



MARTIN HEALTH CARE ACTIVITIES: May 30th – June 5th



Monday May 30

MEMORIAL DAY

- 8:30 Room Visits-1:1's
- 9:00 Outside
- Exercise & Current Events
-5100 Center Court Yard
- 10:15 Exercise & Current Events
-5200 South Living Rm.
- 11:15 Exercise– C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers -5200
Manicures-5200 West Sitting Rm
- 1:00-2:30 Manicures
5200 Residents Only
–5200 West Sitting Rm.
- 3:00 Bingo– 5100 North Dining Rm.
- 3:00 Outside
- Outside on the Balcony
-5200 Balcony
- 4:00 Bird Aviary Cleaning
-5100 East Sitting Rm.

Tuesday May 31

BEAUTY SHOP DAY- ONLY DAY THIS

WEEK

- 9:00 Exercise & Current Events
-5100 South Living Rm
- 10:15 Exercise & Current Events
-5200 North Living Rm
- 11:15 Exercise– C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers-Manicures
-5100 West Sitting Rooms
- 1:00-2:30 Manicures
5100 Residents Only
-5100 East Sitting Rm.
- 3:00 Outside Center Court Yard
-5100 Court Yard
- 3:00 Wellness w/Leah
-5100 South Living Rm

Wednesday June 1

- 9:00 Exercise & Current Events
-5100 South Living Rm.
- 10:15 Exercise & Current Events
- 5200 South Living Rm
- 11:15 Exercise –C/D Dining Rm.
- 11:30 Passing Mail
- 1:00 Root beer Floats –All Floors
- 2:45 Social Hour & Refreshments
–5200 Balcony
- 4:00 Bird Aviary Cleaning
-5100 East Sitting Rm.

Thursday June 2

- 8:30 Room Visits-1:1's
- 9:00 Exercise & Current Events
-5100 South Living Rm.
- 10:15 Exercise & Current Events
- 5200 South Living Rm.
- 11:15 Exercise-C/D Dining Rm.
- 11:30 Passing Mail
- 1:00 Outside Balcony
-5200 Balcony
- 3:00 Wellness w/Leah
-5200 South Living Rm
- 4:00 Outside Center Court Yard
- 5100 Center Court Yard

Friday June 3

- 9:15 Bible Study w/Dave & Molly
Kistner-5100 Family Rm.
- 10:15 Exercise & Current Events
-5200 South Living Rm.
- 11:15 Exercise –C/D Dining Rm.
- 11:30 Passing Mail
- 12:20 Healing Rides –Bike Ride down the
Constitution Trail
–For Reservations Only
- 1:00 Popcorn Friday –All Floors

- 2:15 Bridge Club– 5100 Family Room
- 3:00 Bingo –5100 South Dining Rm.
- 4:15 Bird Aviary Cleaning
-5100 East Sitting Rm.

Saturday June 4

- 8:30 Room Visits- 1:1's
- 10:00 Manicures A/B & C/D
Residents Only-C/D Dining Rm.
- 11:15 Exercise– C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers
Aromatherapy
-5100 West Sitting Rm.
- 1:00 Outside Center Court Yard
-5100 Court Yard
- 3:00 Bingo-MPR

Sunday June 5

- 9:00 Exercise & Devotional
-5100 South Dining Rm.
- 10:00 Virtual Catholic Mass –WMV RC1
- 10:15 Exercise & Devotional
-5200 South Dining Rm
- 11:15 Exercise
- C/D Dining Rm.
- 12:30 Memory Makers
Aromatherapy
-5200 West Sitting Rm.
- 1:00 Outside on the Balconies
-5200 Balcony
- 2:00 Sundae's Sunday's
– All Floors
- 3:30 Vespers– MPR Room

Weather Permitting: We will go outside on nice days! If, outside is scheduled and weather is not good we will have a different activity to do in place of going outside!
***PLEASE WEAR YOUR MASK TO ALL ACTIVITIES! Thank you!



TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: May 30th-June 5th



<u>Monday</u>	<u>May 30</u>	<u>Thursday</u>	<u>June 2</u>	<u>Sunday</u>	<u>June 5</u>
MEMORIAL DAY		9:00 Chair Dance		9:00 Live Streaming of Calvary United Methodist Church Service	
8:30 Flexible Fitness		1:00 Hands in Motion			
9:00 PBS: The Tomb of the Unknown Soldier (9 mins)		2:00 Reel Rundown: "Countdown Inspirations 4 Mission to Space— Episode 5"		10:30 Live Streaming of 2nd Presbyterian Church	
9:15 Movie: Memorial Day Staring James Cromwell (2012, R)		7:00 Entertainment: Beatrice Rana and LSO perform Beethoven's Piano Concert No. 5 in E-Flat Major			
7:00 Movie: Last Flag Flying					
<u>Tuesday</u>	<u>May 31</u>	<u>Friday</u>	<u>June 3</u>		
9:30 Sit and Fit		9:00 Sit and Fit			
10:30 Catholic Service		1:00 Jazz at Lincoln Center Camille Thurman & the Darrel Green Quartet			
1:00 PBS DVD Ken Burns: The West—The Grandest Enterprise Under God					
2:00 Wesley United Methodist Service					
3:00 Shadow Boxing					
<u>Wednesday</u>	<u>June 1</u>	<u>Saturday</u>	<u>June 4</u>		
9:30 Flexible Fitness		9:00 Shadow Boxing			
1:00 Chair Chi		7:00 Saturday Movie "The Fault In Our Stars" (2014, PG13)			
2:00 Broadway Theatre: "Jesus Christ Superstar" (2012, NR)					
7:00 Wednesday Night Movie: "Still Mine" (based on a true story) 2013, PG-13					

*** Check Channel 3 for Movie descriptions **