

MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
17 Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's 9:00 Streaming of 2nd Presbyterian Church Service - RC1 11:30 Steven the Bag Piper Performance - SC 2:00 St. Patrick's Day Celebration at MHC - MHC Dining Room 4:15 Vespers - RC w/Communion Rev. Keith Ferguson, Wesley UMC Pianist: Sue Miller	18 9:00 Exercise - RC3 9:45 Midwest Food Bank Trip 10:00 Bean Bags - RC2 11:00 Balance Class - WC 11:00 Willows Meeting - Willows Clubhouse 12:00 Willows Lunch - Willows Clubhouse 1:00 Hands in Motion - WC 1:30 "Downton Abbey" - RC2 2:00 Current Events - AC 2:00 Trip to Farm & Fleet 7:00 "Downton Abbey" - RC2 7:00 B1F2 Floor Meeting - B1F2 Lng	19 9:00 Exercise - RC3 10:30 Catholic Service - RC1 12:15 Birthday Photo - SC 12:30 Birthday Lunch - The Hearth 1:00 Advanced Cardio - WC 1:00 Dealing with Loss Support Group - RMR 1:00 PBS DVD Series - RC1 "The Roosevelts: An Intimate History" 2:00 Blood Pressures - WC 3 - 5:00 Club Room Social Hour - CR 3:30 Therapy Dogs -SC 7:00 Forum - RC1&2 Dr. Sanjay Saxsena, B-N Hindu Temple "Hinduism"	20 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Big History DVD Series: The Big Bang, Life on Earth, and The Rise of Humanity 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 TED Talks - RC1 "How language shapes the way we think" 1:30 Eastland/College Hills Mall Trip 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR 	21 9:00 Grocery Shopping 10:00 Short Story Club - RC3 10:00 Resident Council - RC1 10:15 Chair Dance - WC 1:00 Hands in Motion - WC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Celtic Women DVD - RC1	22 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Michael Andresen: Ireland 10:30-11:30 Bookmobile - B3F1 C-Wing exit 11:00 Lunch at Steak 'n Shake Trip 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC	23 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 6:45 Illinois Symphony Orchestra "French Connections" Trip 7:00 Movie & Popcorn See Channel 3 - RC
24 Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's 9:00 Streaming of 2nd Presbyterian Church Service - RC1 1:45 Community Players "The Wedding Singer" Trip 4:15 Vespers - RC Elder Rob Kelley, First Presbyterian, Normal Pianist: Phyllis Gehrt 6:45 Nostalgia Movie-RC1 "Father Goose" (1964, Not Rated)	25 9:00 Exercise - RC3 10:00 Bean Bags - RC2 11:00 Balance Class - WC 1:00 Hands in Motion - WC 1:00 Open Bridge - RC1 1:30 "Downton Abbey" - RC2 7:00 FLOOR MEETINGS	26 9:00 Exercise - RC3 10:30 Catholic Service - RC1 11:00 Lunch at Lost in Time in Fairbury Trip 1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC1 "The Roosevelts: An Intimate History" 2:00 Blood Pressures - WC 3 - 5:00 Club Room Social Hour (Appetizers) - CR 3:30 Bible Study with Rev. Keith Ferguson - RC2 7:00 Forum - RC1&2 Rabbi Rebecca Dubowe, Moses Montefiore Temple	27 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Andrea Franke, ISU "Optimism" 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 Walmart/Meijer/ Dollar Store Trip 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR	28 9:00 Grocery Shopping 10:00 Short Story Club - RC3 10:15 Chair Dance - WC 1:00 Hands in Motion - WC 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Advanced Cardio - WC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Community Players Singers Performance - SC	29 8:45 Mornings with Professors Trip 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Wellness Staff: Personal Vision Boards 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC	30 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 3 - RC

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 Church transportation
 St. John's, OSF Chapel
 1st Pres, 2nd Pres
 St. Matthew's
 9:00 Streaming of
 2nd Presbyterian
 Church Service
 - RC1
 4:15 Vespers - RC
 Pastor Randy
 Reese, Calvary
 UMC, Normal
 Pianist: Stacy
 Seibring


BARGAIN BOUTIQUE
 Tuesdays 10:00 a.m. -12:00 p.m.
 Wednesdays 1:00-3:00 p.m.
 Saturdays 8:00 a.m.-12:00 p.m.


~RESIDENT STORE~
 Monday-Friday
 9:00 a.m. - 12:30 p.m.
 1:00 - 4:00 p.m.

THE HEARTH HOURS
 Traditional Culinary Experience
Monday-Saturday:
 Dinner 4:15pm-6:30pm
Sunday:
 Brunch 11:00am-2:00pm

THE LANDING HOURS
 Casual Dining Venue
Monday-Saturday:
 Breakfast 7:30am-9:00am
 Lunch 11:00am-1:00pm
 Snacks 1:00pm-3:00pm
 Dinner 4:15pm-6:30pm
Sunday:
 Breakfast 7:30am-9:00am
 Brunch 11:00am-2:00pm

MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 <p>Spring Forward Sunday, March 10, 2019</p>		<p><i>On Saturday, March 9, 2019, set your clocks ahead one hour before going to bed. You will lose an hour of sleep over night, but you should be on time for anything you have scheduled on Sunday! Longer daylight hours are coming!</i></p>		<p>ABBREVIATIONS KEY:</p> <p>AC - ARTS & CRAFTS CR - CLUB ROOM MHC - MARTIN HEALTH CENTER RC - RESIDENT CENTER RMR - RESIDENT MEETING ROOM SC - SOCIAL CENTER WC - WELLNESS CENTER</p>		<p>1</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 ISU Intern Melissa Liles: Meditation 10:30-11:30 Bookmobile - B3F1 C-Wing exit 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>2</p> <p>10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 3 - RC</p>
<p>3</p> <p>Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's</p> <p>9:00 Streaming of 2nd Presbyterian Church Service - RC1 2:00 Popcorn Sunday for Everyone - MHC Dining Room 4:15 Vespers - RC Fellowship following Rev. Paul Unger, UMC, Retired Pianist: Bev McAllister</p>	<p>4</p> <p>9:00 Exercise - RC3 10:00 Bean Bags - RC2 11:00 Balance Class - WC 1:00 Hands in Motion - WC 1:00 Open Bridge - RC1 1:00 Movie Committee - RMR 1:30 "Downton Abbey" - RC2 2:00 Current Events - AC 2-2:30 Sundae Monday - The Landing 3:00 Advocate BroMenn Thrift Shop Trip 4:00 Sing-A-Long with Marcfirst Students - SC 7:00 St. Mary's Church Choir Performance - SC</p>	<p>5</p> <p>9:00 Exercise - RC3 1:00 Dealing with Loss Support Group - RMR 1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC1 "The Roosevelts: An Intimate History" 2:00 Blood Pressures - WC 2:30 Mardi Gras Social - SC 7:00 Forum - RC1&2 Dick Watts, WV Resident "Dr. Seuss for Grownups - The Lorax"</p>	<p>6 BPL BOOKS DUE Wear Yellow for Optimism Day</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 First State Bank of Bloomington & Normal Police Dept.: Scams & Senior Abuse 10:30 Catholic Ash Wednesday Service - RC3 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 Eastland/College Hills Mall Trip 1:30 TED Talks - RC1 "Are We in Control of Our Own Decisions?" 2:00 Wheeler Dealers - B2F1 Lounge 2:00 Nondenominational Ash Wednesday Service - RC1 3:00 Bible Study - RMR</p>	<p>7</p> <p>9:00 Veterans Coffee - RC1 9:00 Grocery Shopping 10:00 Short Story Club - RC3 10:15 Chair Dance - WC 1:00 Hands in Motion - WC 1:30 Low Vision Support Group - RC2 1:30 Art Class - AC 2:00 Advanced Cardio - WC 3:00 Ping Pong w/Emma - B3F2 Lng 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 CAST Performance - SC</p>	<p>8</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC1&2 WMV Wood Shop 11:00 Lunch at Portillo's Trip 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>9</p> <p>10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 3 - RC</p>	
<p>10 Daylight Savings</p> <p>Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's</p> <p>9:00 Streaming of 2nd Presbyterian Church Service - RC1 3:30 Hymn Sing - RC 4:15 Vespers - RC Pastor Joe Culpepper Christian Church, Retired Pianist: Rose Yahng 7:00 Jake's Boys Performance - SC</p>	<p>11 Hunt for Happiness Scavenger Hunt</p> <p>9:00 Exercise - RC3 9:00 Q.E.D. - RMR 10:00 Bean Bags - RC2 10:30 Lunch at Busy Corner in Goodfield Trip 11:00 Balance Class - WC 1:00 Open Bridge - RC1 1:30 "Downton Abbey" - RC2 7:00 "Downton Abbey" - RC2</p>	<p>12</p> <p>9:00 Exercise - RC3 1:00 Advanced Cardio - WC 1:00 PBS DVD Series - RC2 "The Roosevelts: An Intimate History" 1:00 Green Team - RMR 2:00 Blood Pressures - WC 2:15 Catholic Mass - RC1 3 - 5:00 Club Room Social Hour - CR 3:30 Bible Study with Rev. Keith Ferguson - RC2 6:30 "Toys from the Attic" McLean Co. Museum of History Trip 7:00 Forum - RC1&2 Dr. Joe Grabill, World Religions Historian, ISU Retired "Why Religion?"</p>	<p>13</p> <p>8:00 Miller Park Zoo Trip 9:00 Exercise - RC3 10:00 Coffee - RC1&2 ISU Intern Melissa Liles: National Pi Day 11:00 Balance Class - WC 12:00 Wellness Center Closed Until 8:00 p.m. 1:15 Heartland Songbirds - SC 1:30 Walmart/Meijer/ Dollar Store Trip 2:00 Wheeler Dealers - B2F1 Lng 3:00 Bible Study - RMR</p>	<p>14</p> <p>9:00 Grocery Shopping 10:00 Short Story Club - RC3 10:15 Chair Dance - WC 1:00 Hands in Motion - WC 1:30 Art Class - AC 2:00 Advanced Cardio - WC 2:00 Healthy Lifestyle - RC3 Leah Wagner & Zack Kaesberg, ISU Graduate Student "Eating your Vegetables" 2:00 Don Haerr Birthday Celebration - The Landing 3 - 5:00 Club Room Social Hour (Appetizers) - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng</p>	<p>15</p> <p>9:00 Exercise - RC3 10:00 Coffee - SC Irish Sing-A-Long 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC</p>	<p>16</p> <p>8:30 B2F1 Floor Breakfast - The Hearth 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 1:15 Sound of Illinois Barbershop Chorus "I Want It That Way" Trip 2:00 Bingo - AL Dining Rm 6:15 Illinois Symphony Orchestra Trip 7:00 Movie & Popcorn See Channel 3 - RC</p>	