

INDEPENDENT LIVING VILLAGE ACTIVITIES FROM: June 13 - June 19

Monday June 13

 **Wear Purple for Alzheimer's & Brain Awareness!**

- 9:00 Flexible Fitness - RC2 & 3
- 10:00 Bean Bags - RC1
- 10:00 Cardio Drumming - WC
- 11:00 Balance Class - WC
- 1:00 Bible Study - RC1
- 1:00 Bridge - CR
- 2:00 **Young at Heartland - SC**
- 3:00 Chair Yoga - WC
- 3:00 Bingo - RC 1, 2 & 3 Please bring your cards & markers!

Tuesday June 14

 **Flag Day**

- 9:00 Sit, Stand & Move - RC2 & 3
- 10:00 **All Resident Meeting - SC**
- 1:00 Hands in Motion-WC
- 1:30 Scrabble with Life Enrichment - CR
- 2:00 Dealing with Loss - RC3
- 2:00 Advanced Cardio - WC
- 2:30 Food Committee - RC1
- 3-5:00 Social Hour - CR
- 4:15 Hope Therapy Dogs - SC
- 6:30 "Planet Earth" video - AL 1F Theater
All are welcome!
- 7:00 Forum: Deliberative Dialogue: Depolarizing Political Conversation with Joshua Crockett, ISU Center for Civic Engagement - RC 1, 2 & 3

Wednesday June 15


- 9:00 Flexible Fitness - RC2 & 3
- 10:00 Coffee: Elderly Financial Abuse by Brad Park, 1st State Bank - RC1, 2 & 3
- 11:00 Advanced Balance Class - WC

- 1:00 Art Studio - AC
- 1:00 Ted Talk: The Brain - Changing Benefits of Exercise - RC1
- 1:00 Wheeler Dealer - B2 F1 Lounge
- 2:00 Bible Study: David Eaton - RMR
- 3:00 Mat Yoga - WC
- 3:00 Needlework Group - RMR
- 5:30 **Joe Zaklan: Uptown Circle Concert Trip**
- 6:30 **Judge Amy McFarland on Recovery Court, "Mental Health" - RC 1,2 & 3**

Thursday June 16

- Grocery Shopping Trip Day**
- 10:00 Cardio Drumming - WC
- 10:00 IL Short Story - RC3
- 10:00 **Resident Council - RC1 (Floor Leaders only)**
- 1:00 Lois Jett - Color Mixing Class 3 - AC
- 1:00 Hands in Motion - WC
- 2:00 Silver Chords Practice - RC1
- 2:15 Line Dancing - The Landing
- 3:00 Telling Your Story - RC3
- 3-5:00 Social Hour - CR
- 3:45-4:00 Tech Help - SC
- 6:15 **Franklin Park Concerts Trip**
- 6:30 **Don Knapp on the State's Attorney's Office - RC 1,2 & 3**

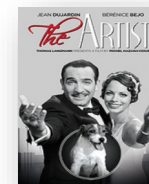
Friday June 17

-  **National Wear Blue Day for Men's Health**
- "The Campout" \$ Due**
 - 9:00 Sit, Stand & Move - RC2 & 3
 - 10:00 Coffee: "Ear Checks with Dr. Sara Hanley from Bloomington Normal Audiology - RC 1 & 2. *See the sign up sheet in the Life Enrichment Office.*

- 11:00 Advanced Balance - WC
- 1:00 Midday Movie - *All are welcome!* AL 1st Floor Theater - "Mr. Troop Mom" (2009, G) In honor of Father's Day
- 1:00 Wheel of Fortune - RC1
- 1:00 Balance Class - WC
- 2:00 Bingo - RC 1, 2 & 3 Please bring your cards & markers!
- 6:15 **Grease: The Musical Trip**
- 7:00 Movie & Popcorn - RC 1, 2 & 3 "Rashomon" (1950, NR) Resident Requested

Saturday June 18

- 10:00 Arts and Crafts Class - AC
- 1:00 Open Studio Time - AC
- 7:00 Movie & Popcorn - RC 1, 2 & 3 "The Artist" (2011, PG13) Resident Requested



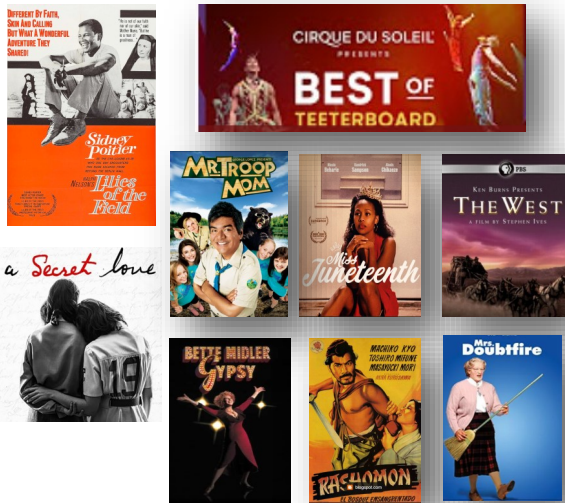
Sunday June 19

- Happy Fathers Day! Juneteenth**
- 8:30 Calvary Methodist Church Trip (service at 9:00 am)
 - 9:15 First Presbyterian Church Trip (service at 10:00 am)
 - 10:00 2nd Presbyterian Church Trip (service at 10:30am)
 - 10:00 Virtual Catholic Mass - RC1
 - 11:00-2:00 **Father's Day Lunch - The Hearth and Landing**
 - 11:15 Holy Communion Distribution - RC1
 - 2:00 AL Vespers with Rev. Jim Davis - 3F Sunroom
 - 3:30 Hymn Sing - RC1 & 2
 - 4:15 Vespers with Rev. Jim Davis - RC1

TUNE IN TO CHANNEL 88 ACTIVITIES: June 13 - June 19

Monday	June 13	Wednesday	June 15	Friday	June 17
9:30-10	Flexible Fitness	9:30-10	Flexible Fitness	9:00	Sit and Fit
10:00	First Presbyterian Service	1-1:30	Chair Chi	10:00	All Resident Meeting Video with Barb Nathan
3:00	Chair Yoga	2:00	Broadway Theatre: "Gypsy" (1982) Featuring Bette Midler in her network television acting debut.	1:00	Movie: "Mrs. Doubtfire" (1993, PG -13)
3:30	St. John's Service			3:00	All Resident Meeting Video with Barb Nathan
Tuesday	June 14	Thursday	June 16	Saturday	June 18
9:30-10	Sit and Fit	9-9:30	Chair Dance	9-9:30	Chair Dance
10:30	Catholic Service	10:00	All Resident Meeting Video with Barb Nathan	7:00	"Miss Juneteenth" (2020, NR) Commemorating the end of slavery.
1:00	PBS: Ken Burns: The West - The Geography of Hope	1-1:30	Hands in Motion		
2:00	Wesley United Methodist Service	2:00	Reel Rundown: "A Secret Love" (2020, TV14) Celebrating Pride Month		
3:00	Shadow Boxing	4:00	All Resident Meeting Video with Barb Nathan	Sunday	June 19
		7:00	Entertainment: "Best of Teeterboard, Cirque du Soleil"	9:00	Live Streaming of Calvary United Methodist Church
				10:30	Live Streaming of Second Presbyterian Church
				7:00	Sunday Evening Classic: "Lilies of The Field" (1963, NR) Resident Requested

Movies & Documentaries



New Book Discussion Group Forming!

Date: Thursday, July 21

Time: 3:00

Location: RC2

Book: The Lincoln Highway by Amor Towles

Do you enjoy reading fiction and non fiction? Discussion with others is a way to gain fresh insights AND make new friends. Sign up on the list located on the Life Enrichment Board. Men and women are both welcome to attend this monthly meeting. More details about the group will be discussed and decided upon at this meeting.



- AC - Arts and Crafts
- CR - Club Room
- FP - Fountain Park
- RC1, 2, & 3 - Resident Centers 1, 2, & 3
- SC - Social Center, WC - Wellness Center
- 2F SR - 2nd Floor Sun Room
- 3F CR - 3rd Floor Card Room
- 3F SR - 3rd Floor Sunroom
- Special Events
- Live Entertainment
- Special Trips

ASSISTED LIVING VILLAGE ACTIVITIES FROM: June 13 - June 19

Monday June 13

 **Wear Purple for Alzheimer's & Brain Awareness!**

- 9:00 Musical Monday Morning - 2F SR
- 11:30 AL Exercise - 3F SR
- 1:00 Bible Study Chaplain Elliott - RC1
- 2:00 **Young at Heartland - SC**
- 2:00 Arts and Crafts - Making "Colorful Dream Catchers" with Mary Lee- 3F CR
- 2:45-3:45 Lisa's Office Hours - 3F CR
- 3:00 Hearing Aid Checks with BN
Audiology - 1F Bistro
- 4:00 Blood Pressure Checks - 3F SR

Tuesday June 14

 **Flag Day**

- 9:30 Bean Bags - 3F SR
- 10:00 **All Resident Meeting - SC**
- 10:00 AL Morning Drive
- 11:30 AL Exercise - 3F SR
- 1:00 Hands in Motion - WC
- 2:00 AL Birthday Party - 1F Bistro
- 3-5:00 Social Hour - CR
- 3:30 Hope Therapy Dogs - 1F Bistro
- 6:30 "Planet Earth" video - 1F Theater
- 7:00 Forum: Deliberative Dialogue: Depolarizing Political Conversation with Joshua Crockett, ISU Center for Civic Engagement - RC1, 2 & 3

Wednesday June 15

- 9:30 AL Short Stories - 3F SR
- 10:00 Coffee: Elderly Financial Abuse by Brad Park, 1st State Bank - RC 1, 2 & 3
- 11:30 AL Exercise - 3F Sunroom
- 12:30-1:30 Lisa Office Hours - 3F CR

- 1:00 Ted Talk: The Brain - Changing Benefits of Exercise - RC1
- 1:00 Wheeler Dealer - B2 F1 Lounge
- 2:00 Bingo - 3F SR
- 3:00 Needlework Group - RMR
- 3:30 Group Piano Lessons - 3F SR
- 5:30 **Joe Zaklan: Uptown Circle Concert Trip**
- 6:30 **Judge Amy McFarland on Recovery Court, "Mental Health" - RC 1,2 & 3**

Thursday June 16

Grocery Shopping Trip Day

- 9:00 Morning Walking Group - FP
- 10:00 Resident Council - RC1 (Floor Leaders only)
- 11:00 Widget Cart - 3F SR
- 11:30 AL Exercise - 3F SR
- 1:00 Hands in Motion - WC
- 2:00 Silver Chords Practice - RC1
- 2:15 Line Dancing - The Landing
- 3:00 Dealing with Grief/Loss - 2F Private Dining Room
- 3-5:00 Social Hour - CR
- 4:00 Blood Pressure Checks - 3F SR
- 6:15 **Franklin Park Concerts Trip**
- 6:30 **Don Knapp on the State's Attorney's Office - RC 1,2 & 3**

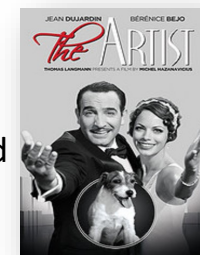
Friday June 17

-  **National Wear Blue Day for Men's Health**
- "The Campout" \$ Due**
- 8:30-9:30 Lisa Office Hours - 3F CR
 - 9:00 GAME - 3F SR
 - 10:00 Community Bible Study led by Dave & Molly Kistner - 3F West Lounge
 - 10:00 Coffee: "Ear Checks with Dr. Sara Hanley from Bloomington Normal

- Audiology - RC 1 & 2. *See the sign up sheet in the Life Enrichment Office.*
- 11:30 AL Exercise - 3F SR
- 1:00 Midday Movie - *All are welcome!*
AL 1F Theater - "Mr. Troop Mom" (2009, G) In honor of Father's Day
- 2:00 Bingo - RC 1, 2 & 3 Please bring your cards & markers
- 2:00-4:00 AL Bridge Club - 3F CR
- 3:30 Outdoor Games - FP
- 6:15 **Grease: The Musical Trip**
- 7:00 Movie & Popcorn - RC 1, 2 & 3 "Rashomon" (1950, NR) Resident Requested

Saturday June 18

- 10:00 Art Class - 3F CR
- 7:00 Movie & Popcorn - RC 1, 2 & 3
"The Artist" (2011, PG 13)
Resident Requested



Sunday June 19

- Happy Fathers Day!**
- 8:30 Calvary Methodist Church Trip (service at 9:00 am)
 - 9:15 First Presbyterian Church Trip (service at 10:00 am)
 - 10:00 2nd Presbyterian Church Trip (service at 10:30 am)
 - 10:00 Virtual Catholic Mass - RC1
 - 11:15 Holy Communion- RC1
 - 2:00 AL Vespers with Rev. Jim Davis - 3F SR
 - 4:15 Vespers with Rev. Jim Davis - RC1

TUNE IN TO CHANNEL 88 ACTIVITIES: June 13 - June 19

Monday June 13

- 9:30-10 Flexible Fitness
- 10:00 First Presbyterian Service
- 3:00 Chair Yoga
- 3:30 St. John's Service

Tuesday June 14

- 9:30-10 Sit and Fit
- 10:30 Catholic Service
- 1:00 PBS: Ken Burns: The West - The Geography of Hope
- 2:00 Wesley United Methodist Service
- 3:00 Shadow Boxing

Wednesday June 15

- 9:30-10 Flexible Fitness
- 1-1:30 Chair Chi
- 2:00 Broadway Theatre: "Gypsy" (1982) Featuring Bette Midler in her network television acting debut.

Thursday June 16

- 9-9:30 Chair Dance
- 10:00 All Resident Meeting Video with Barb Nathan
- 1-1:30 Hands in Motion
- 2:00 Reel Rundown: "A Secret Love" (2020, TV14) Celebrating Pride Month
- 4:00 All Resident Meeting Video with Barb Nathan
- 7:00 Entertainment: "Best of Teeterboard, Cirque du Soleil"

Friday June 17

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- 1:00 Movie: "Mrs. Doubtfire" (1993, PG -13)
- 3:00 All Resident Meeting Video with Barb Nathan

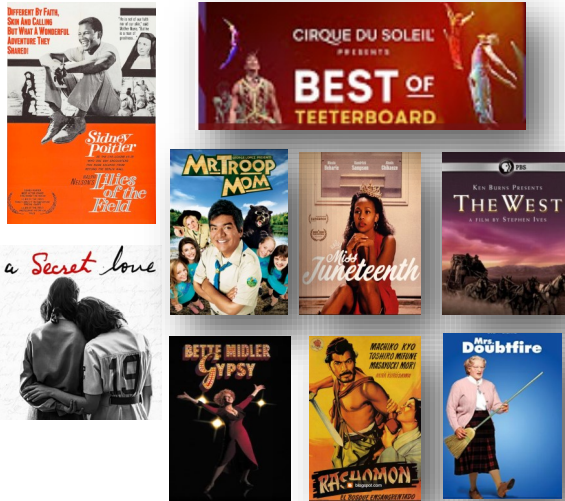
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