



MARTIN HEALTH CARE ACTIVITIES: June 13th—June 19th



Monday June 13

WEAR PURPLE FOR ALZHEIMER AWARENESS!

BEAUTY SHOP DAY

- 8:30 Room Visits-1:1's
- 9:00 Outside
Exercise & Current Events
-5100 Center Court Yard
- 10:15 Outside
Exercise & Current Events
-5200 East Balcony
- 11:15 Exercise- C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers -5200
Manicures-5200 West Sitting Rm
- 1:00-3:00 Dr. Sarah Hanley making
Rounds to Clean Hearing Aides
Only! Activity Team Members
Will Be Assisting Getting Residents
In The Area You Need To Be At.
- 3:30 Bingo- 5100 North Dining Rm.
- 3:45 Name 10 Things
-5200 South Living Rm.
- 4:30 Bird Aviary Cleaning
-5100 East Sitting Rm.

Tuesday June 14

FLAG DAY

BEAUTY SHOP DAY

- 9:00 Outside
Exercise & Current Events
-5100 Center Court Yard
- 10:15 Outside
Exercise & Current Events
-5200 East Balcony
- 11:15 Exercise- C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers-Manicures
-5100 West Sitting Rooms
- 1:00-2:30 Manicures

- 5100 Residents Only
-5100 East Sitting Rm.
- 3:00 Wellness w/Leah
-5100 South Living Rm
- 3:00 Dealing with Change W/Amy
5100 Family Rm.

Wednesday June 15

- 9:00 Outside
Exercise & Resident Huddle
-5100 Center Court Yard
- 10:15 Outside
Exercise & Resident Huddle
- 5200 East Balcony
- 11:30 Passing Mail
- 1:00 Root beer Floats -All Floors
- 2:45 Social Hour & Refreshments
-5200 North Living Rm.
- 4:00 Bird Aviary Cleaning
-5100 East Sitting Rm.

Thursday June 16

- 8:30 Room Visits-1:1's
- 9:00 Outside
Exercise & Current Events
-5100 Center Court Yard
- 10:15 Outside
Exercise & Current Events
- 5200 East Balcony
- 11:15 Exercise-C/D Dining Rm.
- 11:30 Passing Mail
- 1:00 Arts & Crafts: Decorations for
Door for 4th of July
- 5200 South Living Rm
- 3:00 Wellness w/Leah
-5200 South Living Rm
- 4:00 Summer Trivia IN2L
- 5100 South Living Rm

Friday June 17

WEAR BLUE FOR MEN'S HEALTH DAY!

- 9:15 Bible Study w/Dave & Molly

- Kistner-5100 Family Rm.
- 10:15 Outside Exercise & Current Events
-5200 East Balcony
- 11:15 Exercise -C/D Dining Rm.
- 11:30 Passing Mail
- 1:15 Bingo- 5100 South Dining Rm.
- 2:45 Bird Aviary Cleaning
-5100 East Sitting Rm.

Saturday June 18

- 8:30 Room Visits- 1:1's
- 10:00 Manicures A/B & C/D
Residents Only-C/D Dining Rm.
- 11:15 Exercise- C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers Aromatherapy
-5100 West Sitting Rm.
- 1:00 Arts & Crafts: Decorations for
Door for 4th of July
-5100 North Dining Rm
- 3:00 Bingo-5200 North Dining Rm.

Sunday June 19

HAPPY FATHER'S DAY!!

- 9:00 Outside Exercise & Devotional
-5100 Center Court Yard
- 10:00 Virtual Catholic Mass -WMV RC1
- 10:15 Outside Exercise & Devotional
-5200 East Balcony
- 11:15 Exercise - C/D Dining Rm.
- 12:30 Memory Makers Aromatherapy
-5200 West Sitting Rm
- 1:15 Bridge Club- 5200 Family Rm.
- 2:00 Sundae's Sunday's - All Floors
- 3:30 Vespers- MPR Room

Weather Permitting: We will go outside on nice days! If, outside is scheduled and weather is not good we will have a different activity to do in place of going outside!
***PLEASE WEAR YOUR MASK TO ALL ACTIVITIES! Thank you!



TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: June 13th-June 19th



Monday June 13

9:30 Flexible Fitness
10:00 First Presbyterian Service
3:00 Chair Yoga
3:30 St. John's Service

Tuesday June 14

9:30 Sit and Fit
10:30 Catholic Service
1:00 PBS DVD
Ken Burns: The West—The
Geography of Hope
2:00 Wesley United Methodist
Service
3:00 Shadow Boxing

Wednesday June 15

9:30 Flexible Fitness
1:00 Chair Chi
2:00 Broadway Theatre:
"Gypsy" (1982) Featuring
Bette Midler in her network
Television acting debut

Thursday June 16

9:00 Chair Dance
**10:00 All Resident Meeting Video
With Barb Nathan-CEO**
1:00 Hands in Motion
2:00 Reel Rundown:
"A Secret Love"
(2020, TV14)
**4:00 All Resident Meeting Video
With Barb Nathan-CEO**
7:00 Entertainment:
"Best of Teeterboard,
Cirque du Soleil"

Friday June 17

9:00 Sit and Fit
**10:00 All Resident Meeting Video
With Barb Nathan-CEO**
1:00 Movie: "Mrs. Doubtfire"
**3:00 All Resident Meeting Video
With Barb Nathan-CEO**

Saturday June 18

9:00 Chair Dance
7:00 Saturday Movie
"Miss Juneteenth"

Sunday June 19

9:00 Live Streaming of
Calvary United Methodist
Church Service
10:30 Live Streaming of
2nd Presbyterian
Church
7:00 Sunday Evening Classic:
"Lilies of the Field"

HAPPY BIRTHDAY!

Earl Kingman 6/18



*** Check Channel 3 for
Movie descriptions **