



# MARTIN HEALTH CARE ACTIVITIES: July 11th—July 17th

## Monday July 11

### BEAUTY SHOP DAY

- 8:30 Room Visits-1:1's
- 9:00 Outside  
Exercise & Current Events  
-5100 Center Court Yard
- 10:00 Outside  
Exercise & Current Events  
-5200 East Balcony
- 11:15 Exercise— C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers -5200  
Manicures-5200 West Sitting Rm
- 1:00-2:30 Manicures  
5200 Residents Only  
-5200 West Sitting Rm.
- 3:00 Bingo-5100 North Dining Rm.  
-5100 Center Court Yard
- 3:00 Conversation Starters  
-5200 South Living Rm.
- 4:00 Bird Aviary Cleaning  
-5100 East Sitting Rm.

## Tuesday July 12

### BEAUTY SHOP DAY

- 9:00 Outside  
Exercise & Current Events  
-5100 Center Court Yard
- 10:15 Outside  
Exercise & Current Events  
-5200 East Balcony
- 11:15 Exercise— C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers-Manicures  
-5100 West Sitting Rooms
- 12:45 Funks Grove Bus Ride
- 1:00-2:30 Manicures  
5100 Residents Only  
-5100 East Sitting Rm.
- 3:00 Wellness w/Leah

-5100 South Living Rm

## Wednesday July 13

- 9:00 Outside  
Resident Huddle  
-5100 Center Court Yard
- 10:15 Outside  
Resident Huddle  
-5200 East Balcony
- 11:30 Passing Mail
- 1:00 Root beer Floats —All Floors
- 2:45 Social Hour & Refreshments  
—5200 Balcony
- 4:00 Bird Aviary Cleaning  
-5100 East Sitting Rm.

## Thursday July 14

- 8:30 Room Visits-1:1's
- 9:00 Outside  
Exercise & Current Events  
- 5100 Center Court Yard
- 10:00 Veterans Coffee  
-RC1 WMV
- 10:15 Outside  
Exercise & Current Events  
- 5200 East Balcony
- 11:15 Exercise-C/D Dining Rm.
- 11:30 Passing Mail
- 1:00 Traveling too...your Choice(IN2L)  
-5200 South Living Rm.
- 2:00 Tony Patton Retirement  
Party -WMV Social Center
- 3:00 Wellness w/Leah  
-5200 South Living Rm.
- 7:00 Silver Chords Concert-  
WMV Social Center

## Friday July 15

- 9:15 Bible Study w/Dave & Molly  
Kistner— 5100 Family Room
- 10:15 Outside

- Exercise & Current Events  
-5200 East Balcony
- 11:15 Exercise— C/D Dining Rm.
- 11:30 Passing Mail
- 12:20 Healing Rides Trip— RSVP only!
- 1:15 Bingo-5100 South Dining Rm.
- 2:30 Bird Aviary Cleaning  
-5100 East Sitting Rm.

## Saturday July 16

- 8:30 Room Visits- 1:1's
- 10:00 Manicures A/B & C/D  
Residents Only-C/D Dining Rm.
- 11:15 Exercise— C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers Aromatherapy  
-5100 West Sitting Rm.
- 1:15 Traveling to.....your Choice(iN2L)  
-5100 South Living Rm.
- 3:00 Bingo-5200 North Dining Rm.

## Sunday July 17

- 9:00 Outside  
Exercise & Devotional  
-5100 South Dining Rm.
- 10:00 Virtual Catholic Mass —WMV RC1
- 10:15 Outside  
Exercise & Devotional  
-5200 South Dining Rm
- 11:15 Exercise - C/D Dining Rm.
- 12:30 Memory Makers Aromatherapy  
-5200 West Sitting Rm.
- 1:15 Bridge Club— 5100 Family Room
- 2:00 Sundae's Sunday's — All Floors
- 3:30 Vespers— MPR Room

Weather Permitting: We will go outside on nice days! If, outside is scheduled and weather is not good we will have a different activity to do in place of going outside!  
\*\*\*PLEASE WEAR YOUR MASK TO ALL



**TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: July 11th-July 17th**



**Monday July 11**

9:30 Flexible Fitness  
 10:00 First Presbyterian Service  
 3:00 Chair Yoga  
 3:30 St. John's Service

**Tuesday July 12**

9:30 Sit and Fit  
 10:30 Catholic Service  
 1:00 PBS: Ken Burns American Lives:  
 Mark Twain (Part 2)  
 2:15 Wesley United Methodist  
 Service  
 3:00 Shadow Boxing

**Wednesday July 13**

9:30 Flexible Fitness  
 1:00 Chair Chi  
 2:00 Broadway Theatre:  
 "Brokeback Mountain:  
 The Opera"  
 (2015)

**Thursday July 14**

9:00 Chair Dance  
 1:00 Hands in Motion  
 2:00 Reel Rundown:  
 "Baking Impossible:  
 Fore! The Love of Mini Golf"  
 7:00 Entertainment:  
 "Illinois Symphony Orchestra:  
 Around the Town Chamber  
 Festival Concert"

**Friday July 15 Sunday July 17**

9:00 Sit and Fit

**Saturday July 16**

9:00 Shadow Boxing  
 7:00 Saturday Movie  
 "National Treasure: Book of  
 Secrets"  
 (1957, PG)

9:00 Live Streaming of  
 Calvary United Methodist  
 Church Service  
 10:30 Live Streaming of  
 2nd Presbyterian  
 Church

**HAPPY BIRTHDAY!**

**JANET METZ 7/13**

\*\*\* Check Channel 3 for  
 Movie descriptions \*\*

