



# MARTIN HEALTH CARE ACTIVITIES: July 18th—July 24th



## Monday July 18

### BEAUTY SHOP DAY

8:30 Room Visits-1:1's  
 9:00 Outside  
 Exercise & Current Events  
 -5100 Center Court Yard  
 10:00 Outside  
 Exercise & Current Events  
 -5200 East Balcony  
 11:15 Exercise— C/D Dining Rm.  
 11:30 Passing Mail  
 12:30 Memory Makers -5200  
 Manicures-5200 West Sitting Rm  
 1:00-2:30 Manicures  
 5200 Residents Only  
 -5200 West Sitting Rm.  
 1:30 **Low Vision Support Group**  
**w/Kim - MPR Room**  
 3:00 Bingo-5100 North Dining Rm.  
 -5100 South Living Rm  
 3:00 Conversation Starters  
 -5200 South Living Rm.  
 4:00 Bird Aviary Cleaning  
 -5100 East Sitting Rm.

## Tuesday July 19

### BEAUTY SHOP DAY

9:00 Outside  
 Exercise & Current Events  
 -5100 Center Court Yard  
 10:15 Outside  
 Exercise & Current Events  
 -5200 East Balcony  
 11:15 Exercise— C/D Dining Rm.  
 11:30 Passing Mail  
 12:15 **July Birthday Luncheon**  
**- The Hearth WMV**  
 12:30 Memory Makers-Manicures  
 -5100 West Sitting Rooms  
 12:45 **Route 66 Bus Ride**

1:00-2:30 Manicures  
 5100 Residents Only  
 -5100 East Sitting Rm.  
 2:30 **Memory Makers Listening to**  
**Maria on the Piano**  
**-5200 Family Room**  
 3:00 Name the State Trivia 2 (IN2L)  
 -5200 South Living Rm

## Wednesday July 20

9:00 Outside  
 Exercise & Current Events  
 -5100 Center Court Yard  
 10:15 Outside  
 Exercise & Current Events  
 -5200 East Balcony  
 11:30 Passing Mail  
 1:00 Root beer Floats —All Floors  
 2:45 **Social Hour & Refreshments**  
**- 5200 North Living Rm.**  
 4:00 Bird Aviary Cleaning  
 -5100 East Sitting Rm.  
 7:00 **Community Players Singers**  
**-Social Center WMV**

## Thursday July 21

8:30 Room Visits-1:1's  
 9:00 Outside Exercise & Current Events  
 - 5100 Center Court Yard  
 10:15 Outside  
 Exercise & Current Events  
 - 5200 East Balcony  
 11:15 Exercise-C/D Dining Rm.  
 11:30 Passing Mail  
 1:00 Traveling too...You name it (IN2L)  
 5200 N. Living Rm.  
 3:00 Parachute Fun W/Balls  
 -5100 North Living Rm.  
 4:00 **Nutrition Presentation w/Amelia**  
**— 5100 North Living Rm**  
 6:15 **Franklin Park Concert Trip**

## Friday July 22

9:15 Bible Study w/Dave & Molly  
 Kistner— 5100 Family Room  
 10:15 Resident Huddle  
 -5200 East Balcony  
 11:30 Passing Mail  
 1:00 Popcorn —All Floors  
 2:30 **Memory Makers listening to**  
**Maria on the Piano**  
**- 5100 Family Room**  
 3:00 Bingo-5100 South Dining Rm.  
 4:15 Bird Aviary Cleaning  
 -5100 East Sitting Rm.

## Saturday July 23

8:30 Room Visits- 1:1's  
 10:00 Manicures A/B & C/D  
 Residents Only-C/D Dining Rm.  
 11:15 Exercise— C/D Dining Rm.  
 11:30 Passing Mail  
 12:30 Memory Makers Aromatherapy  
 -5100 West Sitting Rm.  
 1:15 Parachute Fun w/balls  
 -5100 South Living Rm.  
 3:00 Bingo-5200 North Dining Rm.

## Sunday July 24

9:00 Outside  
 Exercise & Devotional  
 -5100 South Dining Rm.  
 10:00 **Virtual Catholic Mass —WMV RC1**  
 10:15 Outside  
 Exercise & Devotional  
 -5200 South Dining Rm  
 11:15 Exercise - C/D Dining Rm.  
 12:30 Memory Makers Aromatherapy  
 -5200 West Sitting Rm.  
 1:15 **Bridge Club— 5100 Family Room**  
 2:00 Sundae's Sunday's — All Floors  
 3:30 Vespers— MPR Room



**TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: July 18th-July 24th**



**Monday July 18**

9:30 Flexible Fitness  
 10:00 First Presbyterian Service  
 3:00 Chair Yoga  
 3:30 St. John's Service

**Tuesday July 19**

9:30 Sit and Fit  
 10:30 Catholic Service  
 1:00 PBS: The Great Muslim American Road Trip: A couple travels Across the country on Route 66  
 2:15 Wesley United Methodist Service  
 3:00 Shadow Boxing

**Wednesday July 20**

9:30 Flexible Fitness  
 1:00 Chair Chi  
 2:00 Broadway Theatre: "Peter Pan" (2010)

**Thursday July 21**

9:00 Chair Dance  
 1:00 Hands in Motion  
 2:00 Reel Rundown: "Wild Babies: Big Families"  
 7:00 Entertainment: "The Concert Choir of Georgetown University-Millennium Stage"

**Friday July 22 Sunday July 24**

9:00 Sit and Fit

9:00 Live Streaming of Calvary United Methodist Church Service

**Saturday July 23**

9:00 Hands in Motion  
 7:00 Saturday Movie "French Kiss" (1995, PG13)

10:30 Live Streaming of 2nd Presbyterian Church

7:00 Sunday Evening Movie: The English Patient (1996, PG 13)

\*\*\* Check Channel 3 for Movie descriptions \*\*

**HAPPY 100th BIRTHDAY  
 Marion Stoops! 7/21**

