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## CORONAVIRUS PREVENTION 3/19/2020

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Regulations and recommendations regarding the prevention practices for the Coronavirus are updated every day and oftentimes multiple times per day. Staff has been having conference calls with CDC, CMS (Center for Medicare & Medicaid Services), Illinois Department of Public Health and our professional organization. We adjust our practices based on current requirements. A number of changes have been made and more are expected in the upcoming days.

As of March 13, Martin Health Center has a No Visitor Policy with the exception of essential personnel and visits, with authorization, for end of life care. The same restrictions were placed on Assisted Living on March 17. No visitors are allowed in Assisted Living with the exception of essential personnel. In both Martin Health Center and Assisted Living, communal dining has been eliminated so meals are being served in their rooms or apartments.

We cannot empathize nor completely understand the impact this is having on residents and their loved ones. Our hearts and prayers go out to all of them. An incredible group of staff, here at Westminster, is working to create as many options as possible for support and activities on an individual basis.

For Independent Living we follow the generalized guidance provided by the CDC. We are strongly encouraging Independent Living residents to stay here at Westminster, and to leave the community for necessities only (for example, medical appointments). We are also asking residents to **not** host guests from outside Westminster Village.

No one in Westminster is happy about the restrictions that have been placed on our residents and on their interactions. It is of necessity that we do this. As things are changing so quickly, we will be communicating additional information as it becomes available.