

MAY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="display: flex; align-items: center;"> <div> <p>Tuesday, May 14 at 7:00 p.m., RC1&2</p> <p>ISU President Larry Dietz:</p> <p>Trends in Higher Education and Happenings at Illinois State</p> <p>Tuesday, May 28 at 7:00 p.m., RC1&2</p> <p>Immigration Project: Update on Current Issues and How This Organization is Helping Illinois Residents</p> </div> </div>			<p>1 BPL Books Due</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 Celebrate May Day 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 Eastland/College Hills Mall Trip 1:30 TED Talks - RC1 "How We Can Predict the Next Financial Crisis" 2:00 Wheeler Dealers - B2F1 Lounge 2:30 Jeopardy - RC1&2 3:00 Bible Study - RMR 3:30 Guided Meditation - RC1</p>	<p>2</p> <p>9:00 Veterans Coffee - RC1 9:00 Grocery Shopping 9:00 Line Dancing - AC 10:00 Short Story Club - RC1 10 - 2:00 Low Vision Fair - SC 10:15 Chair Dance - WC 1:00 Hands in Motion - WC 1:30 Art Class - AC 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Community Concert Band Performance - SC</p>	<p>3</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 Illinois Wesleyan Students Study Climate Change 10:30-11:30 Bookmobile - B3F1 C-Wing exit 1:00 Cubs/Cardinals Game Viewing - CR 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 6:45 Illinois Symphony Orchestra Trip 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>4</p> <p>8:30 B2F2 Floor Breakfast - The Hearth 9:00 Quilt Show Trip 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 6:15 Brass Band of Central IL Trip 7:00 Movie & Popcorn See Channel 3 - RC</p>
<p>5</p> <p>Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's 9:00 Streaming of 2nd Presbyterian Church Service w/Communion - RC1 1:15 Community Players Trip 2:00 Sundae Sunday for Everyone - MHC Dining Room 4:15 Vespers - RC with Fellowship Rev. Art Runyon UMC, Retired WV Resident Pianist: Helen Doty 5:30 B2F3 Floor Party - B2F3 Lng</p>	<p>6</p> <p>9:00 Exercise - RC3 10:00 Bean Bags - RC2 10:00 Affiliates of ISU Coffee - RC1 11:00 Balance Class - WC 1:00 Hands in Motion - WC 1:00 Movie Committee - RMR 2:00 Current Events - AC 2:00 Walks in the Park Trip 2-2:30 Sundae Monday - The Landing 6:30 B/N Youth Symphony Performance - SC</p>	<p>7</p> <p>9:00 Exercise - RC3 9:00 Senior Expo Trip 10:30 Catholic Service - RC1 10:30 Lunch at Busy Corner 1:00 PBS DVD Series - RC1 "The Pyramid Code" 1:00 Dealing with Loss Support Group - RMR 1:00 Advanced Cardio - WC 2:00 Blood Pressures - WC 3 - 5:00 Club Room Social Hour - CR</p>	<p>8</p> <p>8:00 Miller Park Zoo Trip 9:00 Exercise - RC3 10:00 Coffee - RC1&2 The Baby Fold 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 Walmart/Meijer/ Dollar Store Trip 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR 3:30 Guided Meditation - RC1</p>	<p>9</p> <p>9:00 Grocery Shopping 9:00 Line Dancing - AC 10:00 Short Story Club - RC3 10:15 Chair Dance - WC 11:30 Lunch and Learn Trip 1:00 Chico's Fashion Show - SC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Central IL Banjo Club Performance - SC</p>	<p>10</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 Mother's Day 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>11</p> <p>10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 3 - RC</p>
<p>12</p> <p>Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's 9:00 Streaming of 2nd Presbyterian Church Service - RC1 3:30 Hymn Sing - RC 4:15 Vespers - RC Pastor Randy Reese Calvary UMC, Normal Pianist: Sue Miller</p>	<p>13</p> <p>9:00 Q.E.D. - RMR 9:00 Exercise - RC3 10:00 Bean Bags - RC2 11:00 Balance Class - WC 11:00 Willows Meeting - Willows Clubhouse 12:00 Willows Lunch - Willows Clubhouse 1:00 Hands in Motion - WC 2:00 Walks in the Park Trip 7:00 B1F2 Floor Meeting - B1F2 Lng</p>	<p>14</p> <p>9:00 Exercise - RC3 1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC2 "The Pyramid Code" 2:00 Blood Pressures - WC 2:15 Catholic Mass - RC1 3 - 5:00 Club Room Social Hour (Appetizers) - CR 7:00 Forum, Larry Dietz: ISU President: Trends in Higher Education and Happenings at Illinois State - RC1&2</p>	<p>15</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 The Pantagraph: Michelle Pazar 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 Eastland/College Hills Mall Trip 1:30 Podcast - RC1 "Aging Unmasked" 2:00 Wheeler Dealers - B2F1 Lng 3:00 Bible Study - RMR 3:00 McLean Co Museum, Toys & Games-B3F3 Lng 3:30 Guided Meditation - RC1</p>	<p>16</p> <p>9:00 Grocery Shopping 9:00 Line Dancing - AC 10:00 Resident Council - RC1 10:00 Short Story Club - RC3 10:15 Chair Dance - WC 1:00 Hands in Motion - WC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR 2:00 Blain's Farm and Fleet Trip 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng</p>	<p>17</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 Healthy Lifestyle "Correct Posture" 11:00 Lunch at Imperial Buffet 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>18</p> <p>10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 3 - RC</p>



MAY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
19 Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's 9:00 Streaming of 2nd Presbyterian Church Service - RC1 4:15 Vespers - RC w/Communion Rev. Dr. Curt Keller Hudson UMC Pianist: Pat Messinger 5:30 Foundation Spring Social - SC	20 9:00 Exercise - RC3 9:45 Midwest Food Bank Trip 10:00 Bean Bags - RC2 11:00 Balance Class - WC 1:00 Hands in Motion - WC 2:00 Current Events - AC 2:00 Walks in the Park Trip 7:00 FLOOR MEETINGS - Lounge	21 9:00 Zumba Gold - RC3 10:30 Catholic Service - RC1 12:15 Birthday Photo - SC 12:30 Birthday Lunch - The Hearth 1:00 Dealing with Loss Support Group - RMR 1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC1 The Presidents: Jimmy Carter 2:00 Blood Pressures - WC 3 - 5:00 Club Room Social Hour - CR 3:00 Afternoon Drive 3:30 Therapy Dogs - SC 7:00 Beggars Banquet Band Performance - SC	22 9:00 Exercise - RC3 10:00 Coffee - SC WMV Activities and Programs Fair 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:00 Conversation Circles - RC1&2 1:30 Walmart/Meijer/ Dollar Store Trip 2:00 Wheeler Dealers - B2F1 Lounge 2:30 Niepagen's Nursey Trip 3:00 Bible Study - RMR 3:30 Guided Meditation - RC1	23 8:30 Breakfast at Cracker Barrel 9:00 Grocery Shopping 9:00 Line Dancing - AC 10:00 Short Story Club - RC3 10:15 Chair Dance - WC 11:00 Sing-A-Long with MarcFirst - SC 1:00 Hands in Motion - WC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng	24 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Kay Henrichs, Monarch Butterflies 10:30-11:30 Bookmobile - B3F1 C-Wing exit 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC	25 9:00 Farmer's Market Trip 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Room 7:00 Movie & Popcorn See Channel 3 - RC
26 Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's 9:00 Streaming of 2nd Presbyterian Church Service - RC1 4:15 Vespers - RC Pastor Peter Weeks Redeemer Lutheran Pianist: Lou Ann Fillingham 5:30 B1F3 Social Hour - B1F3 Lng 6:45 Nostalgia Movie- RC1 "Father Goose" (1964, Not Rated)	27 10:00 Memorial Day Ceremony - SC 2:00 Bingo - AL Dining Rm 3:00 Movie & Popcorn See Channel 3 - RC Holiday Meal Served 11:00 a.m. - 2:00 p.m. 	28 9:00 Exercise - RC3 10:00 Lunch at Lost in Time 10:30 Catholic Service - RC1 1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC1 The Presidents: Ronald Reagan 2:00 Blood Pressures - WC 2:30 Rootbeer Float Social - SC 3 - 5:00 Club Room Social Hour - CR 7:00 Forum, Immigration Project: Update on Current Issues and How This Organization is Helping Illinois Residents - RC1&2	29 9:00 Exercise - RC3 10:00 Coffee - RC1&2 DVD Series: The Big Bang, Life on Earth, and The Rise of Humanity 11:00 Balance Class - WC 11:30 Lunchtime Concert Trip 1:00 Foundation Walk - Meet in the Gazebo 1:30 Eastland/College Hills Mall Trip 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR 3:30 Guided Meditation - RC1	30 9:00 Grocery Shopping 9:00 Line Dancing - AC 10:00 Short Story Club - RC3 10:15 Chair Dance - WC 1:00 Hands in Motion - WC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour (Appetizers) - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng	31 9:00 Exercise - RC3 10:00 Coffee - RC1&2 DVD Series: The Big Bang, Life on Earth, and The Rise of Humanity 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC	

THE LANDING HOURS
 Casual Dining Venue
Monday-Saturday:
 Breakfast 7:30am-9:00am
 Lunch 11:00am-1:00pm
 Snacks 1:00pm-3:00pm
 Dinner 4:15pm-6:30pm
Sunday:
 Breakfast 7:30am-9:00am
 Brunch 11:00am-2:00pm

THE HEARTH HOURS
 Traditional Culinary Experience
Monday-Saturday:
 Dinner 4:15pm-6:30pm
Sunday:
 Brunch 11:00am-1:00pm

ABBREVIATIONS KEY:
 AC - ARTS & CRAFTS
 CR - CLUB ROOM
 MHC - MARTIN HEALTH CENTER
 RC - RESIDENT CENTER
 RMR - RESIDENT MEETING ROOM
 SC - SOCIAL CENTER
 WC - WELLNESS CENTER

~RESIDENT STORE~
 Monday-Friday
 9:00 a.m. - 12:30 p.m.
 1:00 - 4:00 p.m.

BARGAIN BOUTIQUE
 Tuesdays 10:00 a.m. -12:00 p.m.
 Wednesdays 1:00-3:00 p.m.
 Saturdays 8:00 a.m.-12:00 p.m.