



MARTIN HEALTH CARE ACTIVITIES: May 16th – May 22nd



Monday May 16

BEAUTY SHOP DAY

- 8:30 Room Visits-1:1's
- 9:00 Exercise & Current Events
-5100 South Living Rm.
- 10:15 Exercise & Current Events
-5200 South Living Rm.
- 11:15 Exercise- C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers -5200
Manicures-5200 West Sitting Rm
- 1:00-2:30 Manicures
5200 Residents Only
-5200 West Sitting Rm.
- 1:30 Low Vision—5100 Family Rm.
- 3:00 Bingo- 5100 North Dining Rm.
- 3:00 Outside on the Balcony
(IN2L) Sing A Long
-5200 Balcony
- 4:00 Bird Aviary Cleaning
-5100 East Sitting Rm.

Tuesday May 17

BEAUTY SHOP DAY

- 9:00 Exercise & Current Events
-5100 South Living Rm
- 10:15 Exercise & Current Events
-5200 North Living Rm
- 11:15 Exercise- C/D Dining Rm.
- 11:30 Passing Mail
- 12:45 Loading Bus:
Bus Ride to
Lake Bloomington
- 12:30 Memory Makers-Manicures
-5100 West Sitting Rooms
- 1:00-2:30 Manicures
5100 Residents Only
-5100 East Sitting Rm.
- 3:00 Wellness w/Leah
-5100 South Living Rm

Wednesday May 18

- 10:15 Resident Council –MPR
- 11:30 Passing Mail
- 1:00 Root beer Floats –All Floors
- 2:45 Social Hour & Refreshments
—5200 South Living Rm.
- 4:00 Bird Aviary Cleaning
-5100 East Sitting Rm.

Thursday May 19

- 8:30 Room Visits-1:1's
- 9:00 Exercise & Current Events
-5100 South Living Rm.
- 10:15 Exercise & Current Events
- 5200 South Living Rm.
- 11:15 Exercise-C/D Dining Rm.
- 11:30 Passing Mail
- 1:00 Outside Center Courtyard
(IN2L) Sing A Long
-5100 Center Courtyard
- 3:00 Wellness w/Leah
-5200 South Living Rm
- 4:00 Outdoors on the Balcony
-5200 Balcony

Friday May 20

- 9:00 Exercise & Current Events
-5100 South Living Rm.
- 10:30 Exercise & Current Events
-5200 South Living Rm.
- 11:15 Exercise –C/D Dining Rm.
- 11:30 Passing Mail
- 1:00 Popcorn Friday –All Floors
- 2:15 Bridge Club– 5100 Family Room
- 3:00 Bingo –5100 South Dining Rm.
- 4:15 Bird Aviary Cleaning
-5100 East Sitting Rm.

Saturday May 21

HAPPY ARMED FORCES DAY!

- 8:30 Room Visits- 1:1's
- 10:00 Manicures A/B & C/D
Residents Only-C/D Dining Rm.
- 11:15 Exercise- C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers
Aromatherapy
-5100 West Sitting Rm.
- 1:30 Denny Mallory Performance to
Celebrate Our Veterans-MPR
- 3:00 Bingo-MPR

Sunday May 22

- 9:00 Exercise & Devotional
-5100 South Dining Rm.
- 10:00 Virtual Catholic Mass –WMV RC1
- 10:15 Exercise & Devotional
-5200 South Dining Rm
- 11:15 Exercise
- C/D Dining Rm.
- 12:30 Memory Makers
Aromatherapy
-5200 West Sitting Rm.
- 1:00 Outside on the Balconies
(IN2L) Sing A Long
-5200 Balcony
- 2:00 Sundae Sunday
– All Floors
- 3:30 Vespers– MPR Room

Weather Permitting: We will go outside on nice days! If, outside is scheduled and weather is not good we will have a different activity to do in place of going outside!
***PLEASE WEAR YOUR MASK TO ALL ACTIVITIES! Thank you!



TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: May 16th-May 22nd



Monday May 16

9:30 Flexible Fitness
10:00 First Presbyterian Service
3:00 Chair Yoga
3:30 St. John's Service

Tuesday May 17

9:30 Sit and Fit
10:30 Catholic Service
1:00 PBS DVD
"Ken Burns: The West- The Speck of the Future"
2:00 Wesley United Methodist Service
3:00 Shadow Boxing

Wednesday May 18

9:30 Flexible Fitness
1:00 Chair Chi
2:00 Broadway Theatre:
"Noel Coward's Present Laughter"
(2017, 2hr 16min)

Thursday May 19

9:00 Chair Dance
1:00 Hands in Motion
2:00 Reel Rundown:
"Countdown
Inspiration4 Mission to Space -Episode 3"
7:00 Entertainment:
"My Favorite Broadway: The Leading Ladies Mix"

Friday May 20

9:00 Sit and Fit
10:00 Movie:
"The Sons of Katie Elder"
2:00 Movie:
"True Grit"
7:00 Movie:
"Operation Mincemeat"

Saturday May 21

9:00 Chair Yoga
7:00 Saturday Movie
"Hacksaw Ridge"
(2016, R, 2h 49min)

Sunday May 22

9:00 Live Streaming of
Calvary United Methodist
Church Service
10:30 Live Streaming of
2nd Presbyterian
Church
7:00 Sunday Evening Classics
"My Fair Lady"

HAPPY BIRTHDAY!

Ruth Eickenberg 5/19



*** Check Channel 3 for
Movie descriptions **