



JOIN IN ON VILLAGE ACTIVITIES FROM: September 27 – October 3



Monday September 27

- 9:00 Flexible Fitness– RC2&3
- 10:00 Bean Bags - RC1
- 10:00 Cardio Drumming - WC
- 10:45 Cardio Drumming - WC
- 11:00 Willows Floor Meeting– Willows Clubhouse**
- 11:00 Balance Class - WC
- 1:00 Bridge– CR**
- 1:00 Bible Study– RC1
- 2:00 Current Events– RC3**
- 3:00 Chair Yoga - WC
- 3:00 Bingo - RC1,2
- Please bring your cards & markers!

Tuesday September 28

- 9:00 Sit, Stand and Move - RC2&3
- 1:00 Hands in Motion - WC
- 2:00 Advanced Cardio - WC
- 2:00 Dealing with Loss– RC1**
- 3:00 Social Hour - CR
- 3:30 Outdoor Games with Life Enrichment– Club Room Patio**
- 7:00 Forum**
- "Food, Marvelous Food"**
- Anne Dean, Director of Dining Services**

Wednesday September 29

- 9:00 Flexible Fitness - RC2&3
- 10:00 Coffee:**
- "Coffee from Around the World"**
- Life Enrichment Coordinator Ashley RC1 & 2**
- 11:00 Advanced Balance Class - WC
- 1:00 Art Class - AC
- 1:00 Chair Chi - WC
- 1:00 Wheeler Dealers– B2F1 Lounge
- 2:00 Bible Study– RMR
- 2:00 Scenic Bus Trip to Funks Grove– Sign Up in the Red Book**
- 3:00 Needlework Group - RMR

Thursday September 30

- 8:45 Jewel/Osco Grocery Trip
- 9:00 Chair Dance - WC
- 9:15 Kroger Grocery Trip
- 10:00 Line Dancing - AC
- 10:00 Short Story - RC3
- 10:15 Jewel/Osco Grocery Trip
- 10:45 Kroger Grocery Trip
- 1:00 Hands in Motion - WC
- 1:30-3:30 Walmart/Meijer/Dollar Store Trip
- 2:00 Advanced Cardio - WC
- 3:00 Social Hour - CR
- 3:45 Technology Help - SC
- 5:00 The Barn Theater: Is There Life After 50?**

Friday October 1

- 8:45 Mornings with Professors Bus Trip**
- 9:00 Sit, Stand & Move - RC2&3
- 10:00 Coffee: RC1 & 2**
- Bill Kemp: B/N The Other Side**
- 11:00 Advanced Balance - WC
- 1:00 Balance Class– WC
- 1:00 AL Matinee Movie**
- "Daddy Day Care" - Theatre Room
- 2:00 Bingo - RC1,2&3
- Bring your cards & markers!
- 7:00 Movie and Popcorn – RC1 & 2**
- "Babette's Feast"
- (1987, G 1hr 43 min)

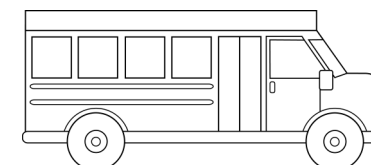
Saturday October 2

- 10:00 Arts and Crafts Activity - AC
- "Garden Project"
- 10:30 McLean Co. Museum of History Cemetery Walk**
- 1:00 Open Art Studio- AC
- 7:00 Movie and Popcorn- RC1 & 2**
- "The Shawshank Redemption"
- (1994 R 2h 22m)

Sunday October 3

- 8:00 Calvary Methodist Church**
- 8:00 First Presbyterian Church**
- 10:00 2nd Presbyterian Church**
- 10:00 Virtual Catholic Mass - RC1
- 11:15 Holy Communion Distribution – RC1
- 4:15 Vespers– RC

SIGN UP FOR BUS RIDES
In the Red Book by the IL Mailboxes



- AC - Arts and Crafts**
- CR - Club Room**
- RC1 - Resident Center 1**
- RC2 - Resident Center 2**
- RC3 - Resident Center 3**
- RMR - Resident Meeting Room**
- SC - Social Center**
- WC - Wellness Center**



TUNE IN TO CHANNEL 88 ACTIVITIES: September 27 – October 3



Monday September 27

9:30-10 Flexible Fitness
 10:00 First Presbyterian Service
 3-3:30 Chair Yoga
 3:30 St. John's Service

Tuesday September 28

9:30-10 Sit and Fit
 10:30 Catholic Service
 1:00 PBS DVD - RC1
 "Downton Abbey: Season 1
 Episode 7"
 2:00 Wesley United Methodist
 Service
 3:00 Shadow Boxing

Wednesday September 29

9:30-10 Flexible Fitness
 1:00 Chair Chi
 2:00 Broadway Theatre
 "Forever Plaid"

Thursday September 30

9-9:30 Chair Dance
 1-1:30 Hands in Motion
 2:00 Reel Rundown:
 Best Leftovers Ever!
 "Fast Food to Fancy"
 7:00 Entertainment
 "Branson Country USA "
 Larry Gatlin & The Gatlin
 Brothers

Friday October 1

9:00 Sit and Fit
 9:30 Mornings with Professors
 "Could what happened in
 Texas, happen in Illinois?"

Saturday October 2

9:00 Shadow Boxing
 7:00 Movie
 "The Terminal"
 (2004 PG13 2h 9m)

Sunday October 3

8:30 Live Streaming of
 Calvary United Methodist
 Church Service
 10:30 Live Streaming of
 2nd Presbyterian
 Church Service

September 15 - October 15 is Latinx-Hispanic Heritage Month



ASSISTED LIVING VILLAGE ACTIVITIES FROM: September 27 – October 3



Monday September 27

- 10:00 Bean Bags - RC1
- 11:30 AL Exercise– 3F Sunroom
- 1:00 Bridge - CR**
- 1:00 Bible Study– RC1
- 2:00 Arts and Crafts with Life Enrichment– 3F Card Room**
- 2:00 Current Events– RC3**
- 3:00 Chair Yoga - WC
- 3:00 Bingo - RC1,2
Please bring your cards & markers!

Tuesday September 28

- 9:30 Bean Bags– 3F Sunroom**
- 11:30 AL Exercise - 3F Sunroom
- 1:00 Hands in Motion– WC
- 2:00 Dealing with Loss - RC1**
- 2:00 30 Fingers Piano Concert– 3F Sunroom**
- 3:00 Social Hour– CR
- 3:30 Outdoor Games with Life Enrichment– Club Room Patio**
- 7:00 Forum**
"Food, Marvelous Food"
Anne Dean, Director of Dining Services

Wednesday September 29

- 9:30 Short Story– 2F Lounge**
- 10:00 Coffee:**
"Coffee from Around the World"
Life Enrichment Coordinator
Ashley RC1 & 2
- 11:30 AL Exercise - 3F Sunroom
- 1:00 Art Class - AC
- 1:00 Chair Chi– WC
- 1:00 Wheeler Dealers– B2F1 Lounge
- 2:00 Bible Study– RMR
- 2:00 Scenic Bus Trip to Funks Grove– Sign Up in the Red Book**
- 2:00 Bingo - AL Dining Rm

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- 10:00 Line Dancing - AC
- 10:00 Short Story - RC3
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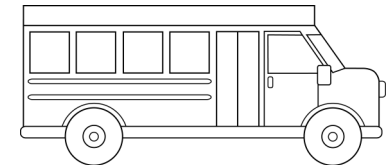
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"Garden Project"
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(1994 R 2h 22m)

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