



MARTIN HEALTH CARE ACTIVITIES: June 6th – June 12th



Monday June 6

BEAUTY SHOP DAY

8:30 Room Visits-1:1's
 11:30 Passing Mail
 12:30 Memory Makers -5200
 Manicures-5200 West Sitting Rm
 1:00-2:30 Manicures
 5200 Residents Only
 -5200 West Sitting Rm.
 3:00 Bingo– 5100 South Dining Rm.
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.

Tuesday June 7

BEAUTY SHOP DAY

9:00 Outside
 Exercise & Current Events
 -5100 Center Court Yard
 10:15 Exercise & Current Events
 -5200 South Living Rm
 11:15 Exercise– C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers– 5100
 Manicures-5100 West Sitting Rm

12:45 Bus Ride to
 Lake Bloomington

1:00-2:30 Manicures
 5100 Residents Only
 -5100 East Sitting Rm.
 3:00 Wellness w/Leah
 -5100 South Living Rm.

Wednesday June 8

9:00 Outside
 Exercise & Current Events
 -5100 Center Court Yard
 10:15 Exercise & Current Events
 - 5200 South Living Rm
 11:15 Exercise –C/D Dining Rm.
 11:30 Passing Mail

1:00 Root beer Floats –All Floors
 2:45 Social Hour & Refreshments
 Getting to know your Neighbor
 –5200 Balcony
 4:00 Bird Aviary Cleaning
 -5100 East Sitting Rm.

Thursday June 9

8:30 Room Visits-1:1's
 9:00 Outside
 Exercise & Current Events
 -5100 Center Court Yard
 10:15 Exercise & Current Events
 - 5200 South Living Rm.
 11:15 Exercise-C/D Dining Rm.
 11:30 Passing Mail
 1:00 Outside On the Balcony
 Conversation Starters
 -5200 Balcony
 3:00 Wellness w/Leah
 -5200 South Living Rm
 4:00 Outside Center Court Yard
 Sing A Long on IN2L
 W/Mary Sue
 -5100 Center Court Yard

Friday June 10

9:15 Bible Study w/Dave & Molly
 Kistner-5100 Family Rm.
 10:30 Exercise
 -5200 South Living Rm.
 11:15 Exercise –C/D Dining Rm.
 11:30 Passing Mail
 1:00 Popcorn Friday –All Floors
 2:15 Bridge Club– 5100 Family Room
 2:30 Bingo –5100 South Dining Rm.
 4:15 Bird Aviary Cleaning
 –5100 East Sitting Rm.

Saturday June 11

8:30 Room Visits- 1:1's
 10:00 Manicures A/B & C/D
 Residents Only-C/D Dining Rm.
 11:15 Exercise– C/D Dining Rm.
 11:30 Passing Mail
 12:30 Memory Makers
 Aromatherapy
 -5100 West Sitting Rm.
 1:00 Outside Center Court Yard
 Sing A Long on the IN2L
 W/ Susie Q
 -5100 Center Court Yard
 3:00 Bingo-5200 North Dining Rm.

Sunday June 12

9:00 Outside
 Exercise & Devotional
 -5100 Center Court Yard
 10:00 Virtual Catholic Mass –WMV RC1
 10:15 Exercise & Devotional
 -5200 South Dining Rm
 11:15 Exercise
 - C/D Dining Rm.
 12:30 Memory Makers
 Aromatherapy
 -5200 West Sitting Rm.
 1:00 Outside on the Balconies
 Sing A Long on the IN2L
 W/Susie Q
 -5200 Balcony
 2:00 Sundae's Sunday's
 – All Floors
 3:30 Vespers– MPR Room

Weather Permitting: We will go outside on nice days! If, outside is scheduled and weather is not good we will have a different activity to do in place of going outside!
 ***PLEASE WEAR YOUR MASK TO ALL ACTIVITIES! Thank you!



TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: June 6th-June 12th



Monday June 6

9:30 Flexible Fitness
10:00 First Presbyterian Service
3:00 Chair Yoga
3:30 St. John's Service

Tuesday June 7

9:30 Sit and Fit
10:30 Catholic Service
1:00 PBS DVD
Ken Burns: The West-
Fight No More Forever
2:00 Wesley United Methodist
Service
3:00 Shadow Boxing

Wednesday June 8

9:30 Flexible Fitness
1:00 Chair Chi
2:00 Broadway Theatre:
"Camelot"
Starring Richard Harris (1982)

Thursday June 9

9:00 Chair Dance
1:00 Hands in Motion
2:00 Reel Rundown:
"Oscar Peterson Black & White"
7:00 Entertainment:
"Benny Goodman Septet
Live At The
North Sea Jazz Festival"

Friday June 10

9:00 Sit and Fit
1:00 Movie: "Still Alice"
(2014, PG-13)
In Recognition of Alzheimer's
And Brain Awareness Month

Saturday June 11

9:00 Chair Chi
7:00 Saturday Movie
"Flags Of Our Fathers"
(2006, R)
In Recognition of Flag Day,
June 14th

Sunday June 12

9:00 Live Streaming of
Calvary United Methodist
Church Service
10:30 Live Streaming of
2nd Presbyterian
Church
7:00 Sunday Evening Classic:
"Dog" (2022,PG-13)
Resident Request

HAPPY BIRTHDAY!

Howard Reed 6/12



*** Check Channel 3 for
Movie descriptions **