


AUGUST 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
<div style="display: flex; justify-content: space-around; align-items: center;">  <div style="text-align: center;"> <p>Tuesday, August 13 at 7:00 p.m., RC1&2 Marlene Gregor, WV Resident, Manager of Gregor Galleries and widow of Harold Gregor: “The Artistic Journey of Harold Gregor”</p> <p>Tuesday, August 27 at 7:00 p.m., RC1&2 Judy Brown, WV Resident, Former Actor, Director, Theatrical Producer: “On the Cusp”</p> </div> </div>						<p>1</p> <p>9:00 Grocery Shopping 9:00 Line Dancing - AC 9:00 Zumba Gold - WC 10:00 Short Story Club - RC2 10:30 McLean Co Fair Trip 1:00 Hands in Motion - WC 1:30 Low Vision - RC2 1:30 Art Class - AC 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 6:45 H.M.S. Pinafore Trip</p>	<p>2</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 Children’s Discovery Museum 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>3</p> <p>10:00 Antique Auto Show at David Davis Mansion 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 2:00 - 4 Gerry Decker Birthday Party - SC 7:00 Movie & Popcorn See Channel 3 - RC</p>
<p>4</p> <p>Church transportation St. John’s, OSF Chapel 1st Pres, 2nd Pres St. Matthew’s</p> <p>9:00 Streaming of 2nd Presbyterian Church Service w/Communion - RC1</p> <p>2:00 Sundae Sunday for Everyone - MHC 1st Floor South Dining Room</p> <p>4:15 Vespers - RC with Fellowship Rev. James B. Bortell, Retired Normal, UMC Pianist: Doris Hill</p>	<p>5</p> <p>9:00 Exercise - RC3 10:00 Bean Bags - RC2 11:00 Balance Class - WC 1:00 Hands in Motion - WC 2:00 Current Events - AC 2-2:30 Sundae Monday - The Landing</p>	<p>6</p> <p>9:00 Exercise - RC3 10:30 Catholic Service - RC1 10:30 Lunch at Common Grounds in Gridley</p> <p>1:00 PBS DVD Series - RC1 “Horatio’s Drive” Pt. 2</p> <p>1:00 Dealing with Loss Support Group - RMR</p> <p>1:00 Advanced Cardio - WC 2:00 Blood Pressures - WC 2:00 Walks in the Park Trip 3 - 5:00 Club Room Social Hour - CR</p> <p>6:30 Music Under the Stars at Miller Park</p>	<p>7</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 Dr. Sara Hanley, B-N Audiology</p> <p>11:00 Advanced Balance Class - WC</p> <p>1:00 Chair Chi - WC 1:30 TED Talks - RC1 “How to Revive Your Belief in Democracy”</p> <p>1:30 Eastland/College Hills Mall Trip</p> <p>2:00 Wheeler Dealers - B2F1 Lounge</p> <p>3:00 Bible Study - RMR 3:30 Guided Meditation - RC1</p>	<p>8</p> <p>9:00 Veterans Coffee - RC1 9:00 Grocery Shopping 9:00 Line Dancing - AC 9:00 Zumba Gold - WC 10:00 Short Story Club - RC2 1:00 Hands in Motion - WC 1:00 Conversation Circles - RC1&2 1:30 Art Class - AC 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR</p> <p>3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 State Farm J108 - SC</p>	<p>9</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 Miller Park Zoo</p> <p>1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 2:30 Farm and Fleet Trip 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>10</p> <p>10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 3 - RC</p>		
<p>11</p> <p>Church transportation St. John’s, OSF Chapel 1st Pres, 2nd Pres St. Matthew’s</p> <p>9:00 Streaming of 2nd Presbyterian Church Service - RC1</p> <p>3:30 Hymn Sing - RC</p> <p>4:15 Vespers - RC Rev. Joe Culpepper, Retired Christian Church Pianist: Lou Ann Fillingham</p> <p>5:30 B1F1 Floor Party - Patio off The Landing</p>	<p>12</p> <p>9:00 Q.E.D. - RMR 9:00 Exercise - RC3 9:45 Midwest Food Bank Trip</p> <p>10:00 Bean Bags - RC2 11:00 Balance Class - WC 11:00 Willows Meeting - Willows Clubhouse</p> <p>12:00 Willows Lunch - Willows Clubhouse</p> <p>1:00 Hands in Motion - WC 7:00 B1F2 Floor Meeting - B1F2 Lng</p>	<p>13</p> <p>9:00 Exercise - RC3</p> <p>10:00 All Resident Meeting - RC</p> <p>1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC2 “Forces of Nature”</p> <p>2:00 Blood Pressures - WC 2:00 Walks in the Park Trip 2:15 Catholic Mass - RC1 3 - 5:00 Club Room Social Hour (Appetizers) - CR</p> <p>7:00 Forum, Marlene Gregor, WM Resident: “The Artistic Journey of Harold Gregor” - RC1&2</p>	<p>14</p> <p>8:00 Miller Park Zoo Trip</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 Dr. Couillard, How to Protect Your Eyes</p> <p>11:00 Advanced Balance Class - WC</p> <p>1:00 Chair Chi - WC 1:30 Walmart/Meijer/Aldi/ Dollar Store Trip</p> <p>2:00 Wheeler Dealers - B2F1 Lng</p> <p>3:00 Bible Study - RMR 3:00 Mclean Co Museum of History: “Photo Reminiscence” -B3F3Lng</p> <p>3:30 Guided Meditation - RC1</p>	<p>15</p> <p>9:00 Grocery Shopping 9:00 Line Dancing - AC 9:00 Zumba Gold - WC 10:00 Resident Council - RC1 10:00 Short Story Club - RC2 11:00 Lunch at Thai House 1:00 Hands in Motion - WC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 “Our Planet”</p> <p>2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR</p> <p>3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Amazons Performance - SC</p>	<p>16</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 DVD Series, Museum Masterpieces</p> <p>10:30-11:30 Bookmobile - B3F1 C-Wing exit</p> <p>1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>17</p> <p>9:00 Farmers Market Trip 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 3 - RC</p>		

AUGUST 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
18 Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's 9:00 Streaming of 2nd Presbyterian Church Service - RC1 4:15 Vespers - RC w/Communion Rev. Randy Reese, Calvary UMC, Normal Pianist: Elaine Stokes 5:30 B3F1 Floor Party - Patio off The Landing	19 9:00 Exercise - RC3 10:00 Bean Bags - RC2 10:30 Lunch at Kemp's Upper Tap 11:00 Balance Class - WC 1:00 Hands in Motion - WC 1:00 Trip to Children's Discovery Museum 2:00 Blueberry Pie & Ice Cream - The Landing 2:00 Current Events - AC 7:00 FLOOR MEETINGS - Lounge	20 9:00 Exercise - RC3 10:30 Catholic Service - RC1 12:15 Birthday Photo - SC 12:30 Birthday Lunch - The Hearth 1:00 Dealing with Loss Support Group - RMR 1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC1 "Forces of Nature" 2:00 Blood Pressures - WC 2:00 Walks in the Park Trip 3 - 5:00 Club Room Social Hour - CR 3:30 Therapy Dogs - SC	21 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Estate Planning Tips 11:00 Advanced Balance Class - WC 1:00 Chair Chi - WC 1:30 TED Talks - RC1 "Life's Third Act" 1:30 Eastland/College Hills Mall Trip 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR 3:30 Guided Meditation - RC1	22 9:00 Grocery Shopping 9:00 Line Dancing - AC 9:00 Zumba Gold - WC 10:00 Short Story Club - RC1 1:00 Hands in Motion - WC 1:00 Talbots Fashion Show - SC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 "Our Planet" 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Illinois Symphony Orchestra Performance - SC	23 9:00 Exercise - RC3 10:00 Coffee - RC1&2 DVD Series, Museum Masterpieces 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Watermelon Social - SC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC	24 8:30 B2F2 Floor Breakfast - The Hearth 10:00 Sweet Corn Circus in Uptown Normal 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Room 2:00 - 4 Lydia Buehrer Birthday Party Open House - SC 7:00 Movie & Popcorn See Channel 3 - RC
25 Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's 9:00 Streaming of 2nd Presbyterian Church Service - RC1 4:15 Vespers - RC Rev. Joe McIntosh, Retired UMC, Mahomet Pianist: Carol Churukian 5:30 B1F3 Social Hour - B1F3 Lng 6:45 Nostalgia Movie- RC1 "The King and I" (1956, G)	26 8:30 Funks Grove Trip 9:00 Exercise - RC3 10:00 Bean Bags - RC2 11:00 Balance Class - WC 1:00 Hands in Motion - WC 3:30 Afternoon Drive	27 9:00 Exercise - RC3 10:30 Catholic Service - RC1 1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC1 "Forces of Nature" 2:00 Blood Pressures - WC 2:00 Walks in the Park Trip 3 - 5:00 Club Room Social Hour - CR 7:00 Forum, Judy Brown, WV Resident, Former Actor, Director, Theatrical Producer: "On the Cusp" - RC1&2	28 BPL Books Due 8:15 Breakfast at Fort Jesse Cafe 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Fun for the Brain 11:00 Advanced Balance Class - WC 1:00 Chair Chi - WC 1:30 Walmart/Meijer/Aldi/ Dollar Store Trip 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR 3:30 Guided Meditation - RC1	29 9:00 Grocery Shopping 9:00 Line Dancing - AC 9:00 Zumba Gold - WC 10:00 Short Story Club - RC2 1:00 Hands in Motion - WC 1:00 Bromenn Thrift Shop Trip 1:30 Art Class - AC 1:45 Reel Rundown - RC3 "Our Planet" 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour (Appetizers) - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Aldo and Judith Mancinelli Performance - SC	30 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Advocate Bromenn, Stroke Awareness 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC	31 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Room 7:00 Movie & Popcorn See Channel 3 - RC

THE LANDING HOURS
 Casual Dining Venue
Monday-Saturday:
 Breakfast 7:30am-9:00am
 Lunch 11:00am-1:00pm
 Snacks 1:00pm-3:00pm
 Dinner 4:15pm-6:30pm
Sunday:
 Breakfast 7:30am-9:00am
 Brunch 11:00am-2:00pm

THE HEARTH HOURS
 Traditional Culinary Experience
Monday-Saturday:
 Dinner 4:15pm-6:30pm
Sunday:
 Brunch 11:00am-1:00pm

ABBREVIATIONS KEY:
 AC - ARTS & CRAFTS
 CR - CLUB ROOM
 MHC - MARTIN HEALTH CENTER
 RC - RESIDENT CENTER
 RMR - RESIDENT MEETING ROOM
 SC - SOCIAL CENTER
 WC - WELLNESS CENTER

~RESIDENT STORE~
 Monday-Friday
 9:00 a.m. - 12:30 p.m.
 1:00 - 4:00 p.m.

BARGAIN BOUTIQUE
 Tuesdays 10:00 a.m. -12:00 p.m.
 Wednesdays 1:00-3:00 p.m.
 Saturdays 9:00 a.m.-12:00 p.m.