
COVID-19 UPDATE

TO: WESTMINSTER VILLAGE RESIDENTS AND STAFF
FROM: BARB NATHAN
DATE: JANUARY 29, 2021

What a week! For the first time in many weeks all staff and resident COVID tests were negative. Tuesday, Thursday and Friday staff and resident vaccines were done. For those that had a first dose of the vaccine this week, CVS staff will return in 3 weeks to give the second dose. By the end of February, we will be as protected as possible.

Much of the outside world is opening back up. In fact, we have moved very quickly through three phases in the past week. We are so close to having this community protected and we remain committed to stay with our current restrictions until the first of March. Assisted Living has opened to essential care givers and we are ready to allow that in Martin Health Center as soon as we are able. Beyond that it does not make sense to gather for exercise, dining, or other activities till March 1st.

Even with more than 99% of our community vaccinated we will continue to wear masks, safely distance and wash hands frequently.

I was one of those who were wowed by Youth Poet Laureate Amanda Gordon's words and delivery at the recent presidential inauguration. Researching, I found a poem that she wrote earlier this year about the pandemic. I found the following words from that poem inspiring for this time were in and particularly as we inch closer to the end of this pandemic.

From a wave of woes our world will emerge stronger.

We'll observe how the burdens braved by humankind

Are also the moments that make us humans kind;

Let every dawn find us courageous, brought closer;

Heeding the light before the fight is over.

When this ends, we'll smile sweetly, finally seeing

In testing times, we became the best of beings.

Excerpt from "The Miracle of Morning," by Youth Poet Laureate Amanda Green