



# MARTIN HEALTH CARE ACTIVITIES: November 15th – November 21st



## Monday November 15

### BEAUTY SHOP DAY

- 8:30 Room Visits-1:1's
- 9:00 Exercise & 30 Days of Gratitude  
-5100 North Living Rm
- 10:15 Exercise & 30 Days of Gratitude  
-5200 South Living Rm
- 11:30 Passing Mail
- 1:00 Memory Makers - 5200  
Manicures  
-Sitting Room
- 1:30 Manicures-5200 West Sitting Rm.
- 3:00 Bingo- 5100 South Living Rm.
- 4:15 Cleaning & Feeding the Birds  
-5100 East Sitting Rm.

## Tuesday November 16

### BEAUTY SHOP DAY

- 9:00 Exercise & 30 Days of Gratitude  
-5100 South Living Rm
- 10:15 Exercise & 30 Days of Gratitude  
-5200 North Living Rm
- 10:30 **Catholic Services**  
**Channel 88 on your TV**
- 11:30 Passing Mail
- 1:00 Memory Makers-5100  
Manicures  
-Sitting Room
- 1:30 Manicures-5100 East Sitting Rm
- 3:00 Wellness w/Leah-  
-5100 North Living Rm.
- 4:00 Manicures-5100 West Sitting Rm

## Wednesday November 17

- 9:45 RESIDENT COUNCIL –MPR Rm.
- 11:30 Passing Mail
- 1:00 Popcorn Wednesday-All Floors
- 2:00 **Social Hour**  
**-5200 North Dining Room**
- 3:15 **Dealing w/Change**  
**w/Chaplin Elliott- 5100 Family Rm.**
- 4:15 Cleaning & Feeding the Birds  
-5100 East Sitting Rm.

## Thursday November 18

- 8:30 Room Visits-1:1's
- 9:00 Exercise & 30 Days of Gratitude  
-5100 South Living Rm.
- 10:15 Exercise & 30 Days of Gratitude  
- 5200 South Living Rm.
- 11:30 Passing Mail
- 1:00 Men's Group- MPR Rm.
- 3:00 Wellness w/Leah  
-5200 South Living Rm
- 4:00 Thanksgiving Humor  
-5100 North Living Rm.

## Friday November 19

- 9:00 Exercise & 30 Days of Gratitude  
—5100 South Dining Rm.
- 10:15 Exercise & 30 Days of Gratitude  
– 5200 North Dining Rm.
- 11:30 Passing Mail
- 1:00 Root Beer Floats- All Floors
- 2:30 Cleaning & Feeding the Birds  
-5100 East Sitting Rm.

## Saturday November 20

- 8:30 Room Visits- 1:1's
- 10:00 Manicures -C/D Dining Rm.
- 11:30 Passing Mail
- 12:30 Memory Makers  
Aromatherapy  
-5100 West Sitting Rm.
- 1:15 Exercise & Art & Craft  
-5100 North Dining Rm
- 3:00 Bingo-5200 South Dining Rm.
- 4:30 Exercise  
C/D Dining Room

## Sunday November 21

- 8:30 **Live Streaming of Calvary**  
**United Methodist**  
**Church Service**  
**Channel 88 on your TV**
- 9:00 Exercise & Devotional  
-5100 South Dining Rm.
- 10:00 **Virtual Catholic Mass –RC1**
- 10:15 Exercise & Devotional  
- C/D Dining Rm.
- 10:30 **Live Streaming of**  
**2nd Presbyterian**  
**Church Service**  
**Channel 88 on your TV**
- 11:00 Memory Makers  
Aromatherapy  
-5200 West Sitting Rm.
- 1:00 Funny Babies in2L  
-5100 South Dining Rm.
- 3:30 **Vespers- MPR ROOM**

**\*\* PLEASE WEAR YOUR FACE MASK TO ALL ACTIVITIES\*\***

