

# MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>17</b> 9:00 Streaming of 2nd Presbyterian Church Service - RC1 11:30 Steven the Bag Piper Performance - SC 2:00 St. Patrick's Day Celebration at MHC - MHC Dining Room 4:15 Vespers - RC w/Communion Rev. Keith Ferguson, Wesley UMC Pianist: Sue Miller	<b>18</b> 9:45 Midwest Food Bank Trip 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 1:30 "Downton Abbey" - RC2 2:00 Bingo - AL Dining Rm 2:00 Trip to Farm & Fleet 7:00 "Downton Abbey" - RC2	<b>19</b> 9:00 Exercise - B3F3 Lng 10:30 Catholic Service-RC1 11:30 Exercise - B3F3 Lng 1:00 Dealing with Loss Support Group - RMR 1:00 PBS DVD Series - RC1 "The Roosevelts: An Intimate History" <b>2:00 Baking Buddies - Meet in B3F3 Lng</b> 3 - 5:00 Club Room Social Hour - CR 3:30 Therapy Dogs - SC 7:00 Forum - RC1&2 Dr. Sanjay Saxsena, B-N Hindu Temple "Hinduism"	<b>20</b> 10:00 Coffee - RC1&2 Big History DVD Series: The Big Bang, Life on Earth, and The Rise of Humanity 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure - B3F3 Lng 1:00 Chair Chi - WC 1:30 TED Talks - RC1 "How language shapes the way we think" 2:00 Meeting with Chrys - B3F3 Lng 2:30 Food Committee Meeting - B3F3 Lng	<b>21</b> 9:00 Exercise - B3F3 Lng 10:00 Short Story Club -RC3 10:00 Resident Council-RC1 11:30 Exercise - B3F3 Lng 1:30 Ping Pong w/ Emma - B3F3 Lng 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Bingo - AL Dining Rm 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 7:00 Celtic Women DVD - RC 1	<b>22</b> 10:00 Coffee - RC1&2 Michael Andresen: Ireland 10:30-11:30 Bookmobile - B3F1 C-Wing exit 11:00 Lunch at Steak 'n Shake Trip 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Community Game Time - B3F3 Lng 1:00 Chair Chi - WC 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 70 - RC	<b>23</b> 9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 70 - RC
<b>24</b> 9:00 Streaming of 2nd Presbyterian Church Service - RC1 1:30 Lucille Sings Gospel - B3F3 Lng 4:15 Vespers - RC Elder Rob Kelley, First Presbyterian, Normal Pianist: Phyllis Gehrt 6:45 Nostalgia Movie-RC1 "Father Goose" (1964, Not Rated)	<b>25</b> 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:00 AL "Bring on Spring" Meal - AL Dining Rm 1:00 Open Bridge - RC1 1:30 "Downton Abbey" - RC2 2:00 Bingo - AL Dining Rm 7:00 "Downton Abbey" - RC2	<b>26</b> 9:00 Exercise - B3F3 Lng 10:30 Catholic Service-RC1 11:00 Lunch at Lost in Time in Fairbury Trip 11:30 Exercise - B3F3 Lng <b>1:00 Floor Meeting - B3F3 Lng</b> 1:00 PBS DVD Series - RC1 "The Roosevelts: An Intimate History" 3 - 5:00 Club Room Social Hour (Appetizers) -CR 7:00 Forum - RC1&2 Rabbi Rebecca Dubowe, Moses Montefiore Temple	<b>27</b> 10:00 Coffee - RC1&2 Andrea Franke, ISU "Optimism" 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure - B3F3 Lng 1:00 Chair Chi - WC	<b>28</b> 9:00 Exercise - B3F3 Lng 10:00 Short Story Club -RC3 11:30 Exercise - B3F3 Lng 1:30 Art Class - AC 1:45 Reel Rundown - RC3 2:00 Bingo - AL Dining Rm 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 7:00 Community Players Singers Performance - SC	<b>29</b> 10:00 Coffee - RC1&2 Wellness Staff: Personal Vision Boards 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Community Game Time - B3F3 Lng 1:00 Chair Chi - WC 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 70 - RC	<b>30</b> 9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 70 - RC

**31**  
 9:00 Streaming of 2nd Presbyterian Church Service - RC1  
 4:15 Vespers - RC Pastor Randy Reese, Calvary UMC, Normal Pianist: Stacy Seibring

## ASSISTED LIVING "BRING ON SPRING" LUNCH

Join us as we welcome the coming of spring with slider sandwiches, pasta salad, potato salad, a relish tray, and a delicious dessert on Monday, March 25 at 12:00 p.m. in the AL Dining Room.

Wednesday,  
 March 20  
 is the first day of


 Spring

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><b>Welcome New Residents</b></p> <p>Shirley Bogren in 3210 (433-9041) Adrienne Ives in 3203 (847-226-7822)</p>		<p><b>Phone Changes/Additions</b></p> <p>Joan Koch (816) 977-4412</p>		<p><b>March Employee Birthdays</b></p> <p>Mar. 01 Yvonne Jenkins P.C.A. Mar. 20 Susan Herald P.C.A. Mar. 21 Nastasha Powers P.C.A.</p>		<p><b>1</b></p> <p>10:00 Coffee - RC1&amp;2 ISU Intern Melissa Liles: Mediation 10:30-11:30 Bookmobile - B3F1 C-Wing exit 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Community Game Time - B3F3 Lng 1:00 Chair Chi - WC 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie &amp; Popcorn See Channel 70 - RC</p>	<p><b>2</b></p> <p>9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie &amp; Popcorn See Channel 70 - RC</p>
<p><b>3</b></p> <p>9:00 Streaming of 2nd Presbyterian Church Service - RC1 2:00 Popcorn Sunday for Everyone - MHC Dining Room 4:15 Vespers - RC Fellowship following Rev. Paul Unger, UMC, Retired Pianist: Bev McAllister</p>	<p><b>4</b></p> <p>11:00 Balance Class - WC 1:00 Open Bridge - RC1 1:00 Movie Committee - RMR 1:30 "Downton Abbey" - RC2 2:00 Bingo - AL Dining Rm 2-2:30 Sundae Monday - The Landing 3:00 Advocate BroMenn Thrift Shop Trip 4:00 Sing-A-Long with Marcfirst Students - SC 7:00 St. Mary's Church Choir Performance - SC</p>	<p><b>5</b></p> <p>9:00 Exercise - B3F3 Lng 11:30 Exercise - B3F3 Lng 1:00 Dealing with Loss Support Group - RMR 1:00 PBS DVD Series - RC1 "The Roosevelts: An Intimate History" 2:30 Mardi Gras Social - SC 4:00 Beach Volleyball with Marcfirst Students - B3F3 Lng 7:00 Forum - RC1&amp;2 Dick Watts, WV Resident "Dr. Seuss for Grownups - The Lorax"</p>	<p><b>6 BPL BOOKS DUE</b> <b>Wear Yellow for Optimism Day</b></p> <p>10:00 Coffee - RC1&amp;2 First State Bank of Bloomington &amp; Normal Police Dept.: Scams &amp; Senior Abuse 10:30 Catholic Ash Wednesday Service - RC3 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure-B3F3 Lng 1:00 Chair Chi - RC3 1:30 TED Talks - RC1 "Are We in Control of Our Own Decisions?" 2:00 Nondenominational Ash Wednesday Service - RC1</p>	<p><b>7</b></p> <p>9:00 Exercise - B3F3 Lng 9:00 Veterans Coffee - RC1 10:00 Short Story Club - RC3 11:30 Exercise - B3F3 Lng 1:30 Low Vision Support Group - RC2 1:30 Art Class - AC 2:00 Bingo - AL Dining Rm 3:00 Ping Pong w/Emma - B3F2 Lng 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 7:00 CAST Performance - SC</p>	<p><b>8</b></p> <p>10:00 Coffee - RC1&amp;2 WMV Wood Shop 11:00 Lunch at Portillo's Trip 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Chair Chi - WC 1:00 Community Game Time - B3F3 Lng 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie &amp; Popcorn See Channel 70 - RC</p>	<p><b>9</b></p> <p>9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie &amp; Popcorn See Channel 70 - RC</p>	
<p><b>10 Daylight Savings</b></p> <p>9:00 Streaming of 2nd Presbyterian Church Service - RC1 1:30 Lucille Sings Gospel - B3F3 Lng 3:30 Hymn Sing - RC 4:15 Vespers - RC Pastor Joe Culpepper Christian Church, Retired Pianist: Rose Yahniig 7:00 Jake's Boys Performance - SC</p>	<p><b>11 Hunt for Happiness Scavenger Hunt</b></p> <p>10:30 Lunch at Busy Corner In Goodfield Trip 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 1:00 Grocery Shop to Jewel Osco 1:30 "Downton Abbey"- RC2 2:00 Bingo - AL Dining Rm 7:00 "Downton Abbey"- RC2</p>	<p><b>12</b></p> <p>9:00 Exercise - B3F3 Lng 11:30 Exercise - B3F3 Lng 1:00 PBS DVD Series - RC2 "The Roosevelts: An Intimate History" 1:00 Green Team - RMR 2:15 Catholic Mass - RC1 3 - 5:00 Club Room Social Hour -CR 6:30 "Toys from the Attic" McLean Co. Museum of History Trip 7:00 Forum - RC1&amp;2 Dr. Joe Grabill, World Religions Historian, ISU Retired "Why Religion?"</p>	<p><b>13</b></p> <p>10:00 Coffee - RC1&amp;2 ISU Intern Melissa Liles: National Pi Day 11:00 Balance Class - WC 11:30 Exercise - B3F3 Lng 12:00 Wellness Center Closed Until 8:00 p.m. 12:45 Blood Pressure-B3F3 Lng 1:15 Heartland Songbirds - SC 2:00 AL March Celebration - AL Dining Room</p>	<p><b>14</b></p> <p>9:00 Exercise - B3F3 Lng 10:00 Short Story Club - RC3 11:30 Exercise - B3F3 Lng 1:30 Art Class - AC 2:00 Healthy Lifestyle - RC3 Leah Wagner &amp; Zack Kaesberg, ISU Graduate Student "Eating your Vegetables" 2:00 Bingo - AL Dining Rm 3 - 5:00 Club Room Social Hour (Appetizers) - CR 3:45 Technology Help - SC</p>	<p><b>15</b></p> <p>10:00 Coffee - SC Irish Sing-A-Long 11:30 Exercise - B3F3 Lng 1:00 Chair Chi - WC 1:00 Bingo - RC1 1:00 Community Game Time - B3F3 Lng 2:15 Spanish Class - RC3 3:00 Balance Class - WC 7:00 Movie &amp; Popcorn See Channel 70 - RC</p>	<p><b>16</b></p> <p>9:00 Bible Study-B3F3 Lng 10:00 Gin Rummy - CR 1:00 Movie in Asst. Living B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 6:15 Illinois Symphony Orchestra Trip 7:00 Movie &amp; Popcorn See Channel 70 - RC</p>	