



MARTIN HEALTH CARE ACTIVITIES: September 13 – September 19



Monday September 13

8:30 Room Visits-1:1's
 9:00 Exercise & Residents Rights Trivia
 -5100 Garden Court
 10:15 Exercise & Residents Rights Trivia
 - 5200 East Balcony
 11:30 Passing Mail
 1:00 Audience Participation Story
 -5200 North Living Rm.
 3:00 Bingo– 5100 South Dining Rm.
 4:15 Cleaning & Feeding the Birds
 -5100 East Sitting Rm.

Tuesday September 14

9:00 Exercise & Reminiscing about Square Dancing
 -5100 Garden Court
 10:15 Exercise & Reminiscing about Square Dancing
 - 5200 East Balcony
 10:30 **Catholic Services**
Channel 88 on your TV
 11:30 Passing Mail
 1:00 Memory Makers
 -5100/5200
 1:30 Manicures—5100 Garden Court
 3:00 Wellness w/Leah—Garden Court
 3:00 Bean Bags –5200 North Dining Room
 4:00 Manicures
 -5100 Garden Court Tables

Wednesday September 15

9:00 Exercise & Group Crossword Puzzle
 -5100 North Living Room
 10:15 Exercise & Group Cross word Puzzle
 -5200 South Living Room

11:30 Passing Mail
 1:00 Popcorn Wednesday-All Floors
 2:00 **Happy Hour**
-5200 North Dining Room
 4:15 Cleaning & Feeding the Birds
 -5100 East Sitting Rm.

Thursday September 16

8:30 Room Visits-1:1's
 9:00 Exercise & Trial of Tears
 -5100 North Living Room
 10:15 Exercise & Trial of Tears
 -5200 South Living Room
 11:30 Passing Mail
 1:00 Memory Makers 5100 & 5200
 1:30 Manicures–5200 North Dining Room
 3:00 Wellness w/Leah
 -5200 South Living Rm.
 4:00 Reminiscing: Birthday Parties
 -5100 Garden Court

Friday September 17

9:45 **RESIDENT COUNCIL**
-MPR ROOM
 11:00 Passing Mail
 1:00 Root Beer Floats—All Floors
 2:30 Bean Bags – 5100 Garden Court
 4:15 Cleaning & Feeding the Birds
 -5100 East Sitting Rm.

Saturday September 18

8:30 Room Visits- 1:1's
 10:00 Exercise & Bowling Game
 -C/D Dining Room
 11:15 Passing Mail
 12:30 Memory Makers-5100
 1:15 Exercise &
 Art & Craft– Making Maracas
 – 5100 Garden Court

3:00 Bingo
 – 5200 South Dining Rm.
 4:00 Manicures– C/D hallways

Sunday September 19

8:30 **Live Streaming of Calvary**
United Methodist
Church Service
Channel 88 on your TV
 9:00 Exercise & Devotional
 -5100 South Dining Room
 10:00 **Virtual Catholic Mass –RC1**
 10:00 Exercise & Devotional
 - C/D Dining Rm.
 10:30 **Live Streaming of**
2nd Presbyterian
Church Service
Channel 88 on your TV
 11:00 Memory Makers—5200
 12:45 Exercise & Traveling to
 Religious Areas
 -IN2L-5200 North Living Rm.
 2:00 Sundae Sunday's– All Floors
 3:30 **Vespers: Rev. B. Elliott**
Renfroe, Chaplain
– MPR ROOM

**ACTIVITIES WILL BE OUTSIDE
 WHEN WEATHER PERMITS!**

**** PLEASE WEAR YOUR FACE
 MASK TO ALL ACTIVITIES****

