



JOIN IN ON VILLAGE ACTIVITIES FROM: August 30—September 5



Monday August 30
 9:00 Flexible Fitness— RC2&3
 10:00 Bean Bags— RC1
 10:00 Cardio Drumming— RC2&3
 10:00 Cardio Drumming—RC2&3
 11:00 Balance Class— WC
 1:00 Bible Study— RC1
 1:00 Cardio Drumming— WC
 3:00 Chair Yoga— WC
 3:00 Bingo - RC1,2
 Please bring your cards & markers!

Tuesday August 31
 9:00 Sit, Stand and Move—RC2&3
 1:00 Hands in Motion - WC
 2:00 Advanced Cardio - WC
 3:00 Social Hour —CR
 7:00 **Forum-RC**
Elizabeth Reed
“Sustainability at ISU”
 Co-Sponsor WV Green Team

Wednesday September 1
 9:00 Flexible Fitness - RC2&3
 10:00 **Coffee - RC**
“Cyber Crimes” Andy Schoepf
 11:00 Advanced Balance Class— WC
 11:00 **Scenic Bus Trip to Dewey’s Drive**
In for Lunch— Sign up in the Red Book
 1:00 Art Class— AC
 1:00 **Ted Talk— RC1**
“Electronic Pills that Could Transform How We Treat Disease” Khalil Ramadi
 1:00 Chair Chi— WC
 1:00 Wheeler Dealers— B2F1 Lounge
 2:00 Bible Study— RMR
 3:00 Needlework Group— RMR

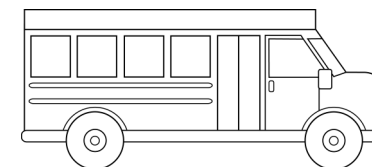
Thursday September 2
 8:45 Jewel/Osco Grocery Trip
 9:00 Chair Dance— WC
 9:15 Kroger Grocery Trip
 10:00 Line Dancing— AC
 10:00 Short Story— RC3
 10:15 Jewel/Osco Grocery Trip
 1:00 Hands in Motion— WC
 1:30 **Low Vision— RC2**
 1:30–3:30 Walmart/Meijer/Dollar Store Trip
 2:00 Advanced Cardio— WC
 3:00 Social Hour— CR
 3:45 Technology Help—SC
 5:15 **Connie Link Amphitheatre:**
Adam Larson Jazz Quartet—
 Sign up in the Red Book

Friday September 3
 9:00 Sit, Stand & Move— RC2&3
 10:00 **Coffee— RC**
“40 Acres— Irish Railroad Neighborhood, McLean Co. History” Bill Kemp
 11:00 Advanced Balance— WC
 1:00 Coleus Group meets in Art Room
 1:00 Chair Chi— WC
 2:00 Bingo— RC
 Please bring your cards & markers!
 6:45 **Community Players Theater**
Curious Incident of the Dog at Night-Time
 7:00 **Movie and Popcorn— RC1 & 2**
“Giant”
(1956, G, 3h 21m)

Saturday September 4
 9:15 **Lexington Castle Home & Garden Tour**
 10:00 Arts and Crafts Class – AC
 “Wheat Designs”
 1:00 Art Class— AC
 7:00 **Movie and Popcorn— RC1 & 2**
“No Man’s Land”
(2021, PG-13, 1h 5m)

Sunday September 5
 8:00 Calvary Methodist Church
 8:00 St. John’s Lutheran Church
 9:15 First Presbyterian Church
 10:00 Virtual Catholic Mass— RC1
 11:15 Holy Communion Distribution— RC1
 4:15 Vespers— RC
 Rev. Clarence Falls, AP Center for Hope Ministries
 5:00 B2F1 Floor Party— Y Lounge

SIGN UP FOR BUS RIDES
in the Red Book by the IL Mailboxes



AC - Arts and Crafts
 CR - Club Room
 RC1 - Resident Center 1
 RC2 - Resident Center 2
 RC3 - Resident Center 3
 RMR - Resident Meeting Room
 SC - Social Center
 WC - Wellness Center



TUNE IN TO CHANNEL 88 ACTIVITIES: August 30—September 5



Monday August 30

9:30-10 Flexible Fitness
 10:00 First Presbyterian Service
 3:00 Chair Yoga
 3:30 St. John's Service

Tuesday August 31

9:30-10 Sit and Fit
 10:30 Catholic Service
 1:00 PBS DVD
 "Downtown Abbey: Episode 3"
 2:00 Wesley United Methodist Service
 3:00 Shadow Boxing
 3:30 Oldies but Goodies: Golden Girls

Wednesday September 1

9:30-10 Flexible Fitness
 12:00 Wellness Wednesday
 2:00 Broadway Theatre
 "Matthew Bourne's Cinderella"

Thursday September 2

9-9:30 Chair Dance
 1-1:30 Hands in Motion
 2:00 Reel Rundown
 Tiny Creatures "Minnesota" & "Arizona"
 7:00 Entertainment
 "Battle of Swing – Benny Goodman Vs Glenn Miller"

Friday September 3

9:30-10 Sit and Fit
 1-1:30 Chair Chi

Saturday September 4

9:30-10 Chair Dance
 7:15 Movie
 The Big Wedding (R, 1h 30m, 2013)

Sunday August 29

8:30 Live Streaming of
 Calvary United Methodist Church Service
 10:30 Live Streaming of
 2nd Presbyterian Church Service



Ice Cream Flavor of the Month:
 Moose Tracks



TUNE IN TO CHANNEL 88 ACTIVITIES: August 30 – September 5



Monday August 23

9:30-10 Flexible Fitness
 10:00 First Presbyterian Service
 3:00 Chair Yoga
 3:30 St. John's Service

Tuesday August 24

9:30-10 Sit and Fit
 10:30 Catholic Service
 1:00 PBS DVD
 "Downtown Abbey: Episode 3"
 2:00 Wesley United Methodist Service
 3:00 Shadow Boxing
 3:30 Oldies but Goodies: Golden Girls

Wednesday August 25

9:30-10 Flexible Fitness
 12:00 Wellness Wednesday
 2:00 Broadway Theatre
 "Matthew Bourne's Cinderella"

Thursday August 26

9-9:30 Chair Dance
 1-1:30 Hands in Motion
 7:00 Entertainment
 "Battle of Swing – Benny Goodman Vs Glenn Miller"

Friday August 27

9:30-10 Sit and Fit
 1-1:30 Chair Chi

Saturday August 28

9:30-10 Chair Dance
 7:15 Movie
 The Big Wedding (R, 1h 30m, 2013)

Sunday August 29

8:30 Live Streaming of Calvary United Methodist Church Service
 10:30 Live Streaming of 2nd Presbyterian Church Service



**Ice Cream Flavor
 of the Month:
 Moose Tracks**

If you would like to attend an event in Independent Living, and need help getting there, please ask your PCA or call the Assisted Living Front Desk and they will find someone to help you.

ASSISTED LIVING ACTIVITIES FROM: August 30—September 5



Monday August 30

10:00 Bean Bags– RC1
11:30 Exercise Class– 2F Dining Room
12:00 AL Special Meal– 3FDR
 1:00 Bible Study– RC1
 1:00 Cardio Drumming– WC
1:30 Arts and Crafts with Life Enrichment – Bistro
 3:00 Chair Yoga– WC
 3:00 Bingo - RC1,2
 Please bring your cards & markers!

Tuesday August 31

9:30 Bean Bags - 2FDR
11:30 Exercise Class– 2F Dining Room
 1:00 Hands in Motion - WC
 3:00 Social Hour –CR
7:00 Forum-RC
Elizabeth Reed
“Sustainability at ISU”
Co-Sponsor WV Green Team

Wednesday September 1

9:30 Short Story– 2F Patio
10:00 Coffee– RC
“Cyber Crimes” Andy Schoepf
11:00 Scenic Bus Trip to Dewey’s Drive
In for Lunch– Sign up in the Redbook
 11:30 Exercise Class– 2F Dining Room
1:00 Ted Talk– RC1
“Electronic Pills that Could Transform How We Treat Disease” Khalil Ramadi
 1:00 Art Class– AC
 1:00 Chair Chi– WC
 1:00 Wheeler Dealers– B2F1 Lounge
 2:00 Bible Study– RMR
 3:00 Needlework Group– RMR

Thursday September 2

8:45 Jewel/Osco Grocery Trip
 9:00 Chair Dance– WC
 9:15 Kroger Grocery Trip
 10:00 Line Dancing– AC
 10:00 Short Story– RC3
 10:15 Jewel/Osco Grocery Trip
 11:30 Exercise Class– 2F Dining Room
 1:00 Hands in Motion– WC
1:30 Low Vision– RC2
 1:30-3:30 Walmart/Meijer/Dollar Store Trip
 3:00 Social Hour– CR
 3:45 Technology Help–SC

Friday September 3

9:00 Sit, Stand & Move– RC2&3
10:00 Coffee– RC
“40 Acres– Irish Railroad Neighborhood, McLean Co. History” Bill Kemp
 11:30 Exercise Class– 2F Dining Room
 1:00 Chair Chi– WC
 6:45 **Community Players Theater**
Curious Incident of the Dog at Night-Time
7:00 Movie and Popcorn– RC1 & 2
“Giant” (1956, G, 3h 21m)

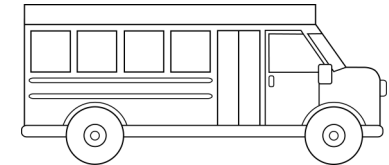
Saturday September 4

9:15 Lexington Castle Home & Garden Tour
 10:00 Arts and Crafts Class– AC
 “Wheat Designs”
 1:00 Art Class– AC
7:00 Movie and Popcorn– RC1 & 2
“No Man’s Land” (2021, PG-13, 1h 5m)

Sunday September 5

8:00 Calvary Methodist Church
 8:00 St. John’s Lutheran Church
 9:15 First Presbyterian Church
 10:00 Virtual Catholic Mass– RC1
 11:15 Holy Communion Distribution– RC1
 4:15 Vespers– RC
 Rev. Clarence Falls, AP Center for Hope Ministries

SIGN UP FOR BUS RIDES
 in the Red Book by the IL Mailboxes



NEW ASSISTED LIVING
 2FDR - 2nd Floor Dining Room
 3FDR - 3rd Floor Dining Room
 2FSR - 2nd Floor Sunroom
 3FSR - 3rd Floor Sunroom

AC - Arts and Crafts
 CR - Club Room
 RC1 - Resident Center 1
 RC2 - Resident Center 2
 RC3 - Resident Center 3
 RMR - Resident Meeting Room
 SC - Social Center
 WC - Wellness Center