



# MARTIN HEALTH CARE ACTIVITIES FROM: October 19 – October 25



## Monday October 19

8:30 Room Visits-1:1's  
 10:00 Twisted Trivia  
 Exercise to follow  
 -C/D in Hallways  
 11:00 Exercise– 5200 Hallways  
 1:00 You Be The Judge  
 & Exercise to Follow  
 -5100 in Hallways  
 3:00 Bingo-5100 in Hallways  
 4:15 Cleaning & Feeding the Birds

## Tuesday October 20

9:00 All About Me  
 & Exercise to Follow  
 -C/D in Hallways  
 10:00 Guys & Gals Crossword  
 & Exercise to Follow  
 -5100 in Hallways  
 10:30 [Catholic Services](#)  
[Channel 88 on your TV](#)  
 11:00 Exercise-5200 in Hallways  
 12:30 Popcorn—All Floors  
 1:00 Manicures  
 -5100 in Hallways  
 3:00 Memorable Events 1920-1970  
 -5100 in Hallways  
 3:00 I.S.U. Music Therapy  
 - 5200 In Room  
 4:00 Memory Makers  
 -In Hallways—Manicures

## Wednesday October 21

9:00 Fun Facts about Animals  
 & Exercise to Follow  
 -C/D in Hallways

10:00 What Do you Know  
 About October Never 2 Late  
 -5100 in Hallways  
 11:00 Exercise-5200 in Hallways  
 1:00 Reminiscing -Never 2 Late  
 -5100 in Hallways  
 3:00 Bingo—C/D in Hallways  
 4:15 Cleaning & Feeding the Birds

## Thursday October 22

8:30 Room Visits-1:1's  
 10:00 Reminiscing Never 2 Late  
 & Exercise to Follow  
 – C/D in Hallways  
 11:00 Exercise-5100 in Hallways  
 1:00 Manicures  
 -5200 in Hallways  
 3:00 I.S.U. Music Therapy  
 -5100 In Room  
 3:00 You Be The Judge  
 -5200 in Hallways  
 4:00 Memory Makers  
 -In Hallways– Music

## Friday October 23

9:00 Trivia-Never 2 Late  
 & Exercise to Follow  
 -C/D in Hallways  
 10:00 That was the Year...Never 2 Late  
 Exercise to follow  
 - 5100 in Hallways  
 11:00 Exercise—5200 in Hallways  
 1:00 Root Beer Floats - All Floors  
 3:00 Bingo  
 -5100 in Hallways  
 4:00 Cleaning & Feeding the Birds

## Saturday October 24

8:30 Room Visits- 1:1's  
 9:30 Manicures– C/D in Hallways  
 & Exercise to Follow  
 - C/D in Hallways  
 11:00 Exercise– 5200 in Hallways  
 1:30 Joggin' Your Noggin  
 & Exercise to Follow  
 -5100 in Hallways  
 3:00 Bingo - C/D in Hallways

## Sunday October 25

8:30 Daily Room Checks  
 9:00 Divine Inspiration Crossword  
 & Exercise to Follow  
 -C/D in Hallways  
 10:00 Reminiscing  
 & Exercise to Follow  
 -5100 in Hallways  
 10:00 [Live Streaming of](#)  
[2nd Presbyterian](#)  
[Church Service](#)  
[Channel 88 on your TV](#)  
 11:00 Exercise– 5200 in Hallways  
 1:00 Sundae Sunday —All Floors  
 2:30 Bingo  
 -5200 in Hallways  
 3:30 [Vespers](#)  
[Channel 88 on your TV](#)  
 4:00 Memory Makers  
 -In Hallways-Bubbles

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**ALL ACTIVITIES WILL BE BY  
RESIDENT DOOR IN HALLWAYS**

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