

INDEPENDENT LIVING VILLAGE ACTIVITIES FROM: June 6 - June 12

Monday June 6

Wear Purple for Alzheimer's & Brain Awareness!

- 9:00 Flexible Fitness - RC2 & 3
- 10:00 Bean Bags - RC1
- 10:00 Cardio Drumming - WC
- 10:30 **TJ Maxx & Lunch Trip**
- 11:00 Balance Class - WC
- 1:00 Bible Study - RC1
- 1:00 Mahjong - CR
- 1:30 **Sundae Monday - Landing Patio**
- 2:00 Current Events - RC3
- 3:00 Bingo - RC 1, 2 & 3 Please bring your cards & markers!

Tuesday June 7

- 9:00 Sit, Stand & Move - RC2 & 3
- 10:00 Entertainment Committee - RC1
- 11:00 Beautification Committee - RC2
- 1:00 Hands in Motion-WC
- 2:00 Bunco Buddies - RC2
- 2:00 Dealing with Loss - RC3
- 2:00 Advanced Cardio - WC
- 3-5:00 Social Hour - CR
- 6:30 "Planet Earth" video - 1F Theater *All are welcome!*
- 7:00 Forum: Teacher Education Is Not What It Use to Be - RC1, 2 & 3

Wednesday June 8

- 8:00 **Miller Park Zoo Trip**
- 9:00 Flexible Fitness - RC2 & 3
- 10:00 Coffee: The Importance of Fiber with by Pauline Wrocenski - RC 1 & 2
- 11:00 Advanced Balance Class - WC
- 1:00 Art Studio
- 2:00 Bible Study: David Eaton - RMR
- 2:30 **Conversation Circles - RC 1 & 2**
- 3:00 Needlework Group - RMR

5:30 **Kyle Yap: Uptown Circle Concert Trip**

6:30 **Nostalgic Movie Night "Some Like It Hot" (1959, PG)**



Thursday June 9

- Grocery Shopping Trip Day**
- 9:15 **Garden Club Trip**
- 10:00 Cardio Drumming - WC
- 10:00 IL Short Story - CR
- 10:00 Veterans Coffee - RC 1 & 2
- 1:00 Lois Jett - Color Mixing #3 - AC
- 1:00 Hands in Motion - WC
- 2:00 Silver Chords Practice - RC1
- 3-5:00 Social Hour - CR
- 3:45-4:00 Tech Help - SC
- 7:00 **New Day Ringers - SC**

Friday June 10

- Grease \$ due today**
- 9:00 Sit, Stand & Move - RC2 & 3
- 10:00 Coffee: "Cruising the Mediterranean" with Rick Steves - RC 1 & 2
- 11:00 Advanced Balance - WC
- 1:00 Midday Movie - *All are welcome!*
AL 1st Floor Theater - "Bessie" (2015, TVMA)
- 1:00 Balance Class - WC
- 2:00 Bingo - RC 1, 2 & 3



Please bring your cards & markers!

3:30 **Afternoon Drive Trip**
7:00 Movie & Popcorn - RC 1, 2 & 3
"Dances with Wolves"
(1990, PG-13) Resident Requested

Saturday June 11

- 10:00 Arts and Crafts Class
- 10:45 **Pride Pop-up Market Trip**
- 1:00 Open Studio Time - AC
- 7:00 Movie & Popcorn - RC 1, 2 & 3
"Doctor Strange"
(2016, PG-13) Resident Requested

Sunday June 12

- 8:30 Calvary Methodist Church Trip (service at 9:00 am)
- 9:15 First Presbyterian Church Trip (service at 10:00 am)
- 10:00 2nd Presbyterian Church Trip (service at 10:30am)
- 10:00 Virtual Catholic Mass - RC1
- 11:15 Holy Communion - RC1
Distribution - RC1
- 2:00 AL Vespers - 3F Sunroom
- 4:15 Vespers - RC1
- 6:45 **The Complete Works of William Shakespeare Trip**

AC - Arts and Crafts
CR - Club Room
FP - Fountain Park
RC1, 2, & 3 - Resident Centers 1, 2, & 3
RMR - Resident Meeting Room
SC - Social Center
WC - Wellness Center
Special Events
Live Entertainment
Special Trips

TUNE IN TO CHANNEL 88 ACTIVITIES: June 6 - June 12

Monday June 6

- 9:30-10 Flexible Fitness
- 10:00 First Presbyterian Service
- 1:00 Elliott's Bible Study
- 3:00 Chair Yoga
- 3:30 St. John's Service

Tuesday June 7

- 9:30-10 Sit and Fit
- 10:30 Catholic Service
- 1:00 PBS: Ken Burns: The West - Fight No More Forever
- 2:00 Wesley United Methodist Service
- 3:00 Shadow Boxing

Wednesday June 8

- 9:30-10 Flexible Fitness
- 1-1:30 Chair Chi
- 2:00 Broadway Theatre: "Camelot" Starring Richard Harris (1982)

Thursday June 9

- 9-9:30 Chair Dance
- 1-1:30 Hands in Motion
- 2:00 Reel Rundown: "Oscar Peterson Black + White"
- 7:00 Entertainment: "Benny Goodman Septet Live At The North Sea Jazz Festival"

Friday June 10

- 9:00 Sit and Fit
- 1:00 Movie: "Still Alice" (2014, Pg-13) In recognition of Alzheimer's and Brain Awareness Month

Saturday June 11

- 9-9:30 Chair Chi
- 7:00 Movie: "Flags Of Our Fathers" (2006, R) In recognition of Flag Day, June 14

Sunday June 12

- 9:00 Live Streaming of Calvary United Methodist Church
- 10:30 Live Streaming of Second Presbyterian Church
- 7:00 Sunday Evening Classic: "Dog" (2022, PG-13) Resident Requested



Conversation Circles

Want some hopeful conversations? Come join us!

Date: Wednesday, June 8

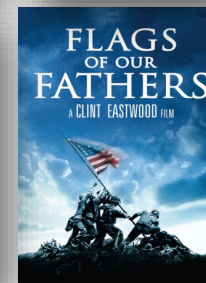
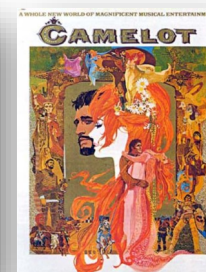
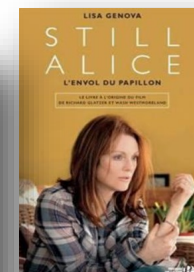
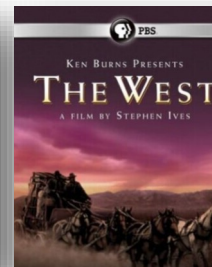
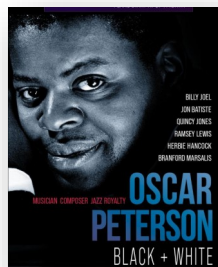
Time: 2:30 p.m. - 3:30 p.m.

Location: RC 1 & 2

Topic: "Choosing Hope or Mope!"

How do we find hope during these divisive times, rather than moping around about bad news?

Included will be a skit, a short video, and table sharing about what brings you hope and how to foster hopeful conversations with others.



Movies & Documentaries

ASSISTED LIVING VILLAGE ACTIVITIES FROM: June 6 - June 12

Monday June 6

Wear Purple for Alzheimer's & Brain Awareness!

- 9:00 Flexible Fitness - RC2 & 3
- 9:00 Musical Monday Morning - 2F SR
- 10:00 Cardio Drumming - WC
- 10:00 Neighborhood Coffee Hour - 1,2,3 East Lounges
- 10:30 **TJ Maxx & Lunch Trip**
- 11:00 Balance Class - WC
- 11:30 Exercise - 3F SR
- 1:00 Bible Study Chaplain Elliott - RC1
- 1:30 **"Sunshine Bells" music Performance - 3F SR**
- 2:00 Current Events - RC3
- 2:30 **Sundae Monday - 1F Bistro**
- 2:45-3:45 Lisa's Office Hours - 3F CR
- *3:00 Arts and Crafts - Painting Birdhouses with Shelby - 3F CR
- *Change to 3:00 p.m. due to music event and ice cream Sundaes.
- 4:00 Blood Pressure Checks - 3F SR

Tuesday June 7

- 9:30 Bean Bags - 3F SR
- 11:30 Exercise - 3F SR
- 1:30 Baking Buddies - 1F Bistro
- 2:00 Bunco Buddies - RC3
- 3-5:00 Social Hour - CR
- 6:30 "Planet Earth" video - 1F Theater
- 7:00 Forum: Teacher Education Is Not What It Use to Be - RC1, 2 & 3

Wednesday June 8

- 8:00 **Miller Park Zoo Trip**
- 9:30 AL Short Stories - 3F SR
- 10:00 Coffee: The Importance of Fiber with by Pauline Wrocenski - RC 1 & 2
- 11:30 AL Exercise - 3F Sunroom

12:30-1:30 Lisa Office Hours - 3F CR

- 2:00 Bingo - 3F SR
- 2:30 **Conversation Circles - RC 1 & 2**
- 3:00 Needlework Group - RMR
- 3:30 Group Piano Lessons - 3F SR
- 5:30 **Kyle Yap: Uptown Circle Concert Trip**
- 6:30 **Nostalgic Movie Night "Some Like It Hot" (1959, PG)**



Thursday June 9

Grocery Shopping Trip Day

- 9:15 **Garden Club Trip**
- 9:00 Morning Walking Group - FP
- 10:00 Cardio Drumming - WC
- 11:30 AL Exercise - 3F SR
- 1:00 Hands in Motion - WC
- 2:00 Silver Chords Practice - RC1
- 3:00 AL Current Events - 1F East Lounge
- 3-5:00 Social Hour - CR
- 4:00 Blood Pressure Checks - 3F SR
- 7:00 **New Day Ringers - SC**

Friday June 10

Grease \$ due today

- 8:30-9:30 Lisa Office Hours - 3F CR
- 9:00 GAME - 3F SR
- 10:00 **Community Bible Study - 3F West Lounge**
- 10:00 Coffee: "Cruising the Mediterranean" with Rick Steves - RC 1 & 2
- 11:30 AL Exercise - 3F SR
- 1:00 Midday Movie - *All are welcome!* AL 1F Theater - "Bessie" (2015, TVMA)



- 2:00 Bingo - RC 1, 2 & 3 Please bring your cards & markers
- 3:30 Outdoor Games - Fountain Park
- 2:00-4:00 AL Bridge Club - 3F CR
- 7:00 Movie & Popcorn - RC 1, 2 & 3 "Dances with Wolves" (1990, PG-13) Resident Requested

Saturday June 11

- 10:00 Art Class - 3F CR
- 10:45 **Pride Pop-up Market Trip**
- 7:00 Movie & Popcorn - RC 1, 2 & 3 "Doctor Strange" (2016, PG-13) Resident Requested

Sunday June 12

- 8:30 Calvary Methodist Church Trip (service at 9:00 am)
- 9:15 First Presbyterian Church Trip (service at 10:00 am)
- 10:00 2nd Presbyterian Church Trip (service at 10:30 am)
- 10:00 Virtual Catholic Mass - RC1
- 11:15 Holy Communion- RC1
- 2:00 **AL Vespers with Rev. Jim Davis - 3F SR**
- 4:15 Vespers - RC1
- 6:45 **The Complete Works of William Shakespeare Trip**

AC - Arts and Crafts
 CR - Club Room
 FP - Fountain Park
 RC1, 2, & 3 - Resident Centers 1, 2, & 3
 SC - Social Center, WC - Wellness Center
 2F SR- 2nd Floor Sun Room
 3F CR - 3rd Floor Card Room
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Special Events
Live Entertainment
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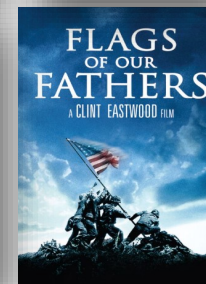
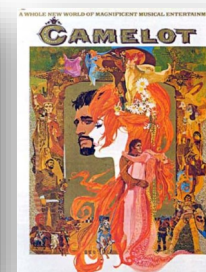
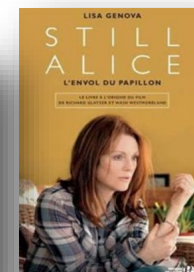
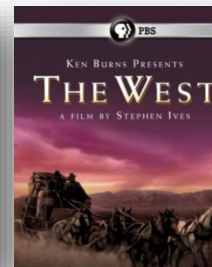
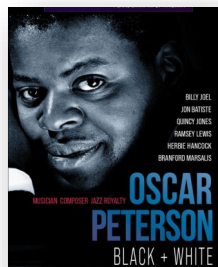
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Location: RC 1 & 2

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