



MARTIN HEALTH CARE ACTIVITIES: November 8th – November 14th



Monday November 8

- 8:30 Room Visits-1:1's
- 9:00 Exercise & 30 Days of Gratitude
-5100 North Living Rm.
- 10:15 Exercise & 30 Days of Gratitude
- 5200 South Living Rm.
- 11:30 Passing Mail
- 1:00 Inspirational Veterans-iN2L
-5200 North Living Rm.
- 3:00 Bingo– 5100 South Dining Rm.
- 4:15 Cleaning & Feeding the Birds
-5100 East Sitting Rm.

Tuesday November 9

- 9:00 Exercise & 30 Days of Gratitude
-5100 North Living Rm
- 10:15 Exercise & 30 Days of Gratitude
-5200 South Living Rm
- 10:30 **Catholic Services**
Channel 88 on your TV
- 11:30 Passing Mail
- 1:00 Memory Makers-5100/5200
-East & West Sitting Rooms
- 1:30 Manicures—5100 East Sitting Rm
- 3:00 Wellness w/Leah-
-5100 North Living Rm.
- 3:00 Air Force Trivia- iN2L
–5200 North Living Rm
- 4:00 Manicures-5100 West Sitting Rm

Wednesday November 10

- 9:00 Exercise & 30 Days of Gratitude
-5100 South Living Rm.
- 10:15 Exercise & 30 Days of Gratitude
-5200 South Living Rm.
- 11:30 Passing Mail
- 1:00 Popcorn Wednesday-All Floors
- 2:00 **Social Hour**
-5200 North Dining Room
- 4:15 Cleaning & Feeding the Birds
-5100 East Sitting Rm.

Thursday November 11

- HAPPY VETERANS DAY!!**
- 8:30 Room Visits-1:1's
- 9:00 Exercise & Veterans Day Trivia
-5100 North Living Rm
- 10:15 Exercise & Veterans Day Trivia
-5200 South Living Rm
- 11:30 Passing Mail
- 1:00 Memory Makers -5100 & 5200
-East & West Sitting Rooms
- 2:00 **Veterans Day Ceremony**
-WMV Social Center
- 3:00 Wellness w/Leah
-5200 South Living Rm.
- 3:00 Manicures
-5200 West Sitting Rm.

Friday November 12

- GREEN TEAM RECYCLE DRIVE**
-WMV SC 8:30-11:30
- 9:00 Exercise & 30 Days of Gratitude
—5100 South Living Rm.
- 10:15 Exercise & 30 Days of Gratitude
– 5200 South Living Rm.
- 11:30 Passing Mail
- 1:00 Root Beer Floats– All Floors
- 2:30 Inspirational Veterans-iN2L
—5100 South Living Rm.
- 4:15 Cleaning & Feeding the Birds
-5100 East Sitting Rm.

Saturday November 13

- 8:30 Room Visits- 1:1's
- 10:00 Manicures -C/D Dining Rm.
- 11:00 Passing Mail
- 12:30 Memory Makers
-5100 West Sitting Rm.
- 1:15 Exercise & Art & Craft
(Stain Glass Windows)
-5100 North Dining Rm
- 3:00 Bingo-5200 South Dining Rm.

- 4:00 Exercise & Reminiscing
C/D Dining Room

Sunday November 14

- 9:00 **Live Streaming of Calvary**
United Methodist
Church Service
Channel 88 on your TV
- 9:00 Exercise & Devotional
-5100 South Living Rm.
- 10:00 **Virtual Catholic Mass –RC1**
- 10:00 Exercise & Devotional
- C/D Dining Rm.
- 10:30 **Live Streaming of**
2nd Presbyterian
Church Service
Channel 88 on your TV
- 11:00 Memory Makers
-5200 West Sitting Rm.
- 12:45 Exercise & Art & Craft
(Stain Glass Windows)
-5200 North Living Rm.
- 2:00 Sundae Sunday's– All Floors
- 3:30 **Vespers– MPR ROOM**

**** PLEASE WEAR YOUR FACE MASK TO ALL ACTIVITIES****

