



# MARTIN HEALTH CARE ACTIVITIES: October 18 – October 24



## Monday October 18

- 8:30 Room Visits-1:1's
- 9:00 Exercise & This Day in History  
-5100 North Living Rm.
- 10:15 Exercise & This Day in History  
- 5200 South Living Rm.
- 11:30 Passing Mail
- 1:00 Cooking-Halloween Bark  
Candies  
-5200 North Living Rm.
- 3:00 Bingo- 5100 South Dining Rm.
- 4:15 Cleaning & Feeding the Birds  
-5100 East Sitting Rm.

## Tuesday October 19

- 9:00 Exercise & Funny Animals  
-5100 North Living Rm
- 10:15 Exercise & Funny Animals  
-5200 South Living Rm
- 10:30 Catholic Services  
Channel 88 on your TV
- 11:30 Passing Mail
- 12:15 October Birthday Luncheon  
WMV, The Hearth
- 1:00 Memory Makers-5100/5200  
-East & West Sitting Rooms
- 1:30 Manicures—5100 East Sitting Rm
- 3:00 Wellness w/Leah-  
-5100 North Living Rm.
- 3:00 Bean Bags -5200 North Living Rm
- 4:00 Manicures-5100 West Sitting Rm

## Wednesday October 20

- 9:00 Exercise & Scary Stories  
-5200 South Living Rm.
- 10:15 Exercise & Scary Stories  
-5200 South Living Rm.
- 11:30 Passing Mail
- 1:00 Popcorn Wednesday-All Floors
- 2:00 Social Hour  
-5200 North Dining Room

## 3:15 Dealing with Change- MPR Rm.

- 4:15 Cleaning & Feeding the Birds  
-5100 East Sitting Rm.

## Thursday October 21

- 8:30 Room Visits-1:1's
- 9:00 Exercise & Warm Apple Cider  
-5100 North Living Rm
- 10:15 Exercise & Warm Apple Cider  
-5200 South Living Rm
- 11:30 Passing Mail
- 1:00 Memory Makers -5100 & 5200  
-East & West Sitting Rooms
- 1:30 Manicures-5200 West Sitting Rm.
- 3:00 Wellness w/Leah  
-5200 South Living Rm.
- 3:45 Manicures- 5200 East Sitting Rm.

## Friday October 22

- Wear Pink for Breast Cancer Month
- 9:00 Exercise & Ghost Pretzels  
—5100 South Dining Rm.
- 10:15 Exercise & Ghost Pretzels  
- 5200 South Dining Rm.
- 11:30 Passing Mail
- 1:00 Root Beer Floats—All Floors
- 2:30 Bean Bags - 5100 South Living Rm
- 4:15 Cleaning & Feeding the Birds  
-5100 East Sitting Rm.

## Saturday October 23

- 8:30 Room Visits- 1:1's
- 10:00 Manicures -C/D Dining Rm.
- 11:00 Passing Mail
- 12:30 Memory Makers  
-5100 West Sitting Rm.
- 1:15 Exercise & Cooking Halloween  
Bark Candies  
-5100 North Dining Rm
- 3:00 Bingo-5200 South Dining Rm.
- 4:00 Exercise & Reminiscing  
C/D Dining Room

## Sunday October 24

- 8:30 Live Streaming of Calvary  
United Methodist  
Church Service  
Channel 88 on your TV
- 9:00 Exercise & Devotional  
-5100 South Dining Rm.
- 10:00 Virtual Catholic Mass -RC1
- 10:00 Exercise & Devotional  
- C/D Dining Rm.
- 10:30 Live Streaming of  
2nd Presbyterian  
Church Service  
Channel 88 on your TV
- 11:00 Memory Makers  
-5200 West Sitting Rm.
- 12:45 Exercise & Halloween Spot Hard  
iN2L-5200 North Living Rm.
- 2:00 Sundae Sunday's- All Floors
- 3:30 Vespers- MPR ROOM

**\*\* PLEASE WEAR YOUR FACE MASK TO ALL ACTIVITIES\*\***

