



JOIN IN ON VILLAGE ACTIVITIES FROM: September 13 – September 19



Monday September 13

9:00 Flexible Fitness– RC 2&3
 10:00 Bean Bags - SC
 10:00 Cardio Drumming - RC2&3
 10:45 Cardio Drumming - RC2&3
 11:00 Balance Class - WC
1:00 Bridge - CR
 1:00 Bible Study– RC1
 1:00 Cardio Drumming - WC
2:00 Current Events - RC3
 3:00 Chair Yoga - WC
 3:00 Bingo - RC1,2
 Please bring your cards
 & markers!

Tuesday September 14

9:00 Sit, Stand and Move - RC2&3
10:30 Movie Committee– RMR
 1:00 Hands in Motion - WC
 2:00 Advanced Cardio - WC
 2:00 Dealing with Loss– RC3
2:15 Catholic Live Mass– RC1,2
 3:00 Social Hour - CR
3:30 Hope Therapy Dogs– SC

Wednesday September 15

8:30 Common Grounds Café and Pie Shop in Gridley Trip
 9:00 Flexible Fitness - RC2&3
10:00 Coffee:
Normal Police Department “Financial Crimes” RC1 & 2
 11:00 Advanced Balance Class - WC
 1:00 Art Class - AC
1:00 TED Talks– RC1
“The Power of Introverts”
 Sir Ken Robinson
 1:00 Chair Chi - WC
 1:00 Wheeler Dealers– B2F1 Lounge
 3:00 Needlework Group - RMR

Thursday September 16

8:45 Jewel/Osco Grocery Trip
 9:00 Chair Dance - WC
 9:15 Kroger Grocery Trip
 10:00 Line Dancing - AC
10:00 Resident Council– RC1
 10:00 Short Story - RC3
 10:15 Jewel/Osco Grocery Trip
 10:45 Kroger Grocery Trip
 1:00 Hands in Motion - WC
1:00 Forum– RC1,2
Marianne Manko,
“County Challenges of COVID”
ZOOM presentation
 1:30-3:30 Walmart/Meijer/Dollar Store Trip
 2:00 Advanced Cardio - WC
 2:00 Silver Chords Practice - RC1
 3:00 Social Hour - CR
 3:45 Technology Help - SC
5:15 Connie Link Trip
Turas: Irish/Celtic Music

Friday September 17

9:00 Sit, Stand & Move - RC2&3
10:00 Coffee: RC1 & 2
“Well Clinical Visit” IWU Faculty and Students
 11:00 Advanced Balance - WC
11:15 Resident Lunch Cookout– Foundation Walk
***PLEASE sign up in the Red Book**
 1:00 Chair Chi - WC
 2:00 Bingo - RC1,2&3
 Bring your cards & markers!
6:45 Tartuffe the Imposter
Heartland Theatre
7:00 Movie and Popcorn – RC1 & 2
“Babette’s Feast”
 (1987, G, 1h 43m)

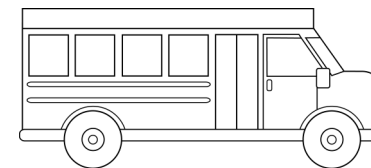
Saturday September 18

10:00 Morning Art Class - AC
 1:00 Art Class - AC
 “Butterfly Project”
7:00 Movie and Popcorn- RC1 & 2
“Nomadland”
 (2020, R, 1h 48m)

Sunday September 19

8:00 Calvary Methodist Church
8:00 First Presbyterian Church
10:00 2nd Presbyterian Church
 10:00 Virtual Catholic Mass - RC1
 11:15 Holy Communion Distribution – RC1
 4:15 Vespers: Rev. B. Elliott Renfroe, Chaplain

SIGN UP FOR BUS RIDES
In the Red Book by the IL Mailboxes



AC - Arts and Crafts
CR - Club Room
RC1 - Resident Center 1
RC2 - Resident Center 2
RC3 - Resident Center 3
RMR - Resident Meeting Room
SC - Social Center
WC - Wellness Center



TUNE IN TO CHANNEL 88 ACTIVITIES: September 13—September 19



Monday **September 13**

9:30-10 Flexible Fitness
 10:00 First Presbyterian Service
 1-1:30 Chair Yoga
 3:30 St. John's Service

Tuesday **September 14**

9:30-10 Sit and Fit
 10:30 Catholic Service
 1:00 PBS DVD - RC1
 "Downton Abbey: Episode 5"
 2:00 Wesley United Methodist
 Service
 3:00 Shadow Boxing

Wednesday **September 15**

9:30-10 Flexible Fitness
 12:00 Wellness Wednesday
 2:00 Broadway Theatre
 "Top Hat"

Thursday **September 16**

9-9:30 Chair Dance
 1-1:30 Hands in Motion
 2:00 Reel Rundown:
 The Movies That Made Us
 "Dirty Dancing"
 7:00 Entertainment
 "Nosedad and the National
 Symphony Orchestra"
 Hayden & Farrenc

Friday **September 17**

9:30-10 Sit and Fit
 1-1:30 Chair Chi

Saturday **September 18**

9:30-10 Sit and Fit
 7:00 Movie
 "Night at the Museum"
 (PG, 2009, 1h 45m)

Sunday **September 19**

8:30 Live Streaming of
 Calvary United Methodist
 Church Service
 10:30 Live Streaming of
 2nd Presbyterian
 Church Service

