



MARTIN HEALTH CARE ACTIVITIES: May 10 – May 16



NATIONAL NURSING HOME WEEK!!!

“TOGETHER THROUGH THE SEASON”

Honoring the commitment and dedication of staff and care they provided to residents during this unprecedented time.

Monday May 10

- 8:30 Room Visits-1:1’s
- 10:00 Rainbow Flowers-Craft
-5100 North Living Rm.
- 11:15 Exercise-C/D Dining Rm.
- 1:00 Reminiscing Togetherness
With Team Members
- 5200 South Dining Rm.
- 2:00 Bowling Toss with Team Members
- 5100 North Dining Rm.
- 3:00 Bingo with Team Members
-5100 North Dining Rm.
- 4:15 Cleaning & Feeding the Birds
-5100 East Sitting Rm.

Tuesday May 11

- 9:00 Rainbow Flowers-Craft
-5200 North Living Rm.
- 10:00 Reminiscing Togetherness
with Team Members
- 5100 North Dining Rm.
- 10:30 **Catholic Services**
Channel 88 on your TV
- 11:15 Exercise-C/D Dining Rm.
- 1:00 Memory Makers
5100 & 5200 Manicures/Music
- 1:30 Tie Dye Shirts & Socks
with Team Members
-5100 North Dining Rm.
- 3:00 Wellness w/Leah
-5100 North Living Rm.
- 3:00 Tie Dye Shirts & Socks
with Team Members
- 5200 North Dining Rm.

Wednesday May 12

Recognizing Our Staff with a Summer

EMPLOYEE COOKOUT 10am-1pm

- 9:00 Manicures –5100 West Seating Area
- 10:00 Manicures –5200 East Seating Area
- 11:15 Exercise –C/D Dining Rm.
- 12:15 Popcorn Wednesday-All Floors
- 1:00 Bingo with Team Members
-5200 South Dining Rm.
- 2:30 Hula Hoop Contest
Team Members only
-5100 North Dining Rm.
- 4:15 Cleaning & Feeding the Birds
-5100 East Sitting Rm.

Thursday May 13

- 8:30 Room Visits-1:1’s
- 10:00 Salt Dough Heart Ornaments
with Picture- 5100 North Dining Rm.
- 11:15 Exercise-C/D Dining Rm.
- 1:00 Memory Makers– 5100 & 5200
- 1:30 Salt Dough Heart Ornaments
with Picture-5200 North Dining Rm.
- 3:00 Wellness w/Leah
-5200 North Living Rm.
- 3:00 Water Balloon Ring Toss
-5100 Garden Court

Friday May 14

- 9:00 Employee & Resident Pictures
-5200
- 10:00 Employee & Resident Pictures
-5100
- 11:15 Exercise– C/D Dining Rm
- 1:00 Root Beer Floats—All Floors
- 2:00 Water Balloon Ring Toss
-5200 West Balcony
- 3:15 Bean Bags-Garden Court
- 4:15 Cleaning & Feeding the Birds
-5100 East Sitting Rm

Saturday May 15

ARMED FORCES DAY!

- 8:30 Room Visits- 1:1’s
- 10:00 Celebrating & Recognizing
Our Veterans
—C/D Hallways
- 11:15 Exercise– 5200 South Living Rm.
- 1:00 Memory Makers-5100
- 1:30 Celebrating & Recognizing
Our Veterans
-5100 North Living Rm.
- 3:00 Bingo with Team Members
-5200 South Dining Rm.
- 4:00 Outside on the Balconies-5200

Sunday May 16

- 9:00 Devotional & Exercise to Follow
- 5200 North Living Rm.
- 10:00 Devotional & Exercise to Follow
-5100 South Living Rm.
- 10:30 **Live Streaming of**
2nd Presbyterian
Church Service
Channel 88 on your TV
- 11:15 Exercise -C/D Dining Rm.
- 1:00 Memory Makers- 5200
- 1:30 Sundae Sunday —All Floors
- 2:30 Bowling Toss
- 5100 North Living Rm. Or
Weather Permitting Garden Court
- 3:30 **Vespers**
Channel 88 on your TV

**ACTIVITIES WILL BE OUTSIDE
WHEN WEATHER PERMITTS!**

**** PLEASE WEAR YOUR FACE
MASK TO ALL ACTIVITIES****



TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: May 10—May 16



<u>Monday</u>	<u>May 10</u>	<u>Thursday</u>	<u>May 13</u>	<u>Sunday</u>	<u>May 16</u>
9:30	Flexible Fitness	9:00	Chair Dance	9:00	Live Streaming of Calvary United Methodist Church Service
10:00	First Presbyterian Service	1:00	Hands in Motion		
11:30	Flexible Fitness	7:00	Entertainment		
1:00	Hands in Motion		"Live from Lincoln Center	10:30	Live Streaming of 2nd Presbyterian Church Service
3:00	Chair Yoga		Leslie Odom, Jr. In Concert"		
3:30	St. John's Service			3:30	Vespers Service
<u>Tuesday</u>	<u>May 11</u>	<u>Friday</u>	<u>May 14</u>		
9:30	Sit and Fit	9:00	Sit and Fit		
10:30	Catholic Service	10:00	Coffee		
11:30	Sit and Fit		"Arches National Park, Utah 4K Scenic Drive"		
2:00	Wesley United Methodist Service	11:30	Sit and Fit		***** ** For visits with MHC Residents please contact: Miya Williams at (309)319-2539 *****
3:00	Shadow Boxing	1:00	Chair Chi		
		7:00	Movie: "Holiday" (1938, Not Rated) 1hr, 33 min.		
<u>Wednesday</u>	<u>May 12</u>	<u>Saturday</u>	<u>May 15</u>		
9:30	Flexible Fitness	9:00	Chair Chi		** Check Channel 3 for Movie descriptions **
10:00	Coffee: "Therapy: Importance of Swallowing Safely"	1:00	Coffee: "Therapy: Importance of Swallowing Safely"		
11:30	Flexible Fitness		Movie		
12:00	Wellness Wednesday	7:00	"Deepwater Horizon" (2016, Rated PG-13) 1hr, 47 min.		
1:00	Chair Chi				
2:00	Broadway Theatre "Far from the Madding Crowd"				