

SEPTEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="display: flex; align-items: center;"> <div> <p style="text-align: center;">Tuesday, September 11 at 7:00 p.m. in RC 1&2: Lisa Dodson Gift of Hope Network "Gift of Hope: Organ and Tissue Donation"</p> <p style="text-align: center;">Tuesday, September 25 at 7:00 p.m. in RC 1&2: Dr. Jared Brown, IWU Retired, WV Resident "Great American Songbook: Cole Porter"</p> </div> </div>				<p>Nostalgia Movie Sunday, September 16, 6:45 p.m. "Young at Heart" (1955, Not Rated)</p> <p>The lives and romances of three sisters in a musical family; the youngest daughter's life is complicated by the subsequent arrival of a charming composer and a cynical music arranger.</p>		<p>1</p> <p>8:30 B2F1 Floor Breakfast - RC3</p> <p>1:00 Movie in the AL B3F3 Lounge See Channel 3</p> <p>2:00 Bingo - AL Dining Rm</p> <p>7:00 Movie & Popcorn - RC See Channel 3</p>
<p>2</p> <p>Church transportation St. John's 1st Presbyterian 2nd Presbyterian St. Matthew's OSF Chapel</p> <p>4:15 Vespers - RC with Fellowship following Pastor Peter Weeks Our Redeemer Lutheran Church Pianist: Marcia Hishman 5:30 B3F1 Floor Party - Patio off Dining Room</p>	<p>3 LABOR DAY</p> <p>2:00 Bingo - AL Dining Rm</p> <p>2:00 Current Events - AC</p> <p>3:00 Matinee Movie - RC1&2 "Grapes of Wrath" (1940, Not Rated)</p> <p>7:00 Evening Movie - RC1&2 "Bound for Glory" (1976, Rated PG)</p>	<p>4</p> <p>8:30 Trip to Starved Rock</p> <p>9:00 Exercise - RC3</p> <p>10:30 Catholic Service-RC1</p> <p>11:00 Lunch Trip to Thai House</p> <p>1:00 Dealing with Loss Support Group - RMR</p> <p>1:00 PBS DVD Series - RC1 Ken Burns: "The War"</p> <p>2:00 Blood Pressures - RC2</p> <p>2:30 Advanced Cardio - RC3</p> <p>3:30 Backgammon - SC</p>	<p>5 BPL BOOKS DUE</p> <p>8:30 Water Aerobics Trip</p> <p>9:00 Exercise - RC3</p> <p>10:00 McLean Co. Senior Expo at Interstate Center Trip</p> <p>10:00 Coffee - RC1&2 Candace Summers, McLean Co. Museum of History: "Evergreen Cemetery Walk"</p> <p>1:00 Chair Chi - RC3</p> <p>1:30 TED Talks - RC1 Frans de Waal: "Moral Behavior in Animals"</p> <p>1:30 Art Class with Donna Rae - AC</p> <p>1:30 Eastland/College Hills Mall Trip</p> <p>2:00 Wheeler Dealers - B2F1 Lounge</p>	<p>6</p> <p>9:00 Line Dancing - AC</p> <p>9:00 Grocery Shopping</p> <p>9:00 Veterans Coffee - RC1</p> <p>10:00 Short Story Club - RC2</p> <p>10:15 Chair Dance - RC3</p> <p>11:00 Reel Rundown - RC3</p> <p>1:00 Hands in Motion - RC3</p> <p>1:30 Low Vision Support Group - RC2</p> <p>1:45 Walk in the Park Trip</p> <p>2:00 Kitchen Tour - MDR</p> <p>3 - 5:00 Club Room Social Hour - CR</p> <p>3:45 Technology Help - SC</p> <p>5:30 Cribbage - B3F1 Lng</p>	<p>7</p> <p>9:00 Exercise - RC3</p> <p>10:00 Coffee - RC1&2</p> <p>Kevin Lancaster: "Honor Flights to Washington, DC for Veterans"</p> <p>1:00 Grocery Shopping</p> <p>1:00 Bingo - RC1</p> <p>1:00 Chair Chi - RC3</p> <p>7:00 Movie & Popcorn - RC See Channel 3</p>	<p>8</p> <p>12:15 IWU Football Game Trip</p> <p>1:00 Movie in the AL B3F3 Lounge See Channel 3</p> <p>2:00 Bingo - AL Dining Rm</p> <p>7:00 Movie & Popcorn - RC See Channel 3</p>
<p>9</p> <p>Church transportation St. John's 1st Presbyterian 2nd Presbyterian St. Matthew's OSF Chapel</p> <p>1:45 Community Players "Peter and the Starcatcher" Trip</p> <p>3:30 Hymn Sing - RC</p> <p>4:15 Vespers - RC Rev. Dr. Curt Keller Hudson UMC Pianist: Lou Ann Fillingham 5:30 B2F3 Floor Party - Patio off Dining Room</p>	<p>10</p> <p>9:00 Exercise - RC3</p> <p>9:00 Q.E.D. - RMR</p> <p>10:00 Bean Bags - RC2</p> <p>10:30 Lunch Trip to Busy Corner in Goodfield</p> <p>1:00 Movie Committee - RMR</p> <p>1:00 Hands in Motion - RC3</p> <p>1:00 Open Bridge - RC1</p> <p>2-2:30 Sundae Monday-DR</p> <p>3:00 Farm & Fleet Trip</p> <p>6:45 Mobility Brass Band from U.S. Air Force Base in St. Louis at ISU Trip</p>	<p>11</p> <p>9:00 Exercise - RC3</p> <p>1:00 Green Team - RMR</p> <p>2:00 Blood Pressures - RC2</p> <p>2:15 Catholic Mass - RC1</p> <p>2:30 Advanced Cardio Circuit - RC3</p> <p>3:30 Backgammon - SC</p> <p>6:15 John Wilker, Nature Areas Program Manager: "Hill Prairies: Past, Present and Future" at Mennonite Church Trip</p> <p>7:00 Forum - RC1&2 Lisa Dodson Gift of Hope Network "Gift of Hope: Organ and Tissue Donation"</p>	<p>12</p> <p>8:00 Miller Park Zoo Trip</p> <p>8:30 Water Aerobics Trip</p> <p>9:00 Exercise - RC3</p> <p>10:00 Coffee - RC1&2 Anne Dean, Director of Dining Services "What's New in the Kitchen, Tours and More"</p> <p>1:00 Chair Chi - RC3</p> <p>1:30 Walmart/Meijer/ Dollar Store Trip</p> <p>1:30 Art Class with Donna Rae-AC</p> <p>2:00 Wheeler Dealers -B2F1 Lng</p> <p>3:00 Bible Study - RMR</p> <p>7:00 Bingo w/St. John's</p>	<p>13</p> <p>9:00 Grocery Shopping</p> <p>10:00 Short Story Club - RC2</p> <p>10:15 Chair Dance - RC3</p> <p>11:00 Healthy Lifestyle with Leah Wagner - RC3 "The Health Benefits of Yoga"</p> <p>1:00 Hands in Motion - RC3</p> <p>1:45 Walk in the Park Trip</p> <p>2:00 Kitchen Tour - MDR</p> <p>3 - 5:00 Club Room Social Hour - CR</p> <p>3:45 Technology Help - SC</p> <p>5:30 Cribbage - B3F1 Lng</p> <p>7:00 Community Concert Band Performance - SC</p>	<p>14</p> <p>9:00 Exercise - RC3</p> <p>10:00 Coffee - RC1&2</p> <p>DVD Series: "Big History: The Big Bang, Life on Earth, and the Rise of Humanity"</p> <p>10:30-11:30 Bookmobile - Old Entrance B3F1 Side Exit</p> <p>1:00 Grocery Shopping</p> <p>1:00 Bingo - RC1</p> <p>1:00 Chair Chi - RC3</p> <p>7:00 Movie & Popcorn - RC See Channel 3</p>	<p>15</p> <p>1:00 Movie in the AL B3F3 Lounge See Channel 3</p> <p>2:00 Bingo - AL Dining Rm</p> <p>3:00 Delta Omicron featuring Alpha Musicians - SC</p> <p>5:15 IWU Football Game Trip</p> <p>7:00 Movie & Popcorn - RC See Channel 3</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
16 Church transportation St. John's 1st Presbyterian 2nd Presbyterian St. Matthew's OSF Chapel 2:00 Sundae Sunday for Everyone! - MHC Dining Room 4:15 Vespers - RC with Communion Rev. Tiffany Black Morningstar UMC Pianist: Janet Frevert 6:45 Nostalgia Movie-RC1 "Young at Heart" (1955, NR)	17 9:00 Exercise - RC3 10:00 Bean Bags - RC2 11:00 Willows Meeting-RC1 12:00 Willows Lunch - RC1 1:00 Hands in Motion - RC3 1:00 Open Bridge - RC2 1:00 Barn Quilt Trip 2:00 Current Events - AC 7:00 B1F2 Floor Meeting - B1F2 Lounge	18 9:00 Exercise - RC3 10:30 Catholic Service - RC3 12:15 Birthday Photo - SC 12:30 Birthday Lunch - RC1&2 1:00 Dealing with Loss Support Group - RMR 2:00 Blood Pressures - RC2 2:30 Advanced Cardio Circuit - RC3 3:30 Backgammon - SC	19 8:30 Water Aerobics Trip 9:00 Exercise - RC3 10:00 Coffee - RC1&2 Barb Wells: "Sarah Davis Starburst Garden at David Davis Mansion" 1:00 Chair Chi - RC3 1:30 TED Talks - RC1 Russell Foster: "Why Do We Sleep?" 1:30 Art Class with Donna Rae - AC 1:30 Eastland/College Hills Mall Trip 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR	20 9:00 Line Dancing - AC 9:00 Grocery Shopping 10:00 Short Story Club - RC2 10:00 Resident Council - RC1 10:15 Chair Dance - RC3 11:00 Reel Rundown - RC3 1:00 Hands in Motion - RC3 1:45 Walk in the Park Trip 2:00 Kitchen Tour - MDR 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Joe Boitos and Jim Bell "Music of Great American Composers" Performance - SC	21 9:00 Exercise - RC3 10:00 Coffee -RC1 "Miniature Golf Day" 11:00 Lunch Trip to CoreLife Eatery 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - RC3 7:00 Movie & Popcorn - RC See Channel 3	22 9:00 Farmer's Market Trip 1:00 Movie in the AL B3F3 Lounge See Channel 3 1:15 Heartland Theatre "Stella and Lou" Trip 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn - RC See Channel 3



ACTIVE AGING WEEK! September 24-28



23 Church transportation St. John's 1st Presbyterian 2nd Presbyterian St. Matthew's OSF Chapel 4:15 Vespers - RC Elder Rob Kelley First Presbyterian, Normal Pianist: Helen Doty	24 9:00 Exercise - RC3 9:00 Q.E.D. - RMR 10:00 Bean Bags - RC2 10:00 Dance party - SC 1:00 Hands in Motion - RC3 1:00 Open Bridge - RC1 3:00 Afternoon Drive Trip 7:00 FLOOR MEETINGS	25 9:00 Exercise - RC3 10:00 Foundation Fun Walk - Meet on the Foundation Walk 10-12:00 Voter's Registration - RMR 10:30 Catholic Service-RC1 10:45 Lunch Trip to Green Gables 1:00 PBS DVD Series - RC1 Ken Burns: "The War" 1-3:00 Voter's Registration - RMR 2:00 Blood Pressures - RC2 2:30 Advanced Cardio Circuit - RC3 3:30 Backgammon - SC 7:00 Forum - RC1&2 Dr. Jared Brown, IWU Retired "Great American Songbook: Cole Porter"	26 8:30 Water Aerobics Trip 9:00 Exercise - RC3 10:00 Coffee - RC1&2 National Cholesterol Education Month 1:00 Chair Chi - RC3 1:30 Art Class with Donna Rae - AC 1:30 Walmart/Meijer/ Dollar Store Trip 2:00 Wheeler Dealers - B2F1 Lounge 3:00 Bible Study - RMR	27 9:00 Line Dancing - AC 9:00 Grocery Shopping 10:00 Short Story Club - RC2 10:15 Chair Dance - RC3 11:00 Reel Rundown - RC3 1:00 Hands in Motion - RC3 1:45 Walk in the Park Trip 2:00 Kitchen Tour - MDR 2:00 Balloon Volleyball - SC 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 5:30 Cribbage - B3F1 Lng 7:00 Carol Churukian and Marcia Hishman: "Four Hands on Piano" Performance - SC	28 8:30 Mornings with the Professors Trip 9:00 Exercise - RC3 10:00 Coffee - RC1&2 First State Bank/ Normal Police Dept: "Scams/Senior Financial Abuse" 1:00 Grocery Shopping 1:00 Bingo - RC1 1:00 Chair Chi - RC3 2:00 Mindful Meditation - RC3 7:00 Movie & Popcorn - RC See Channel 3	29 1:00 Movie in the AL B3F3 Lounge See Channel 3 1:30-3:30 WV Annual Car Show - Foundation Walk 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn - RC See Channel 3
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 Church transportation
 St. John's
 1st Presbyterian
 2nd Presbyterian
 St. Matthew's
 OSF Chapel
 4:15 Vespers - RC
 Fr. David Halt
 St. Matthew's Episcopal
 Pianist: Doris Hill

BARGAIN BOUTIQUE
 Tuesdays 10:00 a.m. -12:00 p.m.
 Wednesdays 1:00-3:00 p.m.


**~RESIDENT
 STORE~**
 Monday-Friday
 9:00 a.m. - 12:30 p.m.
 1:00 - 4:00 p.m.

MAIN DINING ROOM HOURS
 Breakfast 7:30-9:30 a.m.
 Lunch 11:30 a.m.-1:00 p.m.
 Dinner 4:15-6:30 p.m.
Sundays 11:00 a.m.-2:00 p.m.
*Pre-ordered boxed meals replace
 Sunday Sandwich Shoppe Dinner
 Service.*

ABBREVIATIONS KEY:
 AC - ARTS & CRAFTS
 CR - CLUB ROOM
 MDR - MAIN DINING ROOM
 MHC - MARTIN HEALTH CENTER
 RC - RESIDENT CENTER
 RMR - RESIDENT MEETING ROOM
 SC - SOCIAL CENTER