



MARTIN HEALTH CARE ACTIVITIES FROM: August 3—August 9



Monday August 3

8:30 Daily Room Checks & 1:1's
 10:00 Traveling to Europe
 1st/North Living Rm
 11:00 Exercise— 5200 Halls
 1:00 Grab Some Nuts Day
 -Garden Court
 3:00 Bingo—1st/South Dining room
 4:15 Cleaning & Feeding the Birds

Tuesday August 4

8:30 Daily Room Checks
 9:00 Bulletin Board Trivia
 -1st/North Living Rm.
 10:00 Traveling to Africa
 -2nd/South Liv. Rm
 10:30 Catholic Services
Channel 88 on your TV
 11:00 Exercise—All Floors
 1:00 Popcorn—All Floors
 1:00 Manicures
 Garden Court C/D & 5100
 3:00 The Year 1958
 -1st/North Living rm.
 3:00 Presidents
 - 2nd/South Living rm.
 4:00 Memory Makers
 -Garden Court

Wednesday August 5

8:30 Daily Room Checks
 9:00 August in History
 C/D Dining Room
 10:00 Twister Trivia— 2nd/South Liv.r
 11:00 Exercise—All Floors
 1:00 Who Wants to be a Millionaire
 -1st/South Living rm.
 3:00 Bingo—5200 Halls
 4:15 Cleaning & Feeding the Birds

Thursday August 6

8:30 Daily Room Checks & 1:1's
 10:00 Chicken Soup for the Golden
 Soul— C/D dining rm.
 11:00 Exercise—All Floors
 1:00 Manicures—2nd Fl. Balconies
 3:00 Listening to Sue
 - 2nd/North Living rm.
 3:00 Memories at the Fair
 - 1st/South Living rm.
 4:00 Memory Makers— Garden Court

Friday August 7

8:30 Daily Room Checks
 9:00 August in History
 -2nd/South Dining rm.
 10:00 Listening to Sue
 - 1st/South Dining rm.
 11:00 Exercise—All Floors
 1:00 Root Beer Floats - All Floors
 2:30 Reminiscing— Get to know your
 Neighbor
 -Garden Court
 Weather permitting or 1st/North liv. rm
 4:00 Cleaning & Feeding the Birds

Saturday August 8

8:30 Daily Room Checks & 1:1's
 10:00 August in History
 -1st/North Living rm.
 11:00 Exercise- 5200
 1:00 Riddles & Trivia-Garden Court
 Weather permits or 1st/North Living rm
 3:00 Bingo - C/D Halls

Sunday August 9

8:30 Daily Room Checks
 9:00 Daily Devotion 2nd/South Liv. Rm
 10:00 Reminiscing
 -Garden Court
 Weather permitting or 1st/South Liv.rm
 10:00 Live Streaming of
2nd Presbyterian
Church Service
Channel 88 on your TV
 11:00 Exercise— C/D halls
 1:00 Sundae Sunday —All Floors
 2:30 Short Stories— 2nd/Living Rm.
 3:30 Vespers
Channel 88 on your TV
 4:00 Memory Makers
 -Garden Court

HAPPY BIRTHDAY!!
Evelyn Dwyer Aug. 3
Alice Rodgers Aug. 5
William Miller Aug. 6
Myrna Cable Aug. 8





TUNE TO CHANNEL 88 ON YOUR TV FOR MORE ACTIVITIES: August 3 – August 9



Monday August 3

9:30-10 Flexible Fitness
10:00 First Presbyterian Service
3:30 St. John's Service

Thursday August 6

9:00-9:30 Chair Dance
1-1:30 Hands in Motion
7:00 Entertainment
"Cirque du Soleil:
One Night for One Drop"

Sunday August 9

9:00 Live Streaming of
Calvary United Methodist
Church Service
10:00 Live Streaming of
2nd Presbyterian
Church Service
3:30 Vespers Service

Tuesday August 4

9:30-10 Sit and Fit
10:30 Catholic Service
1-1:30 Hands in Motion
2:00 Wesley United Methodist
Service

Friday August 7

9:30-10 Sit and Fit
10:00 Coffee:
"Oldie but Goodie"
Performance by
The Silver Chords
1-1:30 Chair Chi
7:00 Movie:
"Top Gun"
(1986, Rated PG)
1hr, 49 min.

Wednesday August 5

9:30-10 Flexible Fitness
10:00 Coffee:
"The Emancipation
Proclamation and
Abraham Lincoln's
Evolving Views on Slavery"
By the McLean Co.
Museum of History
1-1:30 Chair Chi
3:00 Broadway Theatre
"Les Miserable"

Saturday August 8

9-9:30 Chair Chi
7:00 Movie
"The Star is Born"
(2018, Rated R)
2hr, 16min.

**For outside visits with MHC
residents please contact:
Miya Williams at (309)319-2539
**Pre-screens have to be done
24 hrs. in advance before visits.
**Visits are Tuesday– Friday
starting at 9:15 a.m.—3:15 p.m.
Weather Permitting**
