

MARTIN HEALTH CARE ACTIVITIES: August 22nd—August 28th

Monday August 22

BEAUTY SHOP DAY

8:30 Room Visits-1:1's
 9:00 Outside
 Exercise & Current Events
 -5100 Center Court Yard
 10:00 Outside
 Exercise & Current Events
 -5200 East Balcony
 11:15 Exercise— C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers -5200
 Manicures-5200 East Sitting Rm
 1:00-2:30 Manicures
 5200 Residents Only
 -5200 West Sitting Rm.
 3:00 Bingo-5100 North Dining Rm.
 3:00 Bean Bags
 -5200 South Living Rm.
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.

Tuesday August 23

BEAUTY SHOP DAY

8:45 Outside
 Exercise & Current Events
 -5100 Center Court Yard
 10:15 Outside
 Exercise & Current Events
 -5200 East Balcony
 11:15 Exercise— C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers-Manicures
 -5100 West Sitting Rooms
 1:30 Mclean County History
 Museum-MPR
 2:15 Manicures
 5100 Residents Only
 -5100 West Sitting Rm.
 3:00 Wellness w/Leah

-5100 North Living Rm.

Wednesday August 24

9:00 Outside
 Exercise & Current Events
 -5100 Center Court Yard
 10:15 Outside
 Exercise & Current Events
 -5200 East Balcony
 11:15 Exercise—C/D Dining Rm.
 11:30 Passing Mail
 1:00 Root beer Floats –All Floors
 2:45 Chit Chat & Refreshments
 —5200 Balcony
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.
 5:00 Family Connect Meeting
 -MPR

Thursday August 25

8:30 Room Visits-1:1's
 9:00 Outside
 Exercise & Current Events
 -5100 Center Court Yard
 10:15 Outside
 Exercise & Current Events
 -5200 East Balcony
 11:15 Foundation Park Cook Out
 For 5100 Residents
 11:30 Passing Mail
 1:00 Traveling too.....your choice (IN2L)
 -5100 North Living Rm.
 3:00 Wellness w/Leah
 -5200 South Living Rm.
 4:00 Baking Buddies w/Amelia
 -5200 South Living Rm.

Friday August 26

9:15 Bible Study w/Dave & Molly
 Kistner— 5100 Family Room
 10:00 Resident Huddle
 -5200 East Balcony

11:30 Passing Mail
 12:20 Healing Rides
 1:00 Popcorn –All Floors
 2:30 Bingo-MPR
 3:30 "Songs & Smiles w/Eric"
 Sing A Long Show— MPR
 4:15 Bird Aviary Cleaning
 -5100 East Sitting Rm.

Saturday August 27

8:30 Room Visits- 1:1's
 10:00 Manicures A/B & C/D
 Residents Only-C/D Dining Rm.
 11:15 Exercise— C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers Aromatherapy
 -5100 West Sitting Rm.
 1:15 Traveling too...your choice (IN2L)
 -5200 North Living Rm.
 3:00 Bingo-5200 North Dining Rm

Sunday August 28

9:00 Outside
 Exercise & Devotional
 -5100 South Dining Rm.
 10:00 Virtual Catholic Mass –WMV RC1
 10:15 Outside
 Exercise & Devotional
 -5200 South Dining Rm
 11:15 Exercise - C/D Dining Rm.
 12:30 Memory Makers Aromatherapy
 -5200 West Sitting Rm.
 1:15 Bridge Club— 5200 Family Room
 2:00 Sundae's Sunday's – All Floors
 3:30 Vespers— MPR Room

Weather Permitting: We will go outside on nice days! If, outside is scheduled and weather is not good we will have a different activity to do in place of going outside!
 ***PLEASE WEAR YOUR MASK TO ALL



TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: August 22nd-August 28th

Monday August 22

9:30 Flexible Fitness
 10:00 First Presbyterian Service
 3:00 Chair Yoga
 3:30 St. John's Service

Tuesday August 23

9:30 Sit and Fit
 10:30 Catholic Service
 1:00 PBS DVD
 Ken Burns: "Empire of the Air"
 2:15 Wesley United Methodist
 Service
 3:00 Shadow Boxing

Wednesday August 24

9:30 Flexible Fitness
 1:00 Chair Chi
 2:00 Broadway Theatre:
 "Fiddler: A Miracle of
 Miracles"

Thursday August 25

9:00 Chair Dance
 1:00 Hands in Motion
 2:00 Reel Rundown:
 "Won't you be my
 Neighbor?"
 7:00 Entertainment:
 National Youth Orchestra
 Of the United States of
 America Performs
 Tchaikovsky's
 Symphony No. 6 in B Minor,
 Op. 74, "Pathetique"

Friday August 26

9:00 Sit and Fit

Saturday August 27

9:00 Flexible Fitness
 7:00 Saturday Movie
 "The Bucket List"

Sunday August 28

9:00 Live Streaming of
 Calvary United Methodist
 Church Service
 10:30 Live Streaming of
 2nd Presbyterian
 Church
 7:00 "Drive My Car"

*** Check Channel 3 for
 Movie descriptions **

HAPPY BIRTHDAY!

Pauline Allen 8/26

