

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Our cruise to Belize will be boarding early Monday morning, February 4, for Ambergris Caye. Other stops along the way include ancient Mayan ruins, a wildlife sanctuary, Big Rock Falls, and the beautiful Rio Frío Caves. While aboard, cruise guests will enjoy a variety of cruise-themed activities.

Some activities include: traveling through the cayes, Barrier Reef documentary, beach volleyball, exotic fruit tasting, back rubs, chocolate-covered treats, and a special ukulele performance. Our last stop will be Caracol, the site of ancient Mayan ruins, where we will enjoy a gourmet meal on Friday night. Special entertainment will follow the meal in the lounge. Be sure to wear your favorite tropical clothes!



**1**  
 9:45 Wear Red for Heart Health Photo - SC  
 10:00 Coffee - RC1&2  
 Big History DVD Series  
 11:30 Exercise - B3F3 Lng  
 1:00 Bingo - RC1  
 1:00 Community Game Time - B3F3 Lng  
 1:00 Chair Chi - WC  
 2:15 Spanish Class - RC3  
 3:00 Balance Class - WC  
 7:00 Movie & Popcorn  
 See Channel 70 - RC1&2

**2**  
 9:00 Bible Study-B3F3 Lng  
 10:00 Gin Rummy - CR  
 1:00 Movie in Asst. Living B3F3 Lounge  
 See Channel 3  
 2:00 Bingo - AL Dining Rm  
 7:00 Movie & Popcorn  
 See Channel 70 - RC1&2

**CRUISE WEEK – FEBRUARY 4-8**

**3**  
 9:00 Streaming of 2nd Presbyterian Church Service - RC1  
 2:00 Popcorn Sunday for Everyone  
 - MHC Dining Room  
 4:15 Vespers - RC with Fellowship following David Eaton, Resident Pianist: Maxie Scifres  
 5:00 Super Bowl Party - CR

**4**  
**8:00 CRUISE DEPARTS**  
 11:00 Balance Class - WC  
**11:30 Beach Exercise - B3F3 Lng**  
 1:00 Open Bridge - RC1  
**1:00 Beach Visor and Sand Bracelet Making - B3F3 Lng**  
 1:30 "Downton Abbey"- RC2  
**2:00 Beach Bingo - AL Dining Rm**  
 2-2:30 Sundae Monday - The Landing  
**5:45 Back Rubs & Hand Massages - B3F3 Lng**  
**6:00 Chocolate Fountain - B3F3 Lng**  
 7:00 "Downton Abbey"- RC2

**5**  
 8:15 Breakfast at Einstein Bagels Trip  
**9:00 Beach Exercise - B3F3 Lng**  
 10:30 Catholic Service - RC1  
**11:30 Beach Exercise - B3F3 Lng**  
 1:00 Dealing with Loss Support Group - RMR  
**1:00 Island Presentation - B3F3 Lng**  
**4:00 Fruit Carving with Deb - B3F3 Lng**  
 3 - 5:00 Club Room Social Hour - CR  
**6:00 Ukulele Entertainment - B3F3 Lng**

**6**  
 10:00 Coffee - RC1&2  
 Fannie May Chocolates  
 11:00 Balance Class - WC  
**11:30 Beach Exercise - B3F3 Lng**  
 12:45 Blood Pressure-B3F3 Lng  
 1:00 Chair Chi - RC3  
 1:30 Art Class w/Donna Rae-AC  
 1:30 TED Talks - RC1  
**2:00 Exotic Fruit Tasting - B3F3 Lng**  
**4:15 Belize Barrier Reef Documentary - B3F3 Lng**  
**6:00 Beach Volleyball - B3F3 Lng**

**7**  
**9:00 Beach Exercise - B3F3 Lng**  
 9:00 Veterans Coffee - RC1  
 10:00 Short Story Club - RC2  
**11:00 Creative Towel Origami - B3F3 Lng**  
**11:30 Beach Exercise - B3F3 Lng**  
**1:00 Beach Trivia - B3F3 Lng**  
 1:30 Low Vision Support Group - RC2  
**2:00 Beach Bingo - AL Dining Rm**  
 3 - 5:00 Club Room Social Hour - CR  
 3:45 Technology Help - SC

**8**  
 10:00 Coffee - RC1&2  
 Trivia Day for Everyone  
 10:30-11:30 Bookmobile - B3F1 C-Wing exit  
**11:30 Beach Exercise - B3F3 Lng**  
 1:00 Bingo - RC1  
**1:00 Beach Movie - B3F3 Lng**  
 1:00 Chair Chi - WC  
 3:00 Balance Class - WC  
**5:00 Special Cruise Meal - AL Dining Room**  
**6:00 Magic Show with Chris Bohne - B3F3 Lng**  
 7:00 Movie & Popcorn  
 See Channel 70 - RC1&2

**9**  
 9:00 Bible Study-B3F3 Lng  
 10:00 Gin Rummy - CR  
 1:00 Movie in Asst. Living B3F3 Lounge  
 See Channel 3  
 2:00 Bingo - AL Dining Rm  
 4:15 IWU Women's Basketball Trip  
 6:15 IWU Men's Basketball Trip  
 7:00 Movie & Popcorn  
 See Channel 70 - RC1&2

**10**  
 9:00 Streaming of 2nd Presbyterian Church Service - RC1  
 1:30 Lucille Sings Gospel - B3F3 Lng  
 3:30 Hymn Sing - RC  
 4:15 Vespers - RC  
 Bev Haag, Resident Pianist: Elizabeth Morgan

**11**  
 10:00 Native People's Concepts of Health & Illness Exhibit Trip  
 11:00 Balance Class - WC  
 11:30 Exercise - B3F3 Lng  
 1:00 Open Bridge - RC2  
 1:00 Grocery Shop to Jewel Osco  
 1:30 "Downton Abbey"- RC2  
 2:00 Bingo - AL Dining Rm  
 7:00 "Downton Abbey"- RC2

**12**  
 9:00 Exercise - B3F3 Lng  
**10:00 All Resident Meeting - RC**  
 11:30 Exercise - B3F3 Lng  
 1:00 PBS DVD Series - RC2 "The Roosevelts: An Intimate History"  
**2:00 Baking Buddies - Meet in B3F3 Lng**  
 2:15 Catholic Mass - RC1  
 3 - 5:00 Club Room Social Hour (Appetizers) -CR  
 7:00 Forum - RC1&2  
 Tari Renner, IWU Faculty, Political Science Dept. "The 2020 Census: Process and Politics"

**13**  
 10:00 Coffee - RC1&2  
 Silver Chords Love Song Sing-a-Long  
 11:00 Balance Class - WC  
 11:30 Lunch at Thai House Trip  
 11:30 Exercise - B3F3 Lng  
 12:45 Blood Pressure-B3F3 Lng  
 1:00 Chair Chi - WC  
 1:30 Art Class w/Donna Rae-AC  
 2:00 AL Birthday Party - AL Dining Room  
 3:00 Bargain Boutique Fashion Show - SC  
 6:15 IWU Men's Basketball Trip  
 7:00 Bingo w/St. John's Lutheran Students - RC1&2

**14**  
 9:00 Exercise - B3F3 Lng  
 10:00 Short Story Club - RC2  
 11:00 Healthy Lifestyle - RC3 w/Leah Wagner  
 Heart Health Trivia  
 11:30 McLean Co. Museum of History: The Good Limb, The Bad Limb, & Recover Trip  
 11:30 Exercise - B3F3 Lng  
 1:45 Reel Rundown - RC3  
 2:00 Valentine Party - AL Dining Rm  
 3 - 5:00 Club Room Social Hour - CR  
 3:45 Technology Help - SC  
 7:00 David Horine Piano

**15**  
 10:00 Coffee - RC1&2  
 Sharing Romantic Poetry  
 11:30 Exercise - B3F3 Lng  
 1:00 Chair Chi - WC  
 1:00 Bingo - RC1  
 1:00 Community Game Time - B3F3 Lng  
 1:00 Walker/Wheelchair Checks - B3F3 Lng  
 2:15 Spanish Class - RC3  
 3:00 Balance Class - WC  
 3:00 Jim O'Donnell Sings - B3F3 Lng  
 6:45 IWU Wind Ensemble Trip  
 7:00 Movie & Popcorn  
 See Channel 70 - RC1&2

**16**  
 9:00 Bible Study-B3F3 Lng  
 10:00 Gin Rummy - CR  
 1:00 Movie in Asst. Living B3F3 Lounge  
 See Channel 3  
 2:00 Bingo - AL Dining Rm  
 7:00 Movie & Popcorn  
 See Channel 70 - RC1&2

# FEBRUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>17</b>            9:00 Streaming of                2nd Presbyterian                Church Service - RC1            4:15 Vespers - RC                w/Communion                Rev. Lori Bultemeier,                Christian Life Coordinator,                The Baby Fold                Pianist: Dorothy Loepp  <b>5-7:00 Chili/Potato Soup            Supper - The Hearth/            The Landing</b></p>	<p><b>18</b>            8:15 Breakfast at Original                Pancake House Trip            11:00 Balance Class - WC            11:30 Exercise - B3F3 Lng            1:00 Open Bridge - RC1            1:30 "Downton Abbey" - RC2            2:00 Bingo - AL Dining Rm            7:00 "Downton Abbey"- RC2</p>	<p><b>19</b>            9:00 Exercise - B3F3 Lng            10:30 Catholic Service-RC1            11:30 Exercise - B3F3 Lng            1:00 Dealing with Loss                Support Group - RMR            1:00 PBS DVD Series - RC1                "The Roosevelts:                An Intimate History"            2:00 "30 Fingers"                Performance - SC            3 - 5:00 Club Room Social                Hour - CR            3:30 Therapy Dogs from                Alliance of Therapy Dogs-SC</p>	<p><b>20</b>            10:00 Coffee - RC1&amp;2                Emma Asta, IWU Intern:                Trip to Japan            11:00 Balance Class - WC            11:30 Exercise - B3F3 Lng            12:45 Blood Pressure                - B3F3 Lng            1:00 Chair Chi - WC            1:30 Art Class w/Donna Rae-AC            1:30 TED Talks - RC1                "How Mars might hold the                secret to the origin of life"            3:00 McLean County Museum                of History: "Tools of the Trade"                - B3F3 Lng</p>	<p><b>21</b>            9:00 Exercise - B3F3 Lng            10 - 12:00 Voters                Registration - RMR            10:00 Short Story Club -RC2            10:00 Resident Council-RC1            11:30 Exercise - B3F3 Lng            1 - 3:00 Voters Registration                - RMR            1:30 Ping Pong w/ Emma                - B3F3 Lng            1:45 Reel Rundown - RC3            2:00 Bingo - AL Dining Rm            3 - 5:00 Club Room Social                Hour - CR            3:45 Technology Help - SC</p>	<p><b>22</b>            10:00 Coffee - RC1&amp;2                Sue &amp; Gordon Hoff:                Snowmobiling in                Yellowstone            11:30 Exercise - B3F3 Lng            1:00 Bingo - RC1            1:00 Community Game                Time - B3F3 Lng            1:00 Chair Chi - WC            2:15 Spanish Class - RC3            3:00 Balance Class - WC            7:00 Movie &amp; Popcorn                See Channel 70 - RC1&amp;2</p>	<p><b>23</b>            9:00 Bible Study-B3F3 Lng            10:00 Gin Rummy - CR            1:00 Movie in Asst. Living                B3F3 Lounge                See Channel 3            2:00 Bingo - AL Dining Rm            7:00 Movie &amp; Popcorn                See Channel 70 - RC1&amp;2</p>
<p><b>24</b>            9:00 Streaming of                2nd Presbyterian                Church Service - RC1            1:30 Lucille Sings                Gospel - B3F3 Lng            4:15 Vespers - RC                Kathy Mitchell            1st Presbyterian, Danvers                Pianist: Sharon Baker            6:45 Nostalgia Movie-RC1                "Indiscreet"                (1958, Not Rated)</p>	<p><b>25</b>            11:00 Balance Class - WC            11:30 Exercise - B3F3 Lng            1:00 Open Bridge - RC1            1:00 Cal-Di-Lu Trip            1:30 "Downton Abbey"- RC2            2:00 Bingo - AL Dining Rm</p>	<p><b>26</b>            9:00 Exercise - B3F3 Lng            10:30 Catholic Service-RC1            11:30 Exercise - B3F3 Lng  <b>1:00 Floor Meeting            - B3F3 Lng</b>            1:00 PBS DVD Series - RC1                "The Roosevelts:                An Intimate History"            3 - 5:00 Club Room                Social Hour (Appetizers) -CR            7:00 Forum - RC1&amp;2                Jared Brown, WV Resident,                Former IWU Faculty                "Rodgers and Hart and the                Great American Songbook"</p>	<p><b>27</b>            10:00 Coffee - RC1&amp;2                Dr. Sara Hanley,                B-N Audiology            11:00 Balance Class - WC            11:30 Exercise - B3F3 Lng            12:45 Blood Pressure                - B3F3 Lng            1:00 Chair Chi - WC            1:30 Art Class w/Donna Rae-AC</p>	<p><b>28</b>            9:00 Exercise - B3F3 Lng            10:00 Short Story Club -RC2            11:00 Lunch at Culver's Trip            11:30 Exercise - B3F3 Lng            1:45 Reel Rundown - RC3            2:00 Bingo - AL Dining Rm            3 - 5:00 Club Room Social                Hour - CR            3:45 Technology Help - SC            7:00 Meredyth Goodwin &amp;                Carol Churukian                Performance - SC</p>		

## February Resident Birthdays

Feb. 1	Donna Culberson	3316
Feb. 7	Ann Roop	3213
Feb. 10	Betty Goodwin	3306
Feb. 20	Bob DeChant	3224
Feb. 26	Joyce Gregory	3314

## Welcome New Residents

Karen Ament in 3325 (862-1379)  
 Clara Fry in 3220 (663-6792)  
 Adrienne Ives in 3203 (847-226-7822)  
 Jim Lucas in 3326 (660-4272)  
 Jack Porter from 3214 (829-2144)

## Phone Changes/Additions

Donna Culberson: 831-9047