



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>Tuesday, May 14 at 7:00 p.m., RC1&2 ISU President Larry Dietz: Trends in Higher Education and Happenings at Illinois State</p> <p>Tuesday, May 28 at 7:00 p.m., RC1&2 Immigration Project: Update on Current Issues and How This Organization is Helping Illinois Residents</p>			<p>1 BPL Books Due 10:00 Coffee - RC1&2 May Day 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure-B3F3 Lng 1:00 Chair Chi - RC3 1:30 TED Talks - RC1 "How We Can Predict the Next Financial Crisis" 2:30 Jeopardy - RC1&2 3:30 Guided Meditation - RC1</p>	<p>2 9:00 Exercise - B3F3 Lng 9:00 Veterans Coffee - RC1 10:00 Short Story Club - RC1 10 - 2:00 Low Vision Fair - SC 11:30 Exercise - B3F3 Lng 1:30 Art Class - AC 2:00 Bingo - AL Dining Rm 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 7:00 Community Concert Band Performance - SC</p>	<p>3 10:00 Coffee - RC1&2 Illinois Wesleyan Students Study Climate Change 10:30-11:30 Bookmobile - B3F1 C-Wing exit 11:30 Exercise - B3F3 Lng 1:00 Cubs/Cardinals Game Viewing - CR 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 70 - RC</p>	<p>4 9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 6:15 Brass Band of Central IL Trip 7:00 Movie & Popcorn See Channel 70 - RC</p>
<p>5 9:00 Streaming of 2nd Presbyterian Church Service w/Communion - RC1 2:00 Sundae Sunday for Everyone - MHC Dining Room 4:15 Vespers - RC with Fellowship Rev. Art Runyon UMC, Retired WV Resident Pianist: Helen Doty</p>	<p>6 10:00 Affiliates of ISU Coffee - RC1 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 1:00 Movie Committee - RMR 2:00 Bingo - AL Dining Rm 2:00 Walks in the Park Trip 2-2:30 Sundae Monday - The Landing 7:00 B/N Youth Symphony Performance - SC</p>	<p>7 9:00 Exercise - B3F3 Lng 9:00 Senior Expo Trip 10:30 Catholic Service - RC1 10:30 Lunch at Busy Corner 11:30 Exercise - B3F3 Lng 1:00 Dealing with Loss Support Group - RMR 1:00 PBS DVD Series -RC1 "The Pyramid Code" 3 - 5:00 Club Room Social Hour - CR</p>	<p>8 8:00 Miller Park Zoo Trip 10:00 Coffee - RC1&2 The Baby Fold 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure-B3F3 Lng 1:00 Chair Chi - RC3 2:00 AL Birthday Party - AL Dining Room 3:30 Guided Meditation - RC1</p>	<p>9 9:00 Exercise - B3F3 Lng 10:00 Short Story Club - RC3 11:30 Exercise - B3F3 Lng 11:30 Lunch and Learn Trip 1:00 Chico's Fashion Show - SC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Bingo - AL Dining Rm 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 7:00 Central IL Banjo Club Performance - SC</p>	<p>10 10:00 Coffee - RC1&2 Mother's Day 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 70 - RC</p>	<p>13 9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 70 - RC</p>
<p>12 9:00 Streaming of 2nd Presbyterian Church Service - RC1 1:30 Lucille Sings Gospel - B3F3 Lng 3:30 Hymn Sing - RC 4:15 Vespers - RC Pastor Randy Reese Calvary UMC, Normal Pianist: Sue Miller</p>	<p>13 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 1:00 Grocery Shop to Jewel Osco 2:00 Bingo - AL Dining Rm 2:00 Walks in the Park Trip</p>	<p>14 9:00 Exercise - B3F3 Lng 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure - B3F3 Lng 1:00 PBS DVD Series -RC2 "The Pyramid Code" 2:00 Baking Buddies - Meet in B3F3 Lng 2:15 Catholic Mass - RC1 3 - 5:00 Club Room Social Hour (Appetizers) - CR 7:00 Forum, Larry Dietz: ISU President: Trends in Higher Education and Happenings at Illinois State - RC1&2</p>	<p>15 10:00 Coffee - RC1&2 The Pantagraph: Michelle Pazar, Vision of Future Newspapers 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 1:00 Chair Chi - WC 1:30 Podcast - RC1 "Aging Unmasked" 1:00 Meeting with Brittany - B3F3 Lng 1:30 Food Committee Meeting - B3F3 Lng 3:00 McLean Co Museum, Toys & Games-B3F3 Lng 3:30 Guided Meditation - RC1</p>	<p>16 9:00 Exercise - B3F3 Lng 10:00 Short Story Club - RC3 10:00 Resident Council- RC1 11:30 Exercise - B3F3 Lng 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Bingo - AL Dining Rm 3 - 5:00 Club Room Social Hour - CR 2:00 Blain's Farm and Fleet Trip 3:45 Technology Help - SC</p>	<p>17 10:00 Coffee - RC1&2 Healthy Lifestyle "Correct Posture" 11:00 Lunch at Imperial Buffet 11:30 Exercise - B3F3 Lng 1:00 Chair Chi - WC 1:00 Bingo - RC1 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 70 - RC</p>	<p>18 9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 70 - RC</p>



ASSISTED LIVING

MAY 2019

ASSISTED LIVING

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>19 9:00 Streaming of 2nd Presbyterian Church Service - RC1 4:15 Vespers - RC w/Communion Rev. Dr. Curt Keller Hudson UMC Pianist: Pat Messinger 5:30 Foundation Spring Social - SC</p>	<p>20 9:45 Midwest Food Bank Trip 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:00 Spring Lunch - AL Dining Room 2:00 Walks in the Park Trip 2:00 Bingo - AL Dining Rm</p>	<p>21 9:00 Exercise - B3F3 Lng 10:30 Catholic Service-RC1 11:30 Exercise - B3F3 Lng 1:00 Floor Meeting - B3F3 Lng 1:00 Dealing with Loss Support Group - RMR 1:00 PBS DVD Series The Presidents: Jimmy Carter - RC1 3 - 5:00 Club Room Social Hour - CR 3:00 Afternoon Drive 3:30 Therapy Dogs from Alliance of Therapy Dogs - B3F3 Lng 7:00 Beggars Banquet Band - SC</p>	<p>22 10:00 Coffee - SC WMV Activities and Programs Fair 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure - B3F3 Lng 1:00 Chair Chi - WC 1:00 Conversation Circles - RC1&2 2:30 Niepagen's Nursey Trip 3:30 Guided Meditation - RC1</p>	<p>23 8:30 Breakfast at Cracker Barrel 9:00 Exercise - B3F3 Lng 10:00 Short Story Club -RC3 11:00 Sing-A-Long with MarcFirst - SC 11:30 Exercise - B3F3 Lng 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Bingo - AL Dining Rm 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC</p>	<p>24 10:00 Coffee - RC1&2 Kay Henrichs, Monarch Butterflies 10:30-11:30 Bookmobile - B3F1 C-Wing exit 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 70 - RC</p>	<p>25 9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 70 - RC</p>
<p>26 9:00 Streaming of 2nd Presbyterian Church Service - RC1 4:15 Vespers - RC Pastor Peter Weeks Redeemer Lutheran Pianist: Lou Ann Fillingham 6:45 Nostalgia Movie- RC1 "Father Goose" (1964, Not Rated)</p>	<p>27 10:00 Memorial Day Ceremony - SC 2:00 Bingo - AL Dining Rm 3:00 Movie & Popcorn See Channel 70 - RC</p> 	<p>28 9:00 Exercise - B3F3 Lng 10:30 Catholic Service-RC1 11:30 Exercise - B3F3 Lng 1:00 PBS DVD Series The Presidents: Ronald Reagan -RC1 2:30 Rootbeer Float Social - SC 4:00 Nail Painting - B3F3 Lng 3 - 5:00 Club Room Social Hour - CR 7:00 Forum, Immigration Project: Update on Current Issues and How This Organization is Helping Illinois Residents - RC1&2</p>	<p>29 10:00 Coffee - RC1&2 DVD Series: The Big Bang, Life on Earth, and The Rise of Humanity 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 11:30 Lunchtime Concert Trip 12:45 Blood Pressure - B3F3 Lng 1:00 Foundation Walk - Meet in the Gazebo 3:30 Guided Meditation - RC1</p>	<p>30 9:00 Exercise - B3F3 Lng 10:00 Short Story Club -RC3 11:30 Exercise - B3F3 Lng 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Bingo - AL Dining Rm 3 - 5:00 Club Room Social Hour (Appetizers) -CR 3:45 Technology Help - SC</p>	<p>31 10:00 Coffee - RC1&2 DVD Series: The Big Bang, Life on Earth, The Rise of Humanity 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 70 - RC</p>	

SPECIAL SPRING LUNCH

Hamburgers and brats with a variety of toppings, potato salad, grilled vegetables, fresh fruit, and dessert on Monday, May 20 at 12:00 p.m. in the AL Dining Room.

Welcome New Residents

Evan Wissmiller in 3326 (532-1766)

Resident Birthdays

May 18 Joan Koch 3227
May 23 Carol Kline 3225

Employee Birthdays

May 3 Maria Guerrero P.C.A.
May 4 Connie Herald P.C.A.
May 14 Minda Hernandez P.C.A.
May 22 Annie Arnone P.C.A.