



# JOIN IN ON VILLAGE ACTIVITIES FROM: August 9 – August 15



## Monday August 9

9:00 Flexible Fitness - RC2&3  
 10:00 Bean Bags - RC1  
 10:00 Cardio Drumming - RC2&3  
**10:30 Lunch at Cracker Barrel  
 —Sign Up in the Redbook**  
 10:45 Cardio Drumming - RC2&3  
 11:00 Balance Class - WC  
 1:00 Bridge - CR  
 1:00 Bible Study - RC1  
 1:00 Cardio Drumming - WC  
 3:00 Chair Yoga - WC  
 3:00 Bingo - RC1,2  
 Please bring your cards  
 & markers!

## Tuesday August 10

9:00 Sit, Stand and Move - RC2&3  
 Please bring your band  
**10:00 ALL RESIDENT MEETING  
 Barb Nathan Speaks— SC**  
**1:00 Movie Committee – RMR**  
 1:00 PBS DVD - RC1  
 “Downtown Abbey: Episode 1”  
 1:00 Hands in Motion - WC  
 2:00 Advanced Carido - WC  
**2:00 Dealing with Loss - RC3**  
**2:15 Catholic Mass - RC1**  
 3:00 Social Hour - CR  
**3:30 Hope Therapy Dogs – SC**

## Wednesday August 11

9:00 Flexible Fitness - RC2&3  
**10:00 Coffee**  
**“Meet and Greet: Worxhub  
 Addition” Housekeeping Supervisor  
 Lisa Stahl & Environmental  
 Assistant Gina Cummings - RC**  
 11:00 Advanced Balance Class - WC  
 1:00 Art Class - AC  
 1:00 Chair Chi - WC  
 1:00 Wheeler Dealers— B2F1 Lounge  
**2:00 Jim O'Donnell Piano Performance  
 – SC**  
 2:00 Bible Study - RMR  
 3:00 Needlework Group - RMR  
**6:15 Tim Zimmerman and the  
 King's Brass Concert at Wesley  
 United Methodist – Bus is full but  
 you may drive yourself and RSVP  
 online.**

## Thursday August 12

8:45 Jewel/Osco Grocery Trip  
 9:00 Chair Dance - WC  
**9:00 Veterans Coffee – RC1**  
 9:15 Kroger Grocery Trip  
 10:00 Line Dancing - AC  
 10:00 Short Story - RC3  
 10:15 Jewel/Osco Grocery Trip  
 10:45 Kroger Grocery Trip  
 1:00 Hands in Motion - WC  
**1:00 St. John's Meet and Greet with  
 Deacon Lyn A'Hearn - RC3**  
 1:30-3:30 Walmart/Meijer/Dollar Store  
 Trip  
**2:00 Scena Cleveland Piano  
 Performance – 3rd Floor Dining  
 Room AL**  
 2:00 Reel Rundown - RC3  
 “Naomi Osaka: New Blueprint”  
 2:00 Advanced Cardio - WC  
 2:00 Silver Chords Practice - RC1  
 3:00 Social Hour - CR  
 3:45 Technology Help - SC

## Friday August 13

9:00 Sit, Stand & Move - RC2&3  
 Please bring your band  
**10:00 Coffee - RC**  
**Jennifer Doran, First State Bank  
 “Safe Deposit Boxes and  
 Banking Services at WMV”**  
 11:00 Advanced Balance - WC  
 1:00 Chair Chi - WC  
 2:00 Bingo - RC1,2&3  
 Bring your cards & markers!  
 7:00 Movie and Popcorn – RC  
 “The Beatles: A Hard Day's Night”  
 (1964, Rated G)  
 1h, 32 min

## Saturday August 14

10:00 Morning Art Class - AC  
 1:00 Art Class - AC  
 “Painting Studio”  
**1:00 33rd Illinois Regiment Band  
 Concert – SC  
 (Cookies & Lemonade will be  
 served)**

## Sunday August 15

8:00 Calvary Methodist Church  
 8:00 St. John's Lutheran Church  
 9:15 First Presbyterian Church  
 10:00 2nd Presbyterian Church  
 10:00 Virtual Catholic Mass - RC1  
 11:15 Holy Communion Distribution  
 – RC1  
 3:00 Hymn Sing— RC 1&2  
 4:15 Vespers and Communion:  
 Rev. Dr. Andrew Gifford,  
 St. Luke Union - RC 1 & 2

AC - Arts and Crafts  
 CR - Club Room  
 RC1 - Resident Center 1  
 RC2 - Resident Center 2  
 RC3 - Resident Center 3  
 RMR - Resident Meeting Room  
 SC - Social Center  
 WC - Wellness Center



# TUNE IN TO CHANNEL 88 ACTIVITIES: August 9 – August 15

## Monday August 9

9:30-10 Flexible Fitness  
 10:00 First Presbyterian Service  
 3:00 Chair Yoga  
 3:30 St. John's Service

## Friday August 13

9-9:30 Sit and Fit  
 1-1:30 Chair Chi  
 2:00 **Barb Nathan-**  
**"All Resident Meeting"**

## Tuesday August 10

9:30-10 Sit and Fit  
 10:30 Catholic Service  
 2:00 Wesley United Methodist  
 Service  
 3:00 Shadow Boxing

## Saturday August 14

9-9:30 Chair Yoga  
 7:00 Movie  
**"Dark Waters"**  
 (2019, Rated PG-13)  
 2 hr, 7 min

## Wednesday August 11

9:30-10 Flexible Fitness  
 10:00 **Barb Nathan-**  
**"All Resident Meeting"**  
 12:00 Wellness Wednesday  
 2:00 Broadway Theatre  
**"The Last Five Years"**  
 3:30 **Barb Nathan-**  
**"All Resident Meeting"**

## Sunday August 15

8:30 Live Streaming of  
 Calvary United Methodist  
 Church Service  
 10:30 Live Streaming of  
 2nd Presbyterian  
 Church Service

## Thursday August 12

9-9:30 Chair Dance  
 1-1:30 Hands in Motion  
 7:00 Entertainment  
**"Beethoven 9"**



**HOPE THERAPY DOGS**  
**Tuesday, August 10**  
**3:30 p.m., Social Center**

## ~RESIDENT STORE~

Monday & Tuesday  
 9:00 a.m. - 4:00 p.m.  
 Wednesday  
 9:00 a.m. - 2:00 p.m.  
 Thursday & Friday  
 9:00 a.m. - 4:00 p.m.



# TUNE IN TO CHANNEL 88 ACTIVITIES: August 9 – August 15



## Monday August 9

9:30-10 Flexible Fitness  
 10:00 First Presbyterian Service  
 3:00 Chair Yoga  
 3:30 St. John's Service

## Friday August 13

9-9:30 Sit and Fit  
 1-1:30 Chair Chi  
**2:00 Barb Nathan-  
 "All Resident Meeting"**

## Sunday August 15

8:30 Live Streaming of  
 Calvary United Methodist  
 Church Service  
 10:30 Live Streaming of  
 2nd Presbyterian  
 Church Service

## Tuesday August 10

9:30-10 Sit and Fit  
 10:30 Catholic Service  
 2:00 Wesley United Methodist  
 Service  
 3:00 Shadow Boxing

## Saturday August 14

9-9:30 Chair Yoga  
 7:00 Movie  
 "Dark Waters"  
 (2019, PG-13)  
 2 hr, 7min

## Wednesday August 11

9:30-10 Flexible Fitness  
**10:00 Barb Nathan-  
 "All Resident Meeting"**  
 12:00 Wellness Wednesday  
 2:00 Broadway Theatre  
 "The Last Five Years"  
**3:30 Barb Nathan-  
 "All Resident Meeting"**

## Thursday August 12

9-9:30 Chair Dance  
 1-1:30 Hands in Motion  
 7:00 Entertainment  
 "Beethoven 9"



**SIGN UP IN THE RED BOOK**



**HOPE THERAPY DOGS  
 Tuesday, August 10  
 3:30 p.m., 2nd Floor  
 Patio and Sunroom AL**

## ~RESIDENT STORE~

Monday & Tuesday  
 9:00 a.m. - 4:00 p.m.  
 Wednesday  
 9:00 a.m. - 2:00 p.m.  
 Thursday & Friday  
 9:00 a.m. - 4:00 p.m.



# ASSISTED LIVING ACTIVITES FROM: August 9— August 15



**Monday August 9**  
 10:00 Bean Bags - RC1  
 10:30 **Cracker Barrel Lunch**  
 – Sign Up in the Redbook  
 11:30 **Exercise Class– 2F Dining Rm AL**  
 1:00 Bridge– CR  
 1:00 Bible Study– RC1  
 1:00 Cardio Drumming - WC  
 1:30 **Arts and Crafts with Life**  
**Enrichment – Bistro 1st Floor AL**  
 3:00 Chair Yoga - WC  
 3:00 Bingo - RC1,2  
 Please bring your cards & markers!

**Tuesday August 10**  
 9:30 **Bean Bags – 2FDR Assist. Living**  
 10:00 **ALL RESIDENT MEETING – SC**  
**Barb Nathan Speaks**  
 11:30 **Exercise Class– 2F Dining Rm AL**  
 1:00 **Movie Committee – RMR**  
 1:00 PBS DVD - RC1  
 “Downtown Abbey: Episode 1”  
 1:00 Hands in Motion - WC  
 2:00 **Dealing with Loss – RC3**  
 2:15 **Catholic Mass – RC1**  
 3:00 Social Hour - CR  
 3:30 **Hope Therapy Dogs – 2nd FL Patio**  
**& Sunroom Assisted Living**

AC - Arts and Crafts  
 CR - Club Room  
 RC1 - Resident Center 1  
 RC2 - Resident Center 2  
 RC3 - Resident Center 3  
 RMR - Resident Meeting Room  
 SC - Social Center  
 WC - Wellness Center

**\*NEW ASSISTED LIVING\***  
 2FDR - 2nd Floor Dining Room  
 3FDR - 3rd Floor Dining Room  
 2FSR - 2nd Floor Sunroom  
 3FSR - 3rd Floor Sunroom  
 TR - Theater Room

**Wednesday August 11**  
 9:30 **Short Story– 2F Lounge Assist Liv.**  
 10:00 **Coffee “Meet and Greet: Worxhub**  
**Addition” Housekeeping Supervisor**  
**Lisa Stahl & Environmental Assistant**  
**Gina Cummings- RC**  
 11:30 **Exercise Class– 2F Dining Rm AL**  
 1:00 Art Class - AC  
 1:00 Ted Talk– RC1  
 1:00 Chair Chi - WC  
 1:00 Wheeler Dealers– B2F1 Lounge  
 2:00 **Jim O’Donnell Piano Performance**  
 – SC  
 2:00 **Bingo– 3FDR Assisted Living**  
 2:00 Bible Study - RMR  
 3:00 Needlework Group - RMR  
 6:15 **Tim Zimmerman and the King’s**  
**Brass Concert at Wesley United**  
**Methodist– Bus is full but you may**  
**drive yourself and RSVP online.**

**Thursday August 12**  
 8:45 Jewel/Osco Grocery Trip  
 9:00 **Veterans Coffee – RC1**  
 9:00 Chair Dance - WC  
 9:15 Kroger Grocery Trip  
 10:00 Line Dancing - AC  
 10:00 Short Story - RC3  
 10:15 Jewel/Osco Grocery Trip  
 10:45 Kroger Grocery Trip  
 11:30 **Exercise Class – 2F Dining Rm AL**  
 1:00 Hands in Motion - WC  
 1:00 **St. John’s Meet and Greet with**  
**Deacon Lyn A’Hearn – RC3**  
 1:30-3:30 Walmart/Meijer/Dollar Store Trip  
 2:00 **Scena Cleveland Piano**  
**Performance – 3rd Floor Dining**  
**Room AL**  
 2:00 Reel Rundown - RC3  
 “Naomi Osaka: New Blueprint  
 2:00 Silver Chords Practice - RC1  
 3:00 Social Hour - CR  
 3:45 Technology Help - SC

**Friday August 13**  
 9:00 Sit, Stand & Move– RC2&3  
 Please bring your band  
 10:00 **Coffee - RC**  
**Jennifer Doran, First State Bank**  
**“Safe Deposit Boxes and**  
**Banking Services at WMV”**  
 11:30 Exercise Class– 2F Dining Room  
 12:30 **Healing Rides– AL & Memory**  
**Sign Up in the Red Book.**  
**See Brittany-must complete**  
**forms prior to riding**  
 1:00 Chair Chi - WC  
 1:00 **Matinee in 1st Floor Theater**  
**“Annie” 1hr 30 min**  
 2:00 Bingo - RC1,2&3  
 Bring your cards & markers!  
 3:00 Balance Class - WC  
 7:00 Movie and Popcorn – RC  
 “The Beatles: A Hard Day’s Night”  
 (1964, G)  
 1h, 32min

**Saturday August 14**  
 10:00 Morning Art Class - AC  
 1:00 Art Class - AC  
 “Painting Studio”  
 1:00 **33rd Illinois Regiment Band**  
**Concert– SC (Cookies &**  
**Lemonade will be served)**

**Sunday August 15**  
 8:00 Calvary Methodist Church  
 8:00 St. John’s Lutheran Church  
 9:15 First Presbyterian Church  
 10:00 2nd Presbyterian Church  
 10:00 Virtual Catholic Mass - RC1  
 11:15 Holy Communion Distribution  
 – RC1  
 3:00 Hymn Sing– RC  
 4:15 Vespers and Communion:  
 Rev. Dr. Andrew Gifford, St. Luke  
 Union– RC 1 & 2