



NOVEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>Set your clocks backward one hour on Sunday, November 4. At that time, we will officially return to Standard Time.</p> <p>If you really don't want to miss anything important on Sunday morning, set your clocks back an hour before bed on Saturday night (November 3)!</p>				<p>1</p> <p>9:00 Grocery Shopping 9:00 Veterans Coffee - RC1 10:00 Short Story Club - RC2 10:15 Chair Dance - WC 11:00 Reel Rundown - RC3 1:00 Hands in Motion - WC 1:30 Low Vision Support Group - RC2 2:00 Kitchen Tour - MDR 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng</p>	<p>2</p> <p>9:00 Exercise - RC3 9:30 David Davis Mansion Thanksgiving Traditions Trip 10:00 Coffee - RC Guy Fraker: "Presentation of Abraham Lincoln's Journeys and Relationships" 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>	<p>3</p> <p>12:15 IWU Men's Football Game Trip 1:00 Movie in the AL B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 6:15 "Civic Choral Concert" at ISU Trip 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>
<p>4 Daylight Savings Time Fall Back Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's</p> <p>1:45 Community Players Trip "A Funny Thing Happened on the Way to the Forum" 2:15 IWU Fall Chorale Concert at Wesley UMC Trip 3:00 "The Nutcracker" Performance - SC 4:15 Vespers - RC with Fellowship following Rev. Larry Maffett UMC Retired</p>	<p>5</p> <p>9:00 Exercise - RC3 10:00 Bean Bags - RC2 11:00 Balance Class - WC 1:00 Hands in Motion - WC 1:00 Open Bridge - RC1 1:00 Movie Committee -RMR 2:00 Current Events - AC 2-2:30 Sundae Monday-MDR 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>	<p>6 Election Day 6a-7p General Election Voting at WV - RC3</p> <p>9:00 Exercise - RC3 10:30 Catholic Service-RC1 10:45 Lunch at Main Street Mercantile in Congerville Trip 1:00 Dealing with Loss Support Group - RMR 1:00 PBS DVD Series - RC1 "Forces of Nature" 2:00 Blood Pressures - RC3 2:30 Advanced Cardio - WC 3:30 Backgammon - SC</p>	<p>7 BPL BOOKS DUE</p> <p>8:30 Water Aerobics Trip 9:00 Exercise - RC3 10:00 Coffee - RC Deanna Frautchi "Wildlife Wonders" Photo Presentation 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 Eastland/College Hills Mall Trip 1:30 Art Class with Donna Rae - AC 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR 6:15 Trip to McLean County Museum of History</p>	<p>8</p> <p>9:00 Grocery Shopping 10:00 Short Story Club - RC2 10:15 Chair Dance - WC 11:00 Reel Rundown - RC3 1:00 Hands in Motion - WC 2:00 Kitchen Tour - MDR 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Dr. Iliia Radoslavov, IWU Assoc. Professor of Music Piano Performance - SC</p>	<p>9</p> <p>9:00 Exercise - RC3 10:00 Coffee - RC Celebration of Veterans and of those who Supported the Military from Home 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 2:00 Afternoon Drive Trip 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>	<p>10</p> <p>1:00 Movie in the AL B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 3:00 Delta Omicron Music Fraternity Performance - SC 6:45 IL Symphony Orchestra "Simply Strings" at 2nd Presbyterian Church Trip 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>
<p>11</p> <p>Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's</p> <p>2:15 Cantus Novus at Mennonite Church of Normal Trip 3:00 Hymn Sing - RC 3:45 Vespers - RC Rev. Ray Owens UMC, Retired Pianist: Sharon Baker (Note: Vespers time change)</p>	<p>12</p> <p>9:00 Exercise - RC3 9:00 Q.E.D. - RMR 10:00 Veterans Day Ceremony - SC 11:00 Balance Class - WC 11:00 Willows Meeting-RC1 12:00 Willows Lunch - RC1 1:00 Hands in Motion - WC 1:00 Open Bridge - RC2 7:00 B1F2 Floor Meeting - B1F2 Lounge</p>	<p>13</p> <p>8:30 Breakfast at Cracker Barrel Trip 9:00 Exercise - RC3 1:00 PBS DVD Series - RC1 "Forces of Nature" 2:00 Blood Pressures - RC3 2:15 Catholic Mass - RC1 2:30 Advanced Cardio - WC 3:30 Bible Study with Rev. Keith Ferguson -RC2 7:00 Forum - RC1&2 Professor Aimee Miller-Ott ISU School of Communication "So Near and Yet So Far: Factors Affecting Young Adult Experience with Social Media"</p>	<p>14</p> <p>8:30 Water Aerobics Trip 9:00 Exercise - RC3 10:00 Coffee - RC Young at Heartland Notable Women in History 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 Walmart/Meijer/Dollar Store Trip 1:30 TED Talks - RC1 Leyla Acaroglu: "Paper Beats Plastic: How to Rethink Environmental Folklore" 1:30 Art Class with Donna Rae-AC 2:00 Wheeler Dealers - B2F1 Lng 3:00 Bible Study - RMR 7:00 Bingo w/St. John's Lutheran Students - RC1&2</p>	<p>15</p> <p>9:00 Grocery Shopping 10:00 Short Story Club - RC2 10:00 Resident Council - RC1 10:15 Chair Dance - WC 11:00 Healthy Lifestyle w/Leah Wagner & Tom VanBuskirk - RC3 "Exercise Safely & Reduce Your Risk of Injury" 1:00 Hands in Motion - WC 2:00 Kitchen Tour - MDR 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Redbird Roadshow Concert Performance - SC</p>	<p>16 AMERICA RECYCLES DAY</p> <p>9:00 Chair Zumba - RC3 10:00 Coffee - RC1&2 Dustin McCarty, Grounds Maintenance Supervisor "Recycling at WMV" 10:00 Festival of Trees Trip 10:30-11:30 Bookmobile -Old Entrance B3F1 Side Exit 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>	<p>17</p> <p>1:00 Movie in the AL B3F3 Lounge See Channel 3 1:15 Heartland Theatre Trip "A Doll's House" 2:00 Bingo - AL Dining Rm 3:00 Heart of Illinois Chorus Women's A Capella 4-Part Barbershop Harmonies Performance - SC 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>18 Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's</p> <p>1:15 IWU Theatre Trip "Curtains"</p> <p>4:15 Vespers - RC with Communion Rev. Kathy King-Nobles First UMC Pianist: Phyllis Gehrt</p> <p>5:45 Benefit Concert for the Methodist Church in Honduras at Wesley UMC Trip</p> <p>6:45 Nostalgia Movie-RC1 "Sergeant York" (1941, Not Rated)</p>	<p>19 9:00 Exercise - RC3 10:00 Bean Bags - RC2 11:00 Balance Class - WC 1:00 Hands in Motion - WC 1:00 Open Bridge - RC2 2:00 Current Events - AC 7:00 FLOOR MEETINGS</p>	<p>20 9:00 Livingston County War Museum in Pontiac Trip 9:00 Exercise - RC3 10:30 Catholic Service - RC3 12:15 Birthday Photo - SC 12:30 Birthday Lunch - RC1&2 1:00 Dealing with Loss Support Group - AC 1:00 Advocate BroMenn Thrift Shop Trip 2:00 Blood Pressures - RC3 2:30 Advanced Cardio Circuit - WC 3:00 Art Runyon: "Samuel Fuller" - RC1 4:00 Therapy Dogs from Alliance of Therapy Dogs - SC</p>	<p>21 8:30 Water Aerobics Trip 9:00 Exercise - RC3 10:00 Women's Coffee - RC1 "World Hello Day" 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 Eastland/College Hills Mall Trip 1:30 Art Class with Donna Rae - AC 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RC1</p>	<p>22  Thanksgiving Meal served 11:00a-2:00p Main Dining Room</p> <p>3:00 Movie Matinee - RC "You've Got Mail" (1998, Rated PG) Tom Hanks, Meg Ryan and Greg Kinnear</p>	<p>23 9:00 Exercise - RC3 10:00 Coffee - RC1&2 DVD Series: "Big History: The Big Bang, Life on Earth, and the Rise of Humanity" 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 2:00 Afternoon Drive Trip 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>	<p>24 1:00 Movie in the AL B3F3 Lounge See Channel 3 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>
<p>25 Church transportation St. John's, OSF Chapel 1st Pres, 2nd Pres St. Matthew's</p> <p>1:15 Madrigal Event at First Presbyterian Church Trip</p> <p>4:15 Vespers - RC Rev. Dr. Andrew Gifford St. Luke Union Church Pianist: Elizabeth Morgan</p> <p>7:00 Evangelical Free Church Choir Christmas Cantata - SC</p>	<p>26 9:00 Exercise - RC3 9:00 Q.E.D. - RC1 10:00 Bean Bags - RC2 11:00 Balance Class - WC 11:30 Lunch at Steak 'n Shake Trip 1:00 Hands in Motion - WC 1:00 Open Bridge - RC1 3:00 Trip to Farm & Fleet</p>	<p>27 9:00 Exercise - RC3 10:30 Catholic Service-RC1 1:00 PBS DVD Series - RC1 "Forces of Nature" 2:00 Blood Pressures - RC3 2:30 Advanced Cardio Circuit - WC 3:30 Bible Study with Rev. Keith Ferguson -RC2</p>	<p>28 8:30 Water Aerobics Trip 9:00 Exercise - RC3 10:00 Coffee - SC Silver Chords and Launch of the Holiday Model Train 11:00 Balance Class - WC 1:00 Chair Chi - WC 1:30 TED Talks - RC1 Wendy Chung: "Autism" 1:30 Walmart/Meijer/ Dollar Store Trip 1:30 Art Class with Donna Rae - AC 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RC1</p>	<p>29 9:00 Grocery Shopping 10:00 Short Story Club - RC2 10:15 Chair Dance - WC 11:00 Reel Rundown - RC3 1:00 Hands in Motion - WC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 "Tens of Dollars" Bluegrass and Christmas Music - SC</p>	<p>30 9:00 Exercise - RC3 10:00 Men's Coffee - RC Friendly Trivia! 11:30 Twin Cities Ballet Trip "The Nutcracker" at ISU's Braden Auditorium 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - WC 3:00 Balance Class - WC 7:00 Movie & Popcorn See Channel 3 - RC1&2</p>	



Nostalgia Movie
Sunday, November 18, 6:45 p.m.
"Sergeant York"
(1941, Not Rated)

A marksman is drafted in World War I
and ends up becoming one of the
most celebrated war heroes.

**~RESIDENT
STORE~**
Monday-Friday
9:00 a.m. - 12:30 p.m.
1:00 - 4:00 p.m.

BARGAIN BOUTIQUE
Tuesdays 10:00 a.m. -12:00 p.m.
Wednesdays 1:00-3:00 p.m.

MAIN DINING ROOM HOURS
Breakfast 7:30-9:30 a.m.
Lunch 11:30 a.m.-1:00 p.m.
Dinner 4:15-6:30 p.m.
Sundays 11:00 a.m.-2:00 p.m.
Pre-ordered boxed meals replace
Sunday Sandwich Shoppe Dinner
Service.

ABBREVIATIONS KEY:
AC - ARTS & CRAFTS
CR - CLUB ROOM
MDR - MAIN DINING ROOM
MHC - MARTIN HEALTH CENTER
RC - RESIDENT CENTER
RMR - RESIDENT MEETING ROOM
SC - SOCIAL CENTER
WC - WELLNESS CENTER