



MARTIN HEALTH CARE ACTIVITIES: April 12—April 18



Monday April 12

- 8:30 Room Visits-1:1's
- 10:00 Parachuting w/Beach Balls
- 5200 North Living Rm.
- 11:00 Exercise-C/D Dining Rm.
- 1:00 Parachuting w/Beach Balls
- 5100 North Living Rm.
- 3:00 Bingo-5100 South Din. Rm.
- 4:15 Cleaning & Feeding the Birds
-5100 East Sitting Rm.

Tuesday April 13

- 9:00 Popular Candy from 1950's
& Exercise to Follow
-5100 North Living Rm.
- 10:00 Popular Candy from 1950's
& Exercise to Follow
-5200 South Living Rm.
- 10:30 [Catholic Services](#)
[Channel 88 on your TV](#)
- 11:00 Exercise-C/D Dining Rm.
- 12:30 Popcorn—All Floors
- 1:00 Memory Makers
—Manicures/Music
- 1:45 Manicures
-5100 West Seating Rm.
- 3:00 Wellness w/Leah
-5100 South Living Rm.
- 3:00 I.S.U. Music Therapy
- 5100 Family room
- 4:00 Manicures
-5100 East Seating Rm.

Wednesday April 14

- 9:00 Reminiscing & Exercise to
Follow—5200 North Living Rm
- 10:00 Reminiscing & Exercise to follow

- 5100 South Living Rm.
- 11:00 Exercise-C/D Dining Rm.
- 1:00 Paper Punch Out Lanterns
-5200 South Dining Rm.
- 3:00 Bingo— 5100 South Dining Rm.
- 4:15 Cleaning & Feeding the Birds
-5100 East Sitting Rm.

Thursday April 15

- 8:30 Room Visits-1:1's
- 10:00 Broadway Musical & Exercise to
Follow -5100 South Living Rm.
- 11:00 Exercise-C/D Dining Rm.
- 1:00 Memory Makers
- Music/Bubbles
- 1:45 Manicures
—5200 East Seating Rm.
- 2:30 I.S.U. Music Therapy
- Family room 5100
- 3:00 Wellness w/Leah
-5200 South Living Rm.
- 4:00 Manicures
—5200 West Seating Rm.

Friday April 16

- 9:00 Inspirational Seniors &
Exercise to follow
- 5100 North Living Rm.
- 10:00 Inspirational Seniors &
Exercise to follow
- 5200 North Living Rm.
- 11:00 Exercise -C/D Dining Rm
- 1:00 Root Beer Floats—All Floors
- 3:00 Cleaning & Feeding the Birds
-5100 East Sitting Rm.

Saturday April 17

- 8:30 Room Visits- 1:1's
- 10:00 Exercise & Manicures to follow
—C/D Dining Rm.

- 11:00 Exercise— 5200 South Living Rm.
- 1:00 Memory Makers
-5100 Garden Court
Aromatherapy/Music
- 1:45 Discussion Starters
& Exercise-5100 Garden Court
- 3:00 Bingo
-5200 South Dining Rm.
- 4:15 Outside on the Balconies/Trivia
-5200 hallways

Sunday April 18

- 9:00 31 Strange But True Laws Still
On the Books
& Exercise to Follow
-5200 North Living Rm.
- 10:00 31 Strange But True Laws Still
On the Books
& Exercise to Follow
-5100 South Living Rm.
- 10:00 [Live Streaming of](#)
[2nd Presbyterian](#)
[Church Service](#)
[Channel 88 on your TV](#)
- 11:00 Exercise -C/D Dining Rm.
- 1:00 Memory Makers
- 5200 Balcony
Aromatherapy/Music
- 1:30 Sundae Sunday —All Floors
- 2:30 Outside Garden Court/Trivia
-5100 hallways
- 3:30 [Vespers](#)
[Channel 88 on your TV](#)

**ACTIVITIES WILL IN THE GARGEN
COURT WHEN WEATHER
PERMITTS** PLEASE WEAR YOUR
FACE MASK TO ALL ACTIVITIES****



TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: April 12—April 18



Monday April 12

9:30 Flexible Fitness
 10:00 First Presbyterian Service
 11:30 Flexible Fitness
 1:00 Hands in Motion
 2:00 Bingo Live!
 3:00 Chair Yoga
 3:30 St. John's Service

Tuesday April 13

9:30 Sit and Fit
 10:30 Catholic Service
 11:30 Sit and Fit
12:00 ALL RESIDENT MEETING
 2:00 Wesley United Methodist Service
 3:00 Shadow Boxing
3:30 ALL RESIDENT MEETING

Wednesday April 14

9:30 Flexible Fitness
 10:00 Coffee:
 McLean Co. Museum
 Of History: Billy Sunday
 "The Baseball Evangelist"
 11:30 Flexible Fitness
 12:00 Wellness Wednesday
 1:00 Chair Chi
 2:00 Broadway Theatre
 "Lady Day at Emerson's
 Bar & Grill"
3:30 ALL RESIDENT MEETING

Thursday April 15

9:00 Chair Dance
 1:00 Hands in Motion
 7:00 Entertainment
 "MSO Live/Best of MSO
 Live Online Vol.1
 Copland Appalachian
 Spring"

Friday April 16

9:30 Sit and Fit
 10:00 Mornings with the
 Professors Richard Watts,
 Retired Presbyterian
 Minister WV Resident:
 "Our Founding Fathers
 and Islam"
 11:30 Sit and Fit
 1:00 Chair Chi
 7:00 Movie:
 "Frozen II"
 (2019, Rated PG)
 1hr, 43 min.

Saturday April 17

9:00 Chair Chi
 1:00 Coffee:
 McLean Co. Museum
 Of History: Billy Sunday
 "The Baseball Evangelist"
 7:00 Movie
 "Stranger than Fiction"
 (2006, Rated PG-13)
 1hr, 53 min.

Sunday April 18

9:00 Live Streaming of
 Calvary United Methodist
 Church Service
 10:30 Live Streaming of
 2nd Presbyterian
 Church Service
 3:30 Vespers Service
 Rev. Brian Hastings
 First Baptist Church
 Bloomington

**** For visits with MHC
 Residents please contact:
 Miya Williams at (309)319-2539

**** Check Channel 3 for
 Movie descriptions ****