

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
<p><b>September Resident Birthdays</b></p> <p>Sept. 2 Aldine Combs 3308                      Sept. 10 Barbara White 3327                      Sept. 24 Harber Hall 3206                      Sept. 24 Oleda Woodrey 3312                      Sept. 26 Mollye Cooper 3210</p> <p><b>HAPPY BIRTHDAY!</b></p>		<p><b>ABBREVIATIONS KEY:</b></p> <p>AC - ARTS &amp; CRAFTS                      CR - CLUB ROOM                      MDR - MAIN DINING ROOM                      MHC - MARTIN HEALTH CENTER                      RC - RESIDENT CENTER                      RMR - RESIDENT MEETING ROOM                      SC - SOCIAL CENTER                      RMR - RESIDENT MEETING ROOM</p>			<p><b>BARGAIN BOUTIQUE</b></p> <p>Tuesdays 10:00 a.m. -12:00 p.m.                      Wednesdays 1:00-3:00 p.m.</p>		<p><b>~RESIDENT STORE~</b></p> <p>Monday-Friday                      9:00 a.m. - 12:30 p.m.                      1:00 - 4:00 p.m.</p>	<p><b>1</b></p> <p>9:00 Bible Study-B3F3 Lng                      1:00 Movie - B3F3 Lng                      See Channel 70                      2:00 Bingo - AL Dining Rm                      7:00 Movie &amp; Popcorn- RC                      See Channel 70</p>
<p><b>2</b></p> <p>4:15 Vespers - RC                      with Fellowship following                      Pastor Peter Weeks                      Our Redeemer                      Lutheran Church                      Pianist: Marcia Hishman</p>	<p><b>3 LABOR DAY</b></p> <p>2:00 Bingo - AL Dining Rm                      3:00 Matinee Movie-RC1&amp;2                      "Grapes of Wrath"                      (1940, Not Rated)                      7:00 Evening Movie-RC1&amp;2                      "Bound for Glory"                      (1976, Rated PG)</p>	<p><b>4</b></p> <p>8:30 Trip to Starved Rock                      9:00 Exercise - B3F3 Lng                      10:30 Catholic Service-RC1                      11:00 Lunch Trip                      to Thai House                      11:30 Exercise - B3F3 Lng                      1:00 Dealing with Loss                      Support Group - RMR                      1:00 PBS DVD Series - RC1                      Ken Burns: "The War"                      3:30 Backgammon - SC</p>	<p><b>5 BPL BOOKS DUE</b></p> <p>10:00 McLean Co. Senior                      Expo at Interstate Center Trip                      10:00 Coffee - RC1&amp;2                      Candace Summers,                      McLean Co. Museum of History:                      "Evergreen Cemetery Walk"                      11:30 Exercise - B3F3 Lng                      12:45 Blood Pressure                      - B3F3 Lng                      1:00 Chair Chi - RC3                      1:30 TED Talks - RC1                      Frans de Waal:                      "Moral Behavior in Animals"                      1:30 Art Class w/Donna Rae-AC</p>	<p><b>6</b></p> <p>9:00 Exercise - B3F3 Lng                      9:00 Veterans Coffee - RC1                      10:00 Short Story Club - RC2                      11:00 Reel Rundown - RC3                      11:30 Exercise - B3F3 Lng                      1:45 Walk in the Park Trip                      2:00 Bingo - AL Dining Rm                      2:00 Kitchen Tours - MDR                      3 - 5:00 Club Room Social                      Hour - CR                      3:45 Technology Help - SC</p>	<p><b>7</b></p> <p>10:00 Coffee - RC1&amp;2                      Kevin Lancaster: "Honor Flights                      to Washington, DC for Veterans"                      11:30 Exercise - B3F3 Lng                      1:00 Bingo - RC1                      1:00 Chair Chi - RC3                      1:00 Community Game                      Time - B3F3 Lng                      7:00 Movie &amp; Popcorn- RC                      See Channel 3</p>	<p><b>8</b></p> <p>9:00 Bible Study-B3F3 Lng                      12:15 IWU Football Game                      Trip                      1:00 Movie - B3F3 Lng                      See Channel 70                      2:00 Bingo - AL Dining Rm                      7:00 Movie &amp; Popcorn- RC                      See Channel 70</p>		
<p><b>9</b></p> <p>1:30 Lucille Sings Gospel                      - B3F3 Lng                      3:30 Hymn Sing - RC                      4:15 Vespers - RC                      Rev. Dr. Curt Keller                      Hudson UMC                      Pianist: Lou Ann Fillingham</p>	<p><b>10</b></p> <p>10:30 Lunch Trip                      to Busy Corner                      in Goodfield                      11:30 Exercise - B3F3 Lng                      1:00 Movie Committee                      - RMR                      1:00 Open Bridge - RC1                      2:00 Bingo - AL Dining Rm                      2-2:30 Sundae Monday-DR                      3:00 Farm &amp; Fleet Trip                      6:45 Mobility Brass Band                      from U.S. Air Force Base                      in St. Louis at ISU Trip</p>	<p><b>11</b></p> <p>9:00 Exercise - B3F3 Lng                      11:30 Exercise - B3F3 Lng                      2:00 Meeting w/Sue &amp;Chrys                      - B3F3 Lng                      2:30 Food Committee                      - B3F3 Lng                      2:15 Catholic Mass - RC1                      3:30 Backgammon - SC                      6:15 John Wilker, Nature                      Areas Program Manager:                      "Hill Prairies: Past, Present                      and Future" at Mennonite                      Church Trip                      7:00 Forum - RC1&amp;2                      Lisa Dodson                      Gift of Hope Network                      "Gift of Hope: Organ</p>	<p><b>12</b></p> <p>8:00 Miller Park Zoo Trip                      10:00 Coffee - RC1&amp;2                      Anne Dean,                      Director of Dining Services                      "What's New in the Kitchen,                      Tours and More"                      11:30 Exercise - B3F3 Lng                      12:45 Blood Pressure-B3F3 Lng                      1:00 Chair Chi - RC3                      1:30 Art Class w/Donna Rae-AC                      2:00 AL Birthday Party                      - AL Dining Room                      7:00 Bingo w/St. John's                      Lutheran Students - RC1&amp;2</p>	<p><b>13</b></p> <p>9:00 Exercise - B3F3 Lng                      10:00 Short Story Club - RC2                      11:00 Healthy Lifestyle                      with Leah Wagner - RC3                      "The Health Benefits of Yoga"                      11:30 Exercise - B3F3 Lng                      1:45 Walk in the Park Trip                      2:00 Bingo - AL Dining Rm                      2:00 Kitchen Tours - MDR                      3 - 5:00 Club Room Social                      Hour - CR                      3:45 Technology Help - SC                      7:00 Community Concert                      Band Performance - SC</p>	<p><b>14</b></p> <p>10:00 Coffee - RC1&amp;2                      DVD Series: "Big History:                      The Big Bang, Life on Earth,                      and the Rise of Humanity"                      10:30-11:30 Bookmobile                      - Old Entrance B3F1 Side Exit                      11:30 Exercise - B3F3 Lng                      1:00 Bingo - RC1                      1:00 Chair Chi - RC3                      1:00 Community Game                      Time - B3F3 Lng                      7:00 Movie &amp; Popcorn- RC                      See Channel 3</p>	<p><b>15</b></p> <p>9:00 Bible Study-B3F3 Lng                      1:00 Movie - B3F3 Lng                      See Channel 70                      2:00 Bingo - AL Dining Rm                      3:00 Delta Omicron                      featuring Alpha                      Musicians - SC                      5:15 IWU Football Game                      Trip                      7:00 Movie &amp; Popcorn- RC                      See Channel 70</p>		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>16</b> 2:00 Sundae Sunday for Everyone! - MHC Dining Room 4:15 Vespers - RC with Communion Rev. Tiffany Black Morningstar UMC Pianist: Janet Frevert 6:45 Nostalgia Movie-RC1 "Young at Heart" (1955, Not Rated)	<b>17</b> 11:30 Exercise - B3F3 Lng 1:00 Open Bridge - RC1 1:00 Barn Quilt Trip 2:00 Bingo - AL Dining Rm	<b>18</b> 9:00 Exercise - B3F3 Lng 10:30 Catholic Service-RC3 11:30 Exercise - B3F3 Lng 1:00 Dealing with Loss-RMR 1:00 Grocery Shop to Jewel Osco 3:30 Backgammon - SC	<b>19</b> 10:00 Coffee - RC1&2 Barb Wells: "Sarah Davis Starburst Garden at David Davis Mansion" 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure - B3F3 Lng 1:00 Chair Chi - RC3 1:30 TED Talks - RC1 Russell Foster: "Why Do We Sleep?" 1:30 Art Class w/Donna Rae - AC	<b>20</b> 9:00 Exercise - B3F3 Lng 10:00 Short Story Club - RC2 11:00 Reel Rundown - RC3 11:30 Exercise - B3F3 Lng 1:45 Walk in the Park Trip 2:00 Bingo - AL Dining Rm 2:00 Kitchen Tours - MDR 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 7:00 Joe Boitos and Jim Bell "Music of Great American Composers" Performance - SC	<b>21</b> 10:00 Coffee -RC1 "Miniature Golf Day" 11:00 Lunch Trip to CoreLife Eatery 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Community Game Time - B3F3 Lng 1:00 Chair Chi - RC3 7:00 Movie & Popcorn-RC See Channel 3	<b>22</b> 9:00 Farmer's Market Trip 9:00 Bible Study-B3F3 Lng 1:00 Movie - B3F3 Lng See Channel 70 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn-RC See Channel 70



**ACTIVE AGING WEEK! September 24-28**



<b>23</b> 1:30 Lucille Sings Gospel - B3F3 Lng 4:15 Vespers - RC Elder Rob Kelley First Presbyterian, Normal Pianist: Helen Doty	<b>24</b> <b>10:00 Dance party - SC</b> 11:30 Exercise - B3F3 Lng 12:00 AL Special meal 1:00 Floor Meeting - B3F3 Lng 1:00 Open Bridge - RC1 2:00 Bingo - AL Dining Rm 3:00 Afternoon Drive Trip	<b>25</b> 9:00 Exercise - B3F3 Lng <b>10:00 Foundation Fun Walk - Foundation Walk</b> 10-12:00 Voter's Registration - RMR 10:30 Catholic Service-RC1 10:45 Lunch Trip to Green Gables 11:30 Exercise - B3F3 Lng 1:00 PBS DVD Series - RC1 Ken Burns: "The War" 1-3:00 Voter's Registration - RMR 3:30 Backgammon - SC 7:00 Forum - RC1&2 Dr. Jared Brown, IWU Retired "Great American Songbook:"	<b>26</b> <b>10:00 Coffee - RC1&amp;2 National Cholesterol Education Month</b> 11:30 Exercise - B3F3 Lng 12:45 Blood Pressure - B3F3 Lng 1:00 Chair Chi - RC3 1:30 Art Class w/Donna Rae - AC 3:00 Jim O'Donnell Sings - B3F3 Lng	<b>27</b> 9:00 Exercise - B3F3 Lng 10:00 Short Story Club - RC2 11:00 Reel Rundown - RC3 11:30 Exercise - B3F3 Lng 1:45 Walk in the Park Trip 2:00 Bingo - AL Dining Rm 2:00 Kitchen Tours - MDR <b>2:00 Balloon Volleyball - SC</b> 3 - 5:00 Club Room Social Hour - CR 3:45 Technology Help - SC 7:00 Carol Churukian and Marcia Hishman: "Four Hands on Piano" Performance - SC	<b>28</b> 8:30 Mornings with the Professors Trip 10:00 Coffee - RC1&2 First State Bank/ Normal Police Dept: "Scams/Senior Financial Abuse" 11:30 Exercise - B3F3 Lng 1:00 Bingo - RC1 1:00 Chair Chi - RC3 1:00 Community Game Time - B3F3 Lng <b>2:00 Mindful Meditation - RC3</b> 7:00 Movie & Popcorn-RC See Channel 3	<b>29</b> 9:00 Bible Study-B3F3 Lng 1:00 Movie - B3F3 Lng See Channel 70 <b>1:30-3:30 WV Annual Car Show - Foundation Walk</b> 2:00 Bingo - AL Dining Rm 7:00 Movie & Popcorn-RC See Channel 70
---	---	---	---	---	---	--

**30**  
 4:15 Vespers - RC  
 Fr. David Halt  
 St. Matthew's Episcopal  
 Pianist: Doris Hill



**PASTA BAR**

Please join us for a "create your own" Pasta Bar! Options will include:

- Salad with your choice of dressing
- Cheese ravioli and Angel hair pasta
- Marinara and Alfredo sauce
- Meatballs and Grilled chicken
- Breadsticks with Cheese dip
- A special Dessert

**Welcome New Residents**

Marsha Avery in #3310 (661-4344)  
 Bob DeChant in #3224 (530-4835)



**September**

**Employee Birthdays**

Sept. 3	Rachel Lunn	P.C.A.
Sept. 9	Corinn Desmond	R.N.
Sept. 21	Brittany Netzke	P.C.A.
Sept. 25	Michelle Ray	P.C.A.