



JOIN IN ON VILLAGE ACTIVITIES FROM: November 15 – November 21



Monday November 15

9:00 Flexible Fitness– RC1&2
 10:00 Cardio Drumming– WC
 10:00 Bean Bags– RC1
 10:45 Cardio Drumming– WC
10:45 Tea and Togs Luncheon and Fashion Show Trip
 11:00 Balance Class - WC
 1:00 Mahjongg– CR
 1:00 Bible Study– RC1
 2:00 Current Events– AC
 3:00 Chair Yoga - WC
 3:00 Bingo– RC1&2
 Please bring your cards & markers!

Tuesday November 16

9:00 Sit, Stand & Move– RC1&2
 1:00 Hands in Motion - WC
 2:00 Dealing with Loss– RC2
 2:00 Advanced Cardio - WC
2:30 Conversation Circles– RC1&2
 3:00 Social Hour– CR
3:00 Cooking with Life Enrichment– RC3

Wednesday November 17

9:00 Flexible Fitness– RC2&3
10:00 Coffee RC1&2
Greg Koos talking about his new book "Freedom, Land and Community"
 11:00 Advanced Balance Class - WC
 1:00 Art Class - AC
1:00 Ted Talks– RC1
Why Fascism is so Temping and How your Data Could Power It– Yuvai Noah Harari
 1:00 Chair Chi - WC
1:00 Funk Prairie Home and Gem Museum Trip– Sing Up in the Red Book
 1:00 Wheeler Dealers– B2F1 Lounge
 2:00 Bible Study - RMR
 3:00 Needle Works Group - RMR

Thursday November 18 **MONEY FOR MUSIC FOR THE HOLIDAYS DUE**

8:45 Jewel/Osco Grocery Trip
 9:00 Chair Dance - WC
 9:15 Kroger Grocery Trip
 10:00 Short Story - RC3
10:00 Resident Council– RC1
 10:00 Line Dancing - AC
12:30 Festival of Trees Trip 1– Sign up in the Red Book
 1:00 Hands in Motion - WC
1:15 Festival of Trees Trip 2– Sign up in the Red Book
 3:00 Social Hour– CR
 3:45 Technology Help - SC

Friday November 19

9:00 Sit, Stand & Move– RC2&3
 11:00 Advanced Balance - WC
 1:00 Balance Class- WC
11:45 Abraham Lincoln Presidential Museum Trip– Sign up in the Red Book
1:00 AL Matinee Movie– Theatre Room
 "Night at the Museum"
 (2009, PG)
 1hr. 45min
 2:00 Bingo - RC1,2&3
 Please bring your cards & markers!
7:00 Movie and Popcorn– RC1&2
 "Pride and Prejudice"
 (2005, PG)
 2hr. 9 min

Saturday November 20

10:00 Arts and Crafts Activity– AC
 "Fall Leaf Decor"
 1:00 Open Art Studio - AC
7:00 Movie and Popcorn– RC1&2
 "The Kings Speech"
 (2010, Rated PG-13)
 2 hrs

Sunday November 21

8:00 Calvary Methodist Church
8:00 First Presbyterian Church
10:00 2nd Presbyterian Church
 10:00 Virtual Catholic Mass– RC1
 11:15 Holy Communion Distribution– RC1
3:30 Hymn Sing– RC1
 4:15 Vespers– RC1

AC - Arts and Crafts
 CR - Club Room
 RC1 - Resident Center 1
 RC2 - Resident Center 2
 RC3 - Resident Center 3
 RMR - Resident Meeting Room
 SC - Social Center
 WC - Wellness Center



TUNE IN TO CHANNEL 88 ACTIVITIES: November 15—November 21



Monday **November 15**

9:30-10 Flexible Fitness
 10:00 First Presbyterian Service
 3:00 Chair Yoga
 3:30 St. John's Service

Friday **November 19**

9:00 Sit and Fit
 10:00 Coffee
 "University of Mississippi
 Gospel Fall Concert"

Tuesday **November 16**

9:30-10 Sit and Fit
 10:30 Catholic Service
 1:00 PBS DVD - RC1&2
 "Downton Abbey: Season 2
 Episode 6"
 2:00 Wesley United Methodist
 Service
 3:00 Shadow Boxing

Saturday **November 20**

9-9:30 Hands in Motion
 7:00 Movie
 "Think Like a Dog"
 2020, PG, 1hr. 31min

Wednesday **November 17**

9:30-10 Flexible Fitness
 1-1:30 Chair Chi
 2:00 Broadway Theatre
 "Lady Day at Emerson's Bar
 and Grill"

Sunday **November 21**

9:00 Live Streaming of
 Calvary United Methodist
 Church Service
 10:30 Live Streaming of
 2nd Presbyterian
 Church Service

Thursday **November 18**

9-9:30 Chair Dance
 10:00 Reel Rundown - RC1&2
 "Golden Girls Season 1
 Episode 1 "
 1-1:30 Hands in Motion
 7:00 Entertainment
 Singalong with Lorene
 Miller's grandson



ASSISTED LIVING VILLAGE ACTIVITIES FROM: November 15—November 21

Monday November 15

MONEY DUE FOR TEA AND TOGS

- 10:00 Bean Bags— RC1
- 11:30 AL Exercise— 3F Sunroom
- 12:00 AL Special Meal**
Pizza, Bread Sticks, Salad, and Brownie
- 1:00 Mahjongg— CR
- 2:00 Arts and Crafts with Life Enrichment— 3F Card Room**
- 2:00 Current Events— AC
- 3:00 Bingo— RC1&2
Please bring your cards & markers!

Tuesday November 16

- 9:30 Bean Bags— 3F Sunroom**
- 10:30 Movie Committee— RMR
- 11:30 AL Exercise— 3F Sunroom
- 1:00 Hands in Motion - WC
- 2:00 Dealing with Loss— RC1
- 2:30 Conversation Circles— RC1&2**
- 3:00 Social Hour— CR
- 3:00 Cooking with Life Enrichment— RC3**

Wednesday November 17

- 9:30 Short Story— 2F Lounge**
- 10:00 Coffee RC1&2**
Greg Koos talking about his new book "Freedom, Land and Community"
- 11:30 AL Exercise— 3F Sunroom
- 1:00 Chair Chi— WC
- 1:00 Wheeler Dealers— B2F1 Lounge
- 1:00 Funk Prairie Home and Gem Museum Trip— Sing Up in the Red Book**
- 1:00 Art Class - AC
- 1:00 Ted Talks— RC1**
Why Fascism is so Temping and How your Data Could Power It— Yuvai Noah Harari
- 2:00 Bible Study—RC3
- 2:00 Bingo - 3F Sunroom
Please bring your cards and Markers!
- 3:00 Needle Works Group - RMR

Thursday November 18

- 8:45 Jewel/Osco Grocery Trip
- 9:00 Chair Dance— WC
- 9:15 Kroger Grocery Trip
- 10:00 Short Story - RC3
- 10:00 Resident Council— RC1**
- 10:00 Line Dancing - AC
- 11:30 AL Exercise— 3F Sunroom
- 1:00 Hands in Motion— WC
- 1:30-3:30 Walmart/Meijer/Dollar Store Trip
- 2:00 AL Birthday Party— 3F Dining Room**
- 3:00 Social Hour— CR
- 3:45 Technology Help - SC

Friday November 19

- 11:30 AL Exercise— 3F Sunroom
- 1:00 AL Matinee Movie - Theatre Room**
"Night at the Museum"
(2009, PG)
1hr. 45min
- 2:00 Bingo - RC1,2&3
Please bring your cards & markers!
- 7:00 Movie and Popcorn— RC1&2**
"Pride and Prejudice"
(2005, PG)
2hr. 9 min

Saturday November 20

- 10:00 Arts and Crafts Activity— AC
"Fall Leaf Decor"
- 1:00 Open Art Studio - AC
- 7:00 Movie and Popcorn— RC1&2**
"The Kings Speech"
(2010, Rated PG-13)
2 hrs

Sunday November 21

- 8:00 Calvary Methodist Church
- 8:00 First Presbyterian Church
- 10:00 2nd Presbyterian Church
- 10:00 Virtual Catholic Mass— RC1
- 11:15 Holy Communion
Distribution— RC1
- 3:30 Hymn Sing— RC1**
- 4:15 Vespers— RC1

AC - Arts and Crafts
 CR - Club Room
 RC1 - Resident Center 1
 RC2 - Resident Center 2
 RC3 - Resident Center 3
 RMR - Resident Meeting Room
 SC - Social Center
 WC - Wellness Center



TUNE IN TO CHANNEL 88 ACTIVITIES: November 15—November 21



Monday **November 15**

9:30-10 Flexible Fitness
 10:00 First Presbyterian Service
 10:00 Virtual Evergreen Cemetery
 Walk
 3:00 Chair Yoga
 3:30 St. John's Service

Tuesday **November 16**

9:30-10 Sit and Fit
 10:30 Catholic Service
 1:00 PBS DVD - RC1&2
 "Downton Abbey: Season 2
 Episode 5"
 2:00 Wesley United Methodist
 Service
 3:00 Shadow Boxing

Wednesday **November 17**

9:30-10 Flexible Fitness
 1-1:30 Chair Chi
 2:00 Broadway Theatre
 "Lady Day at Emerson's"

Thursday **November 18**

9-9:30 Chair Dance
 10:00 Reel Rundown - RC1&2
 "Golden Girls Season 1
 Episode 1 "
 1-1:30 Hands in Motion
 7:00 Entertainment
 Singalong with Lorene
 Miller's grandson

Friday **November 19**

9-9:30 Sit and Fit
 10:00 Coffee
 "University of Mississippi
 Gospel Fall Concert"

Saturday **November 20**

9-9:30 Hands in Motion
 7:00 Movie
 "Think Like a Dog"
 2020, PG, 1hr. 31min

Sunday **November 21**

9:00 Live Streaming of
 Calvary United Methodist
 Church Service
 10:30 Live Streaming of
 2nd Presbyterian
 Church Service

