

JOIN IN ON VILLAGE ACTIVITIES FROM: June 28 – July 4

Monday June 28

9:00 Flexible Fitness - RC2&3
 10:00 Bean Bags - RC1
 10:00 Cardio Drumming - RC2&3
 10:45 Cardio Drumming - RC2&3
 11:00 Balance Class - WC
 1:00 Bible Study - RC1&2
 1:00 Cardio Drumming - WC
 1:00 Bridge - CR
 3:00 Chair Yoga - FW

Tuesday June 29

9:00 Sit, Stand and Move - RC2&3
 Please bring your band
 1:00 PBS DVD - RC1&2
 "Ken Burns: Baseball: Inning 7
 part 2"
 1:00 Hands in Motion - FW
 2:00 Advanced Cardio - WC
 3:00 Social Hour - CR
 7:00 Connie Link Amphitheatre
 "Opera Under the Stars"-
 Sign up in the Red Book

Wednesday June 30

Special Dinner Feature: Taco Salad*
 9:00 Flexible Fitness - RC2&3
 10:00 Coffee - RC
 "Celebrate Alzheimer's & Brain
 Awareness Month with 'Brain
 Games'"
 - Wellness Director, Leah Wagner
 11:00 Advanced Balance Class - WC
 11:30 Lunchtime Concert at Withers
 Park - Sign up in Red Book
 1:00 Art Class - AC
 1:00 Chair Chi - FW
 1:00 Ted Talks - RC1
 "The Strange Tale of the
 Norden Bombsight"
 Malcolm Gladwell
 2:00 Bible Study - RMR
 3:00 Needlework Group - RMR

Thursday July 1

8:45 Jewel/Osco Grocery Trip
**9:00 Sculpture Instillation Watch
 Party- CR Patio**
 9:00 Chair Dance - FW
 9:15 Kroger Grocery Trip
 10:00 Line Dancing - AC
 10:00 Short Story - RC3
 10:15 Jewel/Osco Grocery Trip
 10:45 Kroger Grocery Trip
 1:00 Hands in Motion - FW
 1:30 Low Vision - RC3
 2:00 Reel Rundown - RC2
 "Great British Baking Show:
 Pastry Week"
 2:00 Advanced Cardio - WC
 2:00 Silver Chords - RC 1
 3:00 Social Hour - CR
 3:00 B1F2 Floor Meeting - RC3
 3:45 Technology Help - SC
 7:00 Franklin Park Concert-
 Red Book Sign up

Friday July 2

9:00 Sit, Stand & Move - RC2&3
 Please bring your band
 10:00 Coffee - RC
 "What's Happening in Life
 Enrichment - Director Erica
 Kaisner-Hundman"
 11:00 Advanced Balance - WC
 1:00 Chair Chi - FW
 2:00 Bingo - RC1,2&3
 Bring your cards & markers!
 3:00 Balance Class - WC

Saturday July 3

10:00 Morning Art Class - AC
 1:00 Art Class - AC
 "Painting Studio"

Sunday July 4

9:00 4th of July Ceremony- SC
 4:15 Vespers Service - RC

**No Bus Service Today
 National Holiday**

**AC - Arts and Crafts
 CR - Club Room
 FW - Foundation Walk
 RC1 - Resident Center 1
 RC2 - Resident Center 2
 RC3 - Resident Center 3
 RMR - Resident Meeting Room
 SC - Social Center
 WC - Wellness Center**

~RESIDENT STORE~

**Monday-Friday
 9:00 a.m. – 4:00 p.m.
 Saturday
 9:00 a.m.—1:00 p.m.**

TUNE IN TO CHANNEL 88 ACTIVITIES: June 28—July 4



Monday June 28

9:30-10 Flexible Fitness
 10:00 First Presbyterian Service
 3:00 Chair Yoga
 3:30 St. John's Service

Friday July 2

9-9:30 Sit and Fit
 1-1:30 Chair Chi
 7:00 Movie
 "Soul"
 (2020, Rated PG)
 1 hr, 40 min

Sunday July 4

9:00 Live Streaming of
 Calvary United Methodist
 Church Service
 10:30 Live Streaming of
 2nd Presbyterian
 Church Service

Tuesday June 29

9:30-10 Sit and Fit
 10:30 Catholic Service
 2:00 Wesley United Methodist
 Service
 3:00 Shadow Boxing

Saturday July 3

9-9:30 Hands in Motion
 7:00 Movie
 "Rachel, Rachel"
 (1968, Rated R)
 1 hr, 41 min

Wednesday June 30

9:30-10 Flexible Fitness
 12:00 Wellness Wednesday
 2:00 Broadway Theatre
 "An American in Paris"

Thursday July 1

9-9:30 Chair Dance
 1-1:30 Hands in Motion
 7:00 Entertainment
 "Around the Town: Souvenir de
 Florence"

Check Channel 3
 for movie
 descriptions

**Return Rinsed Reusable
 Take Out Containers
 to Y-Lounge Receptacles
 on Each Floor or to Receptacles Near
 the Entrance to the Dining Rooms**

Church Drives

Sign up in the Red Book
 by Friday of Each Week
 for the following
 Sunday!



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"An American in Paris"

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1-1:30 Hands in Motion
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"Around the Town: Souvenir
de Florence"

**Call the
Wellness Center
for Individual Fitness
Sign Ups
319-2581**



ASSISTED LIVING ACTIVITIES FROM: : June 28—July 4



Monday June 28

10:00 Bean Bags - RC3
 11:30 Exercise
 - 2nd Floor Dining Room
12:00 AL Special Meal— 3FDR
 1:00 Bible Study - RC1&2
 1:30 Arts and Crafts with Life
 Enrichment- Bistro
 3:00 Chair Yoga - FW

Tuesday June 29

9:30 Bean Bags - 2nd Floor DR
 11:30 Exercise
 - 2nd Floor Dining Room
 1:00 PBS DVD - RC1&2
 “Ken Burns: Baseball: Inning 7
 part 2”
 1:00 Hands in Motion - FW

Wednesday June 30

9:30 Short Story - 2nd Floor Lounge
 10:00 Coffee - RC
 “Celebrate Alzheimer’s & Brain
 Awareness Month with ‘Brain
 Games’”
 - Wellness Director, Leah Wagner
 11:30 Exercise
 - 2nd Floor Dining Room
 1:00 Art Class - AC
 1:00 Chair Chi - FW
 2:00 Bible Study - RMR
 2:00 Bingo - 3rd Floor Dining Rm
 3:00 Needlework Group - RMR

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8:45 Jewel/Osco Grocery Trip
 9:00 Chair Dance - FW
**9:00 Sculpture Instillation Watch
 Party— 2nd Floor Sunroom& 3rd
 Floor Sunroom**
 9:15 Kroger Grocery Trip
 10:00 Line Dancing - AC
 10:00 Short Story - RC3
 10:15 Jewel/Osco Grocery Trip
 10:45 Kroger Grocery Trip
 11:30 Exercise - 2FDR
 1:00 Hands in Motion - FW
 1:30 Low Vision - RC3
 2:00 Silver Chords - RC 1
 2:00 Reel Rundown - RC2
 “Great British Baking Show:
 Pastry Week”
 3:45 Technology Help - SC

Friday July 2

10:00 Coffee - RC
 “What’s Happening in Life
 Enrichment” - Director Erica
 Kaisner-Hundman”
 11:30 Exercise - 2FDR
 1:00 Chair Chi - FW
 2:00 Bingo - RC1,2&3
 Please bring your cards
 & markers!

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10:00 Morning Art Class - AC
 1:00 Art Class - AC
 “Painting Studio”

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 National Holiday**

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NEW ASSISTED LIVING

**2FDR - 2nd Floor Dining Room
 3FDR - 3rd Floor Dining Room
 2FSR - 2nd Floor Sunroom
 3FSR - 3rd Floor Sunroom
 TR - Theater Room**