200
 Manicures-5200 East Sitting Rm
 1:00-2:30 Manicures
 5200 Residents Only
 -5200 West Sitting Rm.
 3:00 Bingo-5100 North Dining Rm.
 3:00 Outside on the Balcony
 Reminiscing about Family
 -5200 West Balcony
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.

Tuesday August 23

BEAUTY SHOP DAY

8:45 Exercise & Current Events
 -5100 North Living Rm
 10:15 Exercise & Current Events
 -5200 North Living Rm
 11:15 Exercise- C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers-Manicures
 -5100 West Sitting Rooms
 1:30 **McLean County History
 Museum-MPR**
 2:15 Manicures
 5100 Residents Only
 -5100 West Sitting Rm.
 3:00 Wellness w/Leah
 -5100 North Living Rm.

Wednesday August 24

10:15 Resident Council _MPR
 11:30 Passing Mail
 1:00 Root beer Floats –All Floors
 2:45 **Chit Chat & Refreshments
 —5200 Balcony**
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.
 5:00 **Family Connect Meeting
 -MPR**

Thursday August 25

8:30 Room Visits-1:1's
 9:00 Exercise & Current Events
 -5100 South Living Rm
 10:15 Exercise & Current Events
 -5200 South Living Rm
 11:00 **Foundation Park Cook Out
 For 5100 Residents Only**
 11:30 Passing Mail
 1:30 Bean Bags
 -5100 South Living Rm
 3:00 Wellness w/Leah
 -5200 South Living Rm.
 4:00 **Baking Buddies w/Amelia
 -5200 South Living Rm.**

Friday August 26

9:15 **Bible Study w/Dave & Molly
 Kistner- 5100 Family Room**
 10:15 Exercise & Current Events
 -5200 North Living Rm
 11:30 Passing Mail
 12:20 **Healing Rides**
 1:00 Popcorn –All Floors
 2:00 Bingo-MPR
 3:30 **“Songs & Smiles w/Eric”
 Sing A Long Show- MPR**
 4:30 Bird Aviary Cleaning
 -5100 East Sitting Rm.

Saturday August 27

8:30 Room Visits- 1:1's
 10:00 Manicures A/B & C/D
 Residents Only-C/D Dining Rm.
 11:15 Exercise- C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers Aromatherapy
 -5100 West Sitting Rm.
 1:15 Sing A Long w/Mary (IN2L)
 -5200 West Balcony
 3:00 Bingo-5200 North Dining Rm

Sunday August 28

9:00 Outside
 Exercise & Devotional
 -5100 South Dining Rm.
 10:00 **Virtual Catholic Mass –WMV RC1**
 10:15 Outside
 Exercise & Devotional
 -5200 South Dining Rm
 11:15 Exercise - C/D Dining Rm.
 12:30 Memory Makers Aromatherapy
 -5200 West Sitting Rm.
 1:15 **Bridge Club- 5200 Family Room**
 2:00 Sundae's Sunday's – All Floors
 3:30 Vespers- MPR Room

Weather Permitting: We will go outside on nice days! If, outside is scheduled and weather is not good we will have a different activity to do in place of going outside! *PLEASE WEAR YOUR MASK TO ALL ACTIVITIES! Thank you!**



TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: August 22nd-August 28th

Monday August 22

9:30 Flexible Fitness
 10:00 First Presbyterian Service
 3:00 Chair Yoga
 3:30 St. John's Service

Tuesday August 23

9:30 Sit and Fit
 10:30 Catholic Service
 1:00 PBS DVD
 "Our Great National Parks
 - Chilean Patagonia"
 2:15 Wesley United Methodist
 Service
 3:00 Shadow Boxing

Wednesday August 24

9:30 Flexible Fitness
 1:00 Chair Chi
 2:00 Broadway Theatre:
 "Sweet Charity" (1969)
 w/Shirley MacLaine
 6:30 At Home Movie Night:
 "Destry Rides Again"

Thursday August 25

9:00 Chair Dance
 1:00 Hands in Motion
 2:00 Reel Rundown:
 "Baking Impossible"
 7:00 Entertainment:
 Battle of Swing—
 Benny Goodman
 Vs. Glenn Miller

Friday August 26

9:00 Sit and Fit

Saturday August 27

9:00 Chair Yoga
 7:00 Saturday Movie
 "On the Basis of Sex"
 (2018,PG-13)
 Women's Equality

Sunday August 28

9:00 Live Streaming of
 Calvary United Methodist
 Church Service
 10:30 Live Streaming of
 2nd Presbyterian
 Church
 7:00 Sunday Night Movie
 "Licorice Pizza"

*** Check Channel 3 for
 Movie descriptions **

HAPPY BIRTHDAY!

Pauline Allen

8/26

